



KŌKUA MAU
"Continuous Care"

Hawai'i Hospice and Palliative Care Organization

CANCER SUPPORT GROUPS IN HAWAII:

Please note: The list was compiled by Kokua Mau as a community service in January 2010. Please call the number listed to find out details about the specific group or program, since time and personnel can change. We need your help to maintain this list and ask you to send any additions or edits to us at info@kokuamau.org. For additional resources, visit Kokua Mau's website: <http://www.kokuamau.org/services/caregiving>.

Kokua Mau • POB 62155 • Honolulu HI 96839 • www.kokuamau.org

Bereavement support groups are not included in this list. The Bereavement Network of Hawaii offers an extensive list of services in Hawaii. To download the 11-page list as a pdf file please visit: www.kokuamau.org/resources/grief-bereavement.

OAHU

American Cancer Society (ACS): **1-800-ACS-2345 (1-800-227-2345)**
www.cancer.org

Here We Go Again **637-3388, 689-4036, or 946-9473**
Metastatic and Recurrent Breast Cancer Support Group, Oahu.

Make Today Count Honolulu 595-7544
Leeward 486-8420
Windward 455-3242

Hawaii Children's Cancer Foundation (HCCF) **528-5161**
1814 Liliha Street, Honolulu HI 96817 <http://www.hccf.org>
Neighbor Islands Toll Free: 1-866-443-HCCF

Honolulu Breast Cancer Support Group **285-5622**
United Church of Christ, 467 Judd Street
Contact: Nina Rappeline. Facilitators: Denise Nakayama, Fairlene Aladieff, and Nina Rappeline. 1st Saturday of each month from 9:30 to 11:30 am

KAPIO'LANI MEDICAL CENTER

Kapi'olani Medical Center - Cancer Support Group **485-4548**
at Pali Momi, 98-1079 Moanalua Road, Aiea, Hawaii HI 96701
www.kapiolani.org/women-and-children/classes-and-events/support-groups.aspx
Time: Thursdays (except holidays), 5:30-7 p.m. Free support group for cancer patients, survivors, and their friends and family. Group is facilitated by a psychologist and licensed social worker. Members find hope, support, information and understanding.

Prostate Cancer Support Group **(808) 486-8420**
at Pali Momi, 98-1079 Moanalua Road, Aiea, Hawaii HI 96701
Third Tuesday of each month, 7-9 p.m. If you or your loved one has prostate cancer, there is more you should know. A free support group co-sponsored by Kapi'olani for prostate cancer patients, spouses and significant others is available.

The group provides fellowship, peer counseling and discussion of medical alternatives.

Kapi'olani Breast Center - Healthy Living with Breast Cancer **973-3044**
Kapiolani Breast Center, 1st floor, 1907 South Beretania Street
Facilitator: Annette A. Shimizu, Ph.D. 1st Wednesday of each month - 2:00 pm to 3:30 pm. 2nd Thursday of each month - 6:00 pm to 7:30 pm. Contact: Suzanne Allen

Ovarian Cancer Support Group **535-7000**
Kapi'olani Women's Center, 1319 Punahou Street, Honolulu HI 96826
Group Leader: Beth Kupper-Herr, M.A., Fourth Thursday of every month, 6 p.m. to 8 p.m. Offering shared support and information, this group is for women who have been recently diagnosed with ovarian cancer, women who are in treatment, and women who are long-term survivors of ovarian cancer.

Hui Malama Kako'o (Caring Support Group) **485-4548**
at Pali Momi, 98-1079 Moanalua Road, Aiea, Hawaii HI 96701
Meets from 5:30 to 7 p.m. every Thursday (except holidays) in the first-floor physicians dining room of Pali Momi hospital.
www.kapiolani.org/pali-momi/classes-and-events/default.aspx#cancersupport

KUAKINI HEALTH SYSTEM

Kuakini Breast Cancer Education and Support Group **547-9562**
Kuakini Health System, HPM-1 Conference Room, 347 North Kuakini Street
Facilitator: Lori Kaneshige. When: Last Wednesday of the month - 9:30 am to 11:00 am.
www.kuakini.org/HealthWellness/HealthWellness.asp?ID=424

Us Too - Prostate Cancer Education & Support Group **(808) 547-9447**
Meets every second Wednesday in Kuakini's PB-5 classroom.
The meetings are free. Meetings begin at 7 p.m. and last for two hours.

Us TOO at Pali Momi **David Espinda 484 -1529**
at Pali Momi, 98-1079 Moanalua Road, Aiea, Hawaii HI 96701
Physicians Dining Room, 3rd Tuesday monthly

Kuakini Medical Center - Families Can*Sur*Vive Weekend **489-7425**
84-626 Makaha Valley Road, Waianae HI 96792
Families Can*Sur*Vive Weekend: Weekend retreat for families in the Hawaii Pacific area that have a child diagnosed with cancer, age 0-17.

Straub Clinic & Hospital - Cancer Support Group **522-4575**
888 South King Street, Honolulu HI 96813, Doctor's Dining Room in the Straub Cafe
(behind the cash registers). 2nd Wednesday of every month, 2:00 to 3:00pm. Contact:
Medical Social Work or Outpatient Treatment Center at 522-3033. Free parking,
validation and pupus.
www.straubhealth.org/sch/news-and-announcements/cancer-support-group.aspx

Windward Oahu Breast Cancer Support Group **Beth 263-5440**
640 'Ulukahiki Street, Kailua HI 96734 www.castlemed.org
When: 1st Thursday of each month - 4:00 pm to 5:00 pm, Castle Medical Center
Wellness Center

THE QUEEN'S MEDICAL CENTER

Queen's Breast Cancer Support Group **537-7353**
Queen's Cancer Center, 1301 Punchbowl Street www.queens.org

Head and Neck Support **545-8777**
Please cal for meeting time and location. Validated parking.

Lung Cancer Support **545-8777**
Please cal for meeting time and location. Validated parking.

Spirituality and Cancer **545-8984**
A monthly support group facilitated by a hospital chaplain, addressing the spiritual
needs of patients, family members & friends.

Please also call Support Services for Patients and Family for other support groups
at:

Queen's Cancer Institute **808-537.7353**

Wai'anae Coast Comprehensive Health Center **696-1599**
86-260 Farrington Highway, Waianae HI 96792 www.wcchc.com
Cancer Support Group, Wai'anae. Meets once a month at the Preventative Health Office

HAWAII ISLAND

West Hawaii - (Kona and surrounding areas) **Fumi – 808-322-9140**
Teshima's Restaurant, 79-7251 Mamalahoa Hwy, Kealahou
Last Tuesday of each month - 7 pm

East Hawaii - (Hilo & surrounding areas) **808-935-9763**
Hilo Medical Center, Conference Room, 1190 Waiianuenue Ave, Hilo
When: 4th Thursday of each month - 5:30 pm

Us TOO Prostate Cancer Support Group, East Hawaii

Cafe 100 AIA Hall, Hilo HI
2nd Thursday Noon - 1 pm

Albert Manliguais 808 935 2723

KAUAI

Cancer & Lymphedema Self-Help Group
Borders Books & Music Maui in Lihu'e
3rd Wednesday of each month - 6:30 pm

Dolly Kikuchi - 808-742-1840
or Bob Hansen - 808-822-3011

MAUI

Maui Breast Cancer Support Group
Maui Adult Care Center.
Last Thursday of each month – 5:30 pm

Marita Somerville – 808-874-0334
www.madcc.org

MOLOKAI

Native Hawaiian Health Care Systems
Na Pu'uwai Cancer Support Group, Kaunakakai, Molokai

808-560-3653

Other Web Resources:

Executive Office on Aging: (808) 586-0100 www.hawaii.gov/health/eoa
No. 1 Capitol District, 250 South Hotel Street, Suite 406, Honolulu HI 96813-2831

Honolulu Elderly Affairs Division: (808) 523-4545 www.elderlyaffairs.com
Standard Finance Building, 715 South King Street, Suite 200, Honolulu HI 96813

Office on Aging - County of Maui (808) 270-7774
2200 Main St., Suite 547, Wailuku, HI 96793 www.co.maui.hi.us/index.aspx?nid=255

The County of Kauai Agency on Elderly Affairs (AEA): (808) 241-4470
Pi`ikoi Building, 4444 Rice Street, Suite 330, Lihue HI 96766 www.kauai.gov/elderly

Hawai`i County Office of Aging www.hcoahawaii.org
Hilo Office: 1055 Kino`ole Street, Suite 101, Hilo HI 96720-3872 (808) 961-8600
Kona Office: (808) 327-3597
Hanama Place, 75-5706 Kuakini Hwy, Suite 106, Kailua-Kona HI 96740-1751

Please consult these Hawaii focused resources:

State of Hawaii, Department of Health

Elderly Affairs Division www.elderlyaffairs.com
Honolulu City and County's Resource for Aging, Disability and Caregiving: You may also want to download their most recent publications as PDF files.

O`ahu Senior Handbook 2009 to 2011
Honolulu 2009-2011 Senior Information and Assistance Handbook (pdf file)

Family Caregiving Guide

Written to help those that are providing long term care to others. Includes information and advice about services available in Honolulu County.

Housing Options for Seniors on O`ahu – 2009

Published by the Kokua Kalihi Valley - Elderly Affairs Program. Authored by Drs, Ritabelle Fernandes, and Hortense M. Gandy it provides a comprehensive look at current housing alternatives on Oahu and resources for transportation, home care, meals and available accommodations.

2008-2010 Kaua'i Senior Information and Resource Directory (pdf file)

A directory of community organizations, service providers, and other companies that offer products and services for aging, disability and caregiving.