



KŌKUA MAU

“Continuous Care”

Hawai‘i Hospice and Palliative Care Organization

November Kōkua Mau eNewsletter

Nov. 2012

Dear Jeannette

Happy Hospice and Palliative Care Month! November is the month that traditionally local and national organizations use to publicize the good work that we are all doing. Please support your local organizations with their awareness raising (and fund raising) activities.

Many thanks to everyone who helped make Dr. Angelo Volandes' visit such a great success. We had over 150 participants in the different events around the islands, which showcased the ACP Decisions videos. We will keep you informed as we move forward, hopefully with some pilot projects in the near future.

Please keep Palliative Pupus (Nov. 28) and the Kōkua Mau meeting (Dec. 6) when we talk about all things POLST, on your calendars.

In This Issue

[Nov. 7: Mental Health Challenges](#)

[Nov. 15: Celebration of Life](#)

[Nov. 28 Palliative Pupus](#)

[Dec. 6 Kōkua Mau Meeting](#)

[Sign up Now: QMC Pain & Palliative Care Conference](#)

[Kōkua Mau Materials](#)

Wed. Nov. 7: Mental Health Challenges and How to Overcome Them

Quick Links

[Kōkua Mau](#)

[Calendar](#)

[Kōkua Mau News](#)

[Join Kōkua Mau](#)

[POLST for Hawai‘i](#)

[Meeting Minutes](#)

[Board of Directors](#)

Featured Article



Join Kōkua Mau as a members now: your membership counts for 2013!

We have listened to your feedback. We are offering the Stakeholder KM [Membership](#) for 2013 starting at \$40 (\$25 for students or persons in training) per year. And yes - it is tax-deductible.

Membership is the backbone of Kōkua Mau's budget and helps us to be a financially sustainable organization. Just follow the steps outlined on our [website](#).

Our Members

[Visit Our Members](#)

Wednesday, November 7, 2012

Central Union Church

1660 S. Beretania Street, Honolulu, HI

11:00 am - 1:00 pm (Registration begins at 11:00 am. Program starts promptly at 11:30 am.)

[Join Our Mailing List!](#)

A Mental Health Brown Bag Seminar presented by Mental Health America of Hawai'i invites to a discussion with:

- **Ritabelle Fernandes, M.D., M.P.H.**, Clinical Assistant Professor of Geriatric Medicine, John A. Burns School of Medicine, UH, Staff Geriatrician, Kokua Kalihi Valley Clinic
- **Thomas Harding, Psy.D., M.A.**, Director of Neuropsychology, Hawaii Pacific Neuroscience, LLC, Castle Hospital
- **Gary Powell**, Executive Director, The Caregiver Foundation
- **Sara Tompkison, LCSW**, Caregiver Support Coordinator, VA-Pacific Islands Healthcare System

Donation of \$10 - \$25 requested. To register by phone call 521-1846 with your credit card and registration information, or [online](#). Parking free on-site, in parking lot off of Punahou or on the grassy area in front.

Additional details & topics on our [website](#)

11/15 A Celebration of Life

Please join in a Celebration of Life

Thursday, November 15, 2012

10:30 am to 12:00 pm

Oahu Veterans Center.

1298 Kukila St. * Honolulu, HI 96818

Featuring our symbolical Burning Bowl Ceremony and an exhilarating Bird Release Exhibition.

Light refreshment served. For inquiries, please contact 536-8012.

- [Download full page flyer](#)
- [Download handouts](#) (4 per page)

Wed. 11/28 Palliative Pupus

Please join us for [Palliative Pupus](#) on November 28. The date change is due to Thanksgiving and "The Fine Art and Science of Pain & Palliative Care" in the weeks prior. We will have a featured guest speaker and details will be given in the next reminder.

Wed. Nov. 28
5:15 PM - 7:00 pm
Queen's Conference Center

- Due to the **popularity of Palliative Pupus**, we will be **moving to a larger space** which is also on the second floor of the Queen's Conference Center.
- We will **meet in Room 200** which is the large seating area at the top of the stairs.

Thur 12/6 Kōkua Mau Meeting

There will be no meeting on **November 29** (the last Thursday of the month).

Thursday December 6, 2012
3:00PM to 5:00 PM
Conference Room 224 of the Weinberg Building
St. Francis Healthcare System of Hawaii
2226 Liliha Street in Honolulu.

The last Kōkua Mau meeting of the year will be held on **Dec. 6** when we will be discussing [POLST](#) and asking people to share their experiences on its implementation.

We will be asking people from different sectors to present as well as strategize about educational and other activities. More details to follow.

Parking is validated. Directions & details
[on our website](#)

Reminders from past eNewsletters

Save the Date: Monday, Nov. 12, 2012
The Fine Art and Science of Pain & Palliative Care

Conference on Pain and Palliative Care
Monday, November 12 (all day)
The Queen's Conference Center

Featured Topics:

- Discussing Prognosis with Patients/Families
- Treatment Preferences with Patients or Families Who Want "Everything"
- Pain Management: Balancing Analgesia & Safety

- Challenges in Opiate Therapy for Patients with Chronic Pain

Registration is now open!

QMC physicians and Staff: \$95 and \$110 after 10/29

Non-QMC registrants: \$150 and \$165 after 10/29

- Download [registration form and information](#)

For More Info: Call Sharon Caneda at (808) 691-4406 or the Queen's Office of CME at (808) 691-7009 or by [email](#)

Featured Faculty ([details on our website](#)):

Timothy Quill, MD

Professor of Medicine, Psychiatry & Medical Humanities, University of Rochester
School of Medicine & Dentistry, Rochester, New York

Maureen Cooney, DNP FNPBC

Nurse Practitioner/Clinical Nurse Specialist in Pain Management, Westchester Medical Center Valhalla, New York

**New Kōkua Mau Materials:
Tubefeeding, CPR and Advance Directive**

One of Kōkua Mau's main objectives is to help educate people about the decisions that need to be made when they, their family or loved ones are seriously ill. We have 3 new brochures:

- [Tubefeeding](#)
- [Questions about CPR](#)
- Revised Booklet: [Your Advance Directive for Future Healthcare](#) (an additional two page check list to help complete an Advance Directive)

Aloha -
Jeannette Kojane
Executive Director

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