

# Let's Talk Story about End-of-Life Care

You'll be  
glad you did!

## Let's face it.

It's the conversation many don't want to have.  
It's a taboo subject. It's a discussion many  
put off for too long.

Kōkua Mau, Hawaii's go-to source for information on hospice and palliative care, is launching a new program to help community organizations, churches and temples to start out those difficult discussions. Our goal is to help individuals and families understand decisions they may need to make and find resources and information in our community to talk about their wishes for care at the end of life.

Learn how to talk with your loved ones about what matters most to you.  
Share about the kind of care you want to receive with your doctor.  
You'll feel more confident and ready for the future.

If your group is interested in a free workshop on this important topic, contact  
Kōkua Mau at [speaker@kokuamau.org](mailto:speaker@kokuamau.org) or (808) 585-9977.

# Let's talk story!



**KŌKUA MAU**  
*Continuous Care*

A Movement to Improve Care

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