



We have reached a tipping point!  
(Some) current initiatives in  
Hawaii

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### Today's Topics

- Concurrent Care
- Advance Care Planning
- EOA – ADRC – Aging & Disability Resource Center
- Increase options for care in Hawaii
- Hawaii Island Initiatives
- Kokua Kalihi Valley (KKV)
- Palliative Care usage studies
- Kokua Mau Training
- Palliative Pupus – Clinical discussion (Nov. 16)
- KM Spiritual Care Committee
- Healthcare Reform

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### Concurrent Care – Avoid the 'terrible choice'

- UHA – all members
  - Allows members to continue to get curative treatments but also enroll in hospice.
  - Offers another layer of care
  - Allows people to keep their care team in place
  - Inspired by Aetna studies, “instinctively the right thing to do”
- Medicaid Pediatric Concurrent Care – Hospice Hawaii linking with providers around Oahu
  - Child with a terminal diagnosis (6 months or less) can enroll in hospice AND get care from their Medicaid provider related to their illness.
  - Allows parents to keep their existing team AND utilize hospice expertise

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## Advance Care Planning



- Education campaign statewide for general public & practitioners about the importance of
  - The CONVERSATION
  - Documenting wishes (AD & POLST)
- Create statewide materials (written, DVD) – HMSA support
- Electronic registry of documents (could include on-line creation of POLST)

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## State Executive Office on Aging

3 part program under ADRC (Aging Disabled Resource Center) umbrella

- Assist adults, people with disabilities and their loved ones make informed decisions about long-term care needs
- Improve coordination and collaboration in the Aging Network - between Executive Office on Aging, County offices on Aging (AAAs) and providers
- Allows better linkages with Federal programs including Affordable Care Act, CMS, Admin on Aging

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## 3 Integrated Aging Network Programs

1. Statewide Aging and Disabled Resource Center (ADRC)
  - Single Entry point
  - Target those most at risk
  - Offer non-bias LTC information
2. Community Living Program (CLP) to keep people home
3. Person-centered hospital discharge planning (HDP)
  - Collaboration btw Area (AAA) & discharge planners to stop readmissions

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### More options in Hawaii

- St. Francis Outpatient Palliative Care
- North Hawaii Hospital
- Maui Memorial
- Castle Medical Center
- Veterans Administration – in patient hospice & VA contracted nursing home
- Hospice of Hilo – Building an in-patient facility & Hawaii Palliative Care Ctr.




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### Hawaii Island – “huge amount of synergy”



- Hospice of Hilo new in-patient facility incl Hawaii Palliative Care Center
- Beacon - \$16 million – catalyst to improve coordination of care, communication, quality
- Independent Physicians (IPA) – ACP in the office
- North Hawaii Hospital Palliative Care Program
- Kona Hospital expanding pal care

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### Kokua Kalihi Valley

- Not-for-profit community health center
  - Established in 1972 by residents of Kalihi Valley
  - 8 million annual budget
  - 330 federal funds
  - For residents of Kalihi Valley & Southeast Asians islandwide
- [www.kkv.net](http://www.kkv.net)




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### Need in the Community

- Disabled, Homebound persons
- Limited/no access to healthcare
- Stigma
- Caregivers high stress and burden
- Financial burden



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### Home Based Palliative Care

#### **Who is eligible?**

- Homebound/bed bound patients of Kalihi Valley
- Young and disabled
- Frail elderly
- Chronic advanced illness – Neurological, cardiac, pulmonary, renal
- Terminal illness - cancer

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### The Core Team



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### Program Goals

- To provide palliative care irrespective of the ability to pay
- To deliver culturally sensitive care to Kalihi Valley residents that would relieve emotional, spiritual, personal and physical suffering
- To inform patients and families of all reasonable choices including hospice care
- To help clients die in comfort, with love and dignity

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### Benefits of Home Setting

- Increased patient and family control of medical care
- Familiar surroundings
- Decreased isolation
- No need to observe visiting hours
- Less exposure to iatrogenic infections
- Less expense if family member provide most of the care

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### Home Based Palliative Care -Services Provided

- Primary care
- Case Management
- Respite/Companion services
- Caregiver support groups
- Pastoral services
- Bereavement services
- Education – students, residents, fellows

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### Caregiver Support Groups



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### Health Maintenance Groups



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## Results

- 46 patients and 45 caregivers enrolled in study, Feb 2007 – Feb 2008

### Results

- High caregiver satisfaction
- Improvement in symptoms
- Significant improvement in well-being, AD completion, document code status
- Improvement but not significant in symptoms, functioning, transcendence
- Decrease in ER and hospital usage

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## Hawaii - Palliative Care Studies

2 articles by Bell, Kuriya, Fischberg

### Journal of Pain and Symptom Management

- 1362 consults with cancer patients @ QMC

Conclusion is **Consultation Intensity**:

- Strongest predictor of hospice referrals & code status changes
- Reduced the ethnic variations associated with hospice referral

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## Pain management possible for all ethnic groups

### Journal of Palliative Medicine

- 4658 patients of pain and palliative care patients btw 2005-2009 @QMC

### Conclusions

- Pain outcomes were similar or better among non-white races than whites
- Surgical patients reported more final pain than cancer patients

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## Kokua Mau Initiatives



- Training – tailored to organization
  - North Hawaii Hospital
  - Healthways
  - Topics include communication, quality measures, building your program, pain & symptom mgmt
- Palliative Pupus
  - Clinical case discussion –build skills, network – Nov. 16
    - Topic: withholding and withdrawing
- Dementia Task Force - EOA

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## KM Spiritual Care Comm.



- Spiritual care providers from around the state
- Coordinate & collaborate between providers
- 2011 Research project on 22/23 facilities
  - Results upstairs in a poster
- Contact Clarence Liu - lunch
- Face-to-face mtg planned for 2012

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## On the horizon



### Healthcare Reform

- ACOs – Accountable Care Organizations
  - CMS reform (Oct 2012 penalize hospitals for readmissions)
  - PCMH – Patient Centered Medical Home
- In Hawaii
- Collective Impact – Kupuna Work Group

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