

CONSUMERS -INTERNET RESOURCES



KŌKUA MAU
“Continuous Care”

Hawai‘i Hospice and Palliative
Care Organization

ADVANCE HEALTH CARE PLANNING

kokuamau.org

Advance care planning (including the booklet “A Guide to Advance Care Planning: Making Life Decisions”), hospice and palliative care information for the state of Hawai‘i and the Hawai‘i POLST form

caringinfo.org *Download advance directives for each state here*

polst.org *Information on POLST programs in other states*

americanbar.org/groups/law_aging *Get consumer's tools for advance directives here*

agingwithdignity.org

Home for Five Wishes, a type of advance directive that is more detailed than the basic legal documents

med.stanford.edu/letter.html

This program provides a template to use to write a letter to your doctor regarding your wishes

mydirectives.com *Keeps your advance directive on record for you*

caringadvocates.org

Advocates for people to have a plan in place in case of future Alzheimer's/dementia

TOOLS TO HELP HAVE THE CONVERSATION WITH OTHERS

theconversationproject.org

An excellent national organization with conversation "starter kits" and many other helpful resources

codaalliance.org

Home for the Go Wish Cards, a card game used to prioritize values at the end of life

mygiftofgrace.com *A game used to talk about your values and wishes*

considertheconversation.org

Two movies that discuss end-of-life care – this website also has an excellent resource page

FOR ALL TYPES OF END-OF-LIFE PLANNING

everplans.com *Good info on advance directives, but also wills, trusts, funerals, etc.*

getyourshitttogether.org *Just what the website says...*

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