



# The Fine Art & SCIENCE

OF PAIN & PALLIATIVE CARE

Friday, April 1, 2022

Virtual Meeting  
via WebEx



[CLICK HERE TO REGISTER](#)

## ABOUT THIS EDUCATIONAL OFFERING

Meeting patients' pain and palliative care needs demands a balance of the best of the art and science of caring. Challenges such as safely and effectively treating pain and maintaining resilience and presence can leave one with the feeling of staring at a blank canvas. This conference has gathered a multi-talented faculty to share the state of both the art and the science of pain management and palliative care, to inspire you with their creative presentations, and take you from that blank canvas to a larger palate of care options to create your masterpiece in meeting these vital patient needs.

This conference has broad appeal to physicians, nurses, social workers, chaplains, and other healthcare professionals.

### CONFERENCE CHAIR

**Daniel Fischberg, MD, PhD, FAAHPM**

Medical Director  
Pain & Palliative Care Department  
The Queen's Medical Center  
Professor and Chief, Division of Palliative Medicine  
Geriatric Medicine Department  
John A. Burns School of Medicine, University of Hawaii

*Special acknowledgement is given to the following for support of this activity.  
The Queen Emma Physician Education Fund*

## EDUCATIONAL OBJECTIVES

After completing this educational activity, participants should be able to:

- Discuss psychedelic-assisted psychotherapy for burnout
- Describe how to adapt serious illness conversations for virtual encounters
- Discuss best practice recommendations for assessment of pain in older adults with dementia
- Recognize resources to support pain assessment practices for persons with dementia
- Develop strategies to proactively care for oneself in helping professions, with an understanding of the relationship between self-care, burnout, and compassion fatigue
- Recognize similarities and differences between burnout, compassion fatigue and moral distress to identify mitigating strategies and helpful organizational strategies
- Describe new palliative care projects in Hawaii
- Discuss the relationship between palliative care and complex trajectory of heart failure
- Understand why palliative care consults for heart failure pose different challenges than palliative care for other diseases

## PROGRAM • Friday April 1, 2022

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7:55 am	Welcome and Opening Remarks Daniel Fischberg, MD, PhD – Conference Chair
8:00 am	Poll 1
8:05 am	Psychedelic Medicine for Burnout Anthony Back, MD
8:35 am	The Dr. Ryder K. Onopa Memorial Lecture Serious Illness Communication Skills for Virtual Encounters Anthony Back, MD
9:05 am	Break (15 min)
9:20 am	Poll 2
9:25 am	Pain and Dementia: Best Practices for Assessment Keela Herr, PhD, RN, AGSF, FGSA, FAAN
9:55 am	When the Well Runs Dry: what does it mean to take care of ourselves? Susan Hedlund, MSW, LCSW, OSW-C
10:25 am	Burnout, Compassion Fatigue, and Moral Distress Susan Hedlund, MSW, LCSW, OSW-C
10:55 am	Break (15 min)
11:10 am	Poll 3
11:15 am	Fingers on the Pulse of Palliative Care in Hawai'i Mia Taylor, MSN, FNP-BC, APRN-Rx
11:30 am	Palliative Care for Patients with Advanced Heart Failure Nathan Goldstein, MD
12:00 pm	Adjourn

## CONTINUING EDUCATION CREDITS

**Physicians:** The Queen's Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Queen's Medical Center designates this live activity for a maximum of **3.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**ABIM MOC:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 3.5 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

**Nurses:** *AMA PRA Category 1 Credits™* issued by organizations approved by ACCME will be recognized by the American Nurses Credentialing Center (1 CME credit = 1 contact hour) and most other certifying bodies. (Check with your certifying body). It will also be recognized by the State of Hawaii Board of Nursing for license renewal.

**Social Workers:** This program is approved by the National Association of Social Workers - Hawai'i Chapter (Approval HI62792021-189) for up to 3.5 Social Work continuing education contact hours.

**Other Health Professionals:** A certificate of attendance will be provided to support your needs.

## FEATURED GUEST FACULTY

### Anthony Back, MD

Co-Director, University of Washington Center for Excellence in Palliative Care  
Professor of Oncology and Medicine  
Adjunct Professor of Bioethics and Humanities  
University of Washington, School of Medicine  
Seattle, WA

### Nathan Goldstein, MD

Professor, Department of Geriatrics and Palliative Medicine  
Icahn School of Medicine at Mount Sinai  
New York, NY

### Susan Hedlund, MSW, LCSW, OSW-C

Director of Patient & Family Services, Knight Cancer Institute  
Assistant Professor of Medicine, Division of Hematology, Medical Oncology  
Oregon Health & Science University, School of Medicine  
Portland, OR

### Keela Herr, PhD, RN, AGSF, FGSA, FAAN

Kelting Professor in Nursing, Associate Dean for Faculty,  
College of Nursing  
Co-Director of the Csomay Center for Gerontological Excellence  
University of Iowa, School of Nursing  
Iowa City, IA

## HAWAI'I FACULTY

### Hermina "Mia" Taylor, MSN, FNP-BC, APRN-Rx

Director, Community & Post Acute Care Services,  
The Queen's Medical Center  
Honolulu, HI

## Registration & Information

**Register by March 16, 2022, 4:00 PM (HST).**

REGISTRATION FEES	Early Registration By 3/11/22	After 3/11/22
Queen's Physician & Staff . . . . .	\$20.00 . . . . .	\$30.00
Non-Queen's Physician & Staff . . . . .	\$25.00 . . . . .	\$35.00

To register, [CLICK HERE](#)

(or go to <http://cmetracker.net/QUEENS/Catalog?sessionType=C>)

- Find the activity, "Queen's Conference on Pain & Palliative Care: The Fine Art & Science of Pain & Palliative Care"
- Click on the link to the Registration
- Complete the online registration with payment.

**Registration confirmation:** Upon receipt of registration, registrants will receive via email: confirmation, payment receipt, WebEx link to access meeting, and instructions to access course materials online.

**Refund** - To receive a refund for the registration fee, cancellation must be made in writing. Refunds will be processed less 20% service fee if made by March 16, 2022. No refunds will be made after that date.

**Cancellation** - This activity is subject to cancellation. In the unlikely event that it should be canceled, refund of registration fees will be made in full.

**For more information:** [cme@queens.org](mailto:cme@queens.org)

