



KŌKUA MAU
“Continuous Care”

Hawai‘i Hospice and Palliative
Care Organization

PROVIDERS - INTERNET RESOURCES

ADVANCE HEALTH CARE PLANNING

kokuamau.org

Advance care planning (including the booklet “A Guide to Advance Care Planning: Making Life Decisions”), hospice and palliative care information for the state of Hawai‘i and home for the [POLST](#) form

caringinfo.org

Download advance directives for each state here

polst.org

Information on POLST programs in other states

agingwithdignity.org

Home for Five Wishes, a type of advance directive that is more detailed than the basic legal documents

mydirectives.com

Keeps advance directives on record electronically

caringadvocates.org

Advocates for people to have a plan in place in case of future Alzheimer's/dementia

TOOLS TO HELP PATIENTS HAVE CONVERSATIONS WITH LOVED ONES

theconversationproject.org

An excellent national organization with conversation “starter kits” and many other helpful resources to recommend to patients and their loved ones

HOSPICE AND PALLIATIVE CARE

National Hospice and Palliative Care Organization - nhpco.org

Provides education and resources, including continuing education

Center for Palliative Care - capc.org

Your “hub for palliative care innovation, development and growth” – the provider page includes excellent webinars, videos, etc.

capc.org/fast-facts

Center for Palliative Care Fast Facts provide peer-reviewed, evidence-based summaries of key palliative care topics. Each Fast Fact is printer-friendly.

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VIDEOS

POLST: Doing it Better

This short video is an educational tool for health care professionals that describes POLST, clarifies which individuals POLST should be offered to, emphasizes best practices for POLST and corrects some common misconceptions

One Last Luau

The story of a hospice patient named George who knew he wanted to be surrounded by the two things he loved the most before he died- his family and the spirit of Hawaii – one of a national series

CSU Institute for Palliative Care Videos

Palliative care information from the California State University Institute for Palliative Care

Ain't the Way to Die

by Z DoggMD - A rap music video about end-of-life care - one of a series of short videos

Grave Words

A humorous video depicting a conversation with a patient about their wishes for care

Palliative Care – You are a bridge

One of several short videos from getpalliativecare.org

VIDEOS FROM HAWAI‘I

Breaking the Ice

Personal stories on end-of-life issues produced by Kōkua Mau (7min)

Living your Dying

A 60-minute DVD with and about Rev. Mits Aoki (shown on PBS)

ONLINE COURSES

CSU Institute for Palliative Care Videos

Palliative care courses from the California State University Institute for Palliative Care

IHI- Institute for Healthcare Improvement

Free course for professionals from IHI on Having Conversations about End-of-Life Wishes. Credit available.

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