

#### To Improve the Lives of those we touch

By offering support, guidance and compassionate care of body, mind and spirit.











# Palliative **CARE (39**)

Support that focuses on relieving pain and discomfort from serious illness and treatments.



KUPU CARE

Community-Based Palliative Care Program



Providing palliative symptom management & care coordination



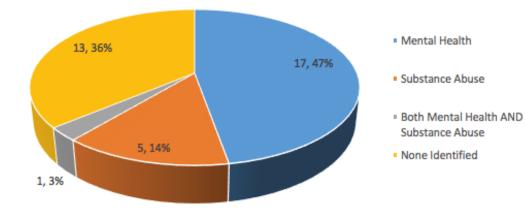


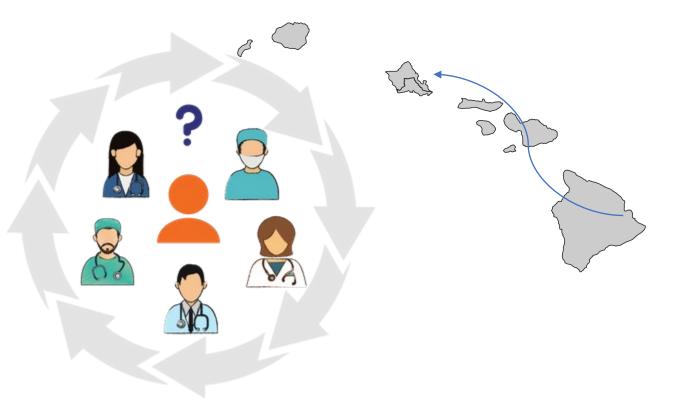
#### **Complex Patients – Care Challenges**

	Values	
CMS Top Terminal CCS Categories	Count	%
Cancer	150	57%
Circulatory or Heart Disease	75	29%
Respiratory disease	25	10%
Other	13	5%
Grand Total*	263	100%
* Passad on total number of admissions		

\* Based on total number of admissions

Kupu Care Medicaid Patients Served with Mental Health and/or Substance Abuse Issues Identified



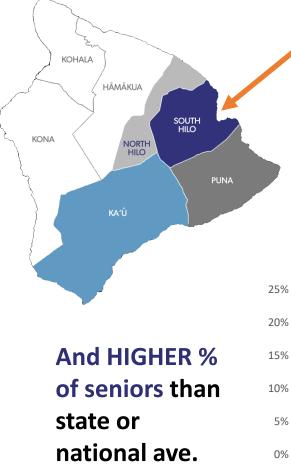


- 1. Complex patients with many intersected needs.
- 2. Many **unable to manage** self-care.
- 3. Primary Diagnoses accompanied by co-morbidities.
- 4. Complications with Mental Health and/or substance abuse.
- 5. Many patients juggle 5 6 physicians; some fly to O'ahu.

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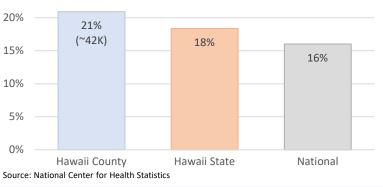


#### **Care Challenges Require Care Coordination**



East Hawai'i = disproportionate healthcare and socioeconomic complexities as indicated in this report: http://www.hawaiihealthmatters.org/co ntent/sites/hawaii/2015 Hawaii-County-CHNA.pdf

Population: Percentage 65 Years Or Older 2018



### Kupu Care's Interdisciplinary Team







### **Coordinated Care = Cost Savings**

The fragmented approach to care in East Hawai'i does not allow for collection of data on cost savings, but national findings show care coordination of most complex patients lead to significant savings.

Most Fragmented Practices	Most Coordinated Practices
• 32.8% of patients received care	<ul> <li>25.9% received sub-optimal</li> </ul>
departing from clinical best	care departing from clinical be
practices	practices
<ul> <li>9.1% rate of preventable</li> </ul>	<ul> <li>7.1% rate of preventable</li> </ul>
hospitalizations	hospitalizations

\$10,396 average patient cost

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- le
- \$5,854 average patient cost

An average savings of \$4,542 per patient.

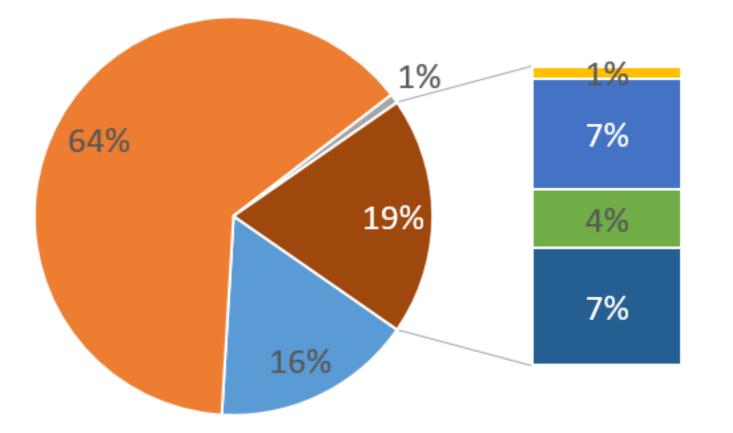
\*According to a 2016 study conducted by the American Journal of Managed Care

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### Current Kupu Care Payor model

### Kupu Care Admissions by Payor (through March 2020)



- Commercial
- Medicare/Adv Plans

■ Self Pay

- Medicaid/Quest Aloha Care
- Medicaid/Quest HMSA
- Medicaid/Quest Ohana
- Medicaid/Quest UHC

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## HAWAI'ICARECHOICES

### Palliative 🛞 | Hospice 🏵 | Bereavement 🚱