

IMPRESS PROJECT

IMPRESS (Improving Professional Education, Sustaining Support) and Care Project

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Goal: To increase the professional capacity of Hawaii long term care providers to care for individuals and families living with chronic serious illness or at the end-of-life through quality palliative care educational programs and the implementation of best practice standards.

Strategy has 2 components:

- A. A series of six educational sessions to be delivered to the facility staff. These will be short 30-minute sessions covering topics listed below.
- B. The simultaneous engagement of facility leadership teams to more effectively facilitate culture change. We plan to have four Collaborative Sessions (CS) that will create a venue for professional networking, sharing, and sense of community. During these quarterly sessions we will provide tools, resources, support, coaching, help with data analysis and feedback, and help facilitate the sharing of best practices among facilities.

Target: 6 nursing facilities (Divided evenly between Hospice Hawaii, St. Francis Hospice and Bristol Hospice.)

Timeline:

April 15: Request for Proposals → due date June 1, 2009

Tentative Start date: August 1, 2009

Each month an education session will be scheduled so over the 6-month period all 6 facilities will have had had the following sessions:

1. A good death
2. Pain Assessment and Management
3. Managing Distressing Symptoms
4. Life-prolonging treatment, futile care and Advanced Directives, POLST
5. Cultural beliefs in death and dying
6. After-death care: handling grief

Theme: The unifying thread of the lessons will be how to empower the staff to assist families in the dying process.

Collaborative Sessions (CS):

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| JUN CS #1 | Introductions, review collaborative approach, set expectations, discuss “Checklist Review”. (2 hours) |
| JUL-AUG | Call facilities to touch base, support and assist as needed. |
| SEPT CS #2 | Sharing Best Practices: Focus: identifying patients/prognosis, advanced directives, review forms, tools, discuss Policies and Procedures. (90 min) |
| OCT-NOV | Call facilities to touch base, support and assist as needed. |
| DEC CS #3 | Sharing Best Practices. Focus: Communication with families, providing comfort, dignity and respect. (90 min) |
| JAN-FEB | Call facilities to touch base, support and assist as needed. |
| MAR CS #4 | Poster-board Presentations- Celebrate what we have accomplished in one year, and discuss sustaining the gains. (90 min) |