CONSUMERS -INTERNET RESOURCES

ADVANCE HEALTH CARE PLANNING

kokuamau.org
Advance care planning (including the booklet “A Guide to Advance Care Planning: Making Life Decisions”), hospice and palliative care information for the state of Hawai‘i and the Hawai‘i POLST form

caringinfo.org  Download advance directives for each state here

polst.org  Information on POLST programs in other states

americanbar.org/groups/law_aging  Get consumer’s tools for advance directives here

agingwithdignity.org
Home for Five Wishes, a type of advance directive that is more detailed than the basic legal documents

med.stanford.edu/letter.html
This program provides a template to use to write a letter to your doctor regarding your wishes

mydirectives.com  Keeps your advance directive on record for you

caringadvocates.org
Advocates for people to have a plan in place in case of future Alzheimer’s/dementia

TOOLS TO HELP HAVE THE CONVERSATION WITH OTHERS

theconversationproject.org
An excellent national organization with conversation "starter kits" and many other helpful resources

codaalliance.org
Home for the Go Wish Cards, a card game used to prioritize values at the end of life

mygiftofgrace.com  A game used to talk about your values and wishes

considertheconversation.org
Two movies that discuss end-of-life care – this website also has an excellent resource page

FOR ALL TYPES OF END-OF-LIFE PLANNING

everplans.com  Good info on advance directives, but also wills, trusts, funerals, etc.

getyourshittogther.org  Just what the website says...

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