## Mits Aoki Legacy Foundation In cooperation with Kokua Mau present:

### Learning from Dr. Mitsuo Aoki:

#### Understanding and working with persons with terminal illness

Introducing a video, discussion and teaching series focused on working with individuals with serious and terminal illness. The sessions are based on actual classes of Dr. Aoki teaching filmed in 1987 and two interviews of Dr. Aoki working with Roger who has been diagnosed with a terminal illness.

#### In this series of 8 classes, a participant will:

- gain necessary knowledge about death and dying including: 9 fears associated with dying and definition of a "good death"
- acquire techniques designed to prepare him or her to be "present", while listening to and working with individuals who are seriously ill
- understand the grieving process and the grieving of survivors
- be introduced to a conceptual understanding of suicidal thoughts and acts
- learn about and discuss life after death including Dr. Aoki's near-death experience
- Learn about advanced care planning considerations and helpful community resources.
- Discover interview methods and techniques used by Dr. Aoki with individuals who are terminally ill.

This series is intended for professionals and health care support staff/volunteers. However, adult community family members are also welcome to attend.

# April 7,14, 21, 28 and May 5, 12,19, 26 5:00 to 7:30 PM

Registration deadline: 04/04/2022

Register in advance at:

https://us02web.zoom.us/meeting/register/tZAtce-gqT0oHtKBi4scN2hY13QoYiQ\_vQD0

After registering, you will receive a confirmation email containing information about joining the meeting. Attend one or all classes. All classes are **free of charge**. Donations are accepted.

CEUs for social workers, nurses, and other health care professionals are pending application and approval

For more information visit <u>www.mitsaokilegacyfoundation.org</u> or email: info@mitsaokilegacyfoundation.org

