

On the Island of Hawaii

Hawaii Care Choices

1011 Waianuenue Ave.

Hilo, HI 96720

Phone: (808) 969-1733

Fax: (808) 961-7397

www.hawaiicarechoices.org

Hospice of Kona

75-5925 Walua Road

Kailua-Kona, HI 96745

Mailing Address: PO Box 4131

Kealahou, HI 96750

Phone: (808) 324-7700

Fax: (808) 331-0767

www.hospiceofkona.org

North Hawaii Hospice

65-1328 Kawaihae Rd.

Kamuela, HI 96743

Phone: (808) 885-7547

Fax: (808) 885-5592

www.northhawaiihospice.org

On the Island of Kauai

Palliative Medicine Partners

4457 Pahee St.

Lihue, HI 96766

Phone: (808) 245-7277

Fax: (808) 245-5006

www.kauaihospice.org

On the Islands of Maui County

Hospice Maui Supportive Care (Services Lanai, Maui, & Molokai)

400 Mahalani St.

Wailuku, HI 96793

Phone: (808) 244-5555

Fax: (808) 244-5557

www.hospicemaui.org

Island Supportive Services:

Kahului, Maui (Maui Island)

149 Maa Street, Suite 100

Kahului, HI 96732

Phone: (808) 856-8989

Fax: (808) 856-8990

www.islandshospice.com



1357 Kapiolani Blvd | Suite 1460

Honolulu, HI 96814

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W www.pmaghawaii.org

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References:

Kōkua Mau

<https://kokuamau.org/palliative-care-for-patients-and-families/>

Center to Advance Palliative Care

<https://www.capc.org/>

**SPECIALIZED
CARE FOR
SERIOUS
ILLNESS**

**WHAT YOU
SHOULD KNOW**

SPECIALIZED CARE FOR SERIOUS ILLNESS: WHAT YOU SHOULD KNOW

Palliative (pronounced pal-lee-uh-tiv) care is specialized medical care for people with serious illness.

You have Options.

When considering care for your serious illness, it is important to know that you have choices. Ask and learn about available options for the care and support of serious illnesses offered through Palliative Care. For more information: Palliative Care - Kōkua Mau or <https://kokuamau.org/palliative-care/>

Types of care under the umbrella term “Palliative Care” may also go by various terms such as Supportive Care, Concurrent Care or Advanced Illness Management. While the names may vary, they refer to specialized medical care for people living with serious illness.

1. WHAT IS PALLIATIVE CARE?

This type of care focuses on relieving the symptoms and stress of a serious illness. Palliative care helps people with serious illness stay at home rather than having to go to the ER or the hospital. It reduces physical discomfort and makes living with a serious illness easier. It's a source of support for you and those who care for you, so that you can live well while living with the serious illness.

2. WHERE DO I RECEIVE PALLIATIVE CARE?

Palliative care can be provided in a variety of settings including hospitals, care facilities, clinics or in your own home.

3. HOW DO I KNOW IF PALLIATIVE CARE IS RIGHT FOR ME?

Palliative care may be right for you if you suffer from pain, stress or other symptoms due to a serious illness. Serious illnesses may include cancer, heart disease, lung disease, kidney disease, Alzheimer's, HIV/AIDS, amyotrophic lateral sclerosis (ALS), multiple sclerosis, Parkinson's and more. Palliative care can be provided at any age and any stage of a serious illness along with treatment meant to cure you.

4. WHAT CAN I EXPECT FROM PALLIATIVE CARE?

You can expect relief from symptoms such as pain, shortness of breath, fatigue, constipation, nausea, loss of appetite and difficulty sleeping. Palliative care helps you carry on with your daily life to help you live as well as you can for as long as you can, it improves your ability to go through medical treatments and helps you to better understand your condition and your choices for medical care.

5. WHO PROVIDES PALLIATIVE CARE?

Palliative care is provided by a team including palliative care doctors, nurses and other specialists.

6. HOW DOES PALLIATIVE CARE WORK WITH MY OWN DOCTOR?

The palliative care team works in partnership with your doctors to provide extra support for you and your family. The team provides expert symptom management, access to 24/7 telephonic nursing support, extra time for communication about your goals and treatment options, and helps you navigate the health care system to connect you to the right resources.

7. HOW DO I GET PALLIATIVE CARE?

Ask your doctor or Palliative Care provider if you qualify as eligibility varies depending on insurance and physical condition. To find a Palliative Care Provider in your area, see listing in this brochure or go to the Provider Directory at the Kōkua Mau website, Where to find Palliative Care in Hawaii - Kōkua Mau or kokuamau.org/where-to-find-palliative-care-in-hawaii/

LIST OF PALLIATIVE CARE PROVIDERS IN HAWAII

On the Island of Oahu

Bristol Advanced Illness Management

Phone: (808) 536-8012

Fax: (808) 536-8013

www.bristolhospice-hawaii.com

Islands Health Services Palliative Care Program

Phone: (808) 550-2552

Fax: (808) 550-2551

www.islandshospice.com

Mālama Ola Health Services

Phone: (808) 543-1188

Fax: (808) 543-1189

www.malamaolacares.com

Navian Integrated Care (Formerly Hospice Hawaii)

Phone: (808) 924-9255

Fax: (808) 922-9161

www.navianhawaii.org

St. Francis Supportive Care Services

Phone: (808) 595-7566

Fax: (808) 676-1220

www.stfrancis.org/services/hospice