

Support Groups & Educational Classes

JANUARY – APRIL 2016

	Jan	Feb	Mar	Apr
<p>I Can Cope Cancer Nutrition During and After Cancer Treatment Learn about special nutritional needs from a Registered Dietician. Fourth Thursday, 10:00 am - 12:00 pm • Call 691-7117 to register</p>	28	25	24	28
<p>Caregiver Support Group Supports the needs of care givers to help them keep a balanced life style. Third Wednesday, 10:30 - 11:30 am • Queen Emma Tower, 9th floor Call 691-8984 for more information</p>	20	17	16	20
<p>Head & Neck Support Group Warriors battling cancer of the brain, mouth, throat, thyroid, & esophagus. Third Wednesday, 10:30 am - 12:00 pm • Queen's Conference Center</p>	20	17	16	20
<p>Breast Cancer Support A forum for women to discuss and share issues related to breast cancer. Third Thursday, 11:00 am - 12:30 pm • Queen Emma Tower, 4th floor</p>	21	18	17	21
<p>BRCA Support Group A Support Group for Hereditary Breast and Ovarian Cancer Syndrome Second Wednesday, 3:00 - 4:00 pm • Queen's Conference Center</p>	13	10	9	13
<p>GI Cancer Support A support group for patients with gastrointestinal cancer. First Thursday, 11:30 am - 12:30 pm • Queen Emma Tower, 10th floor</p>	7	4	3	7
<p>Lung Cancer Support Survivors share and help one another cope with the difficulties the disease can cause. Fourth Monday, 10:00 - 11:00 am Queen Emma Tower, 9th floor</p>	25	22	28	25
<p>Look Good Feel Better Beauty professionals help with make-up, skin, nail, and hair care for women facing cancer. Monday; 1:00 - 3:00 pm Call 691-8984 for location. Call 595-7504 to register.</p>		8		11
<p>Hands on Healing: Draw What you See Learn Drawing techniques from a professional artist. 2nd Wednesday, 1:30 - 3:30 pm • Queen Emma Tower, 10th floor Call 691-8984 to register.</p>	13	10	9	13
<p>Artist in Residence for all Cancer Survivors Art therapy for all cancer survivors and their caregiver. Call 691-8984 to register.</p>	Tuesdays, Bi Monthly • 10:00 am-4:00 pm Call 691-8984 for more info			
<p>Lymphedema Screening Clinic For all cancer patients - Breast cancer patients & their families Women's Health Center • Call for initial assessment Mon-Fri appointments call 691-7117; Sat appointments call 691-7729.</p>	1st & 3rd Thursday of each month; Saturdays 1:30 pm-2:30 pm By appointment only			
<p>Acupuncture For pain or side effects from cancer treatments. Treatments for non cancer patients also available. Cancer Center</p>	Tuesdays & Fridays, 8:00 am - 12:00 pm Call 691-8984 or 691-8777 for info or to schedule an appointment.			



March ▶ Colon Cancer Awareness
April ▶ Oncology on Canvas
April ▶ Head & Neck Cancer Screening

For more information on programs and services, call 691-8984 or 691-8777