

THE QUEEN'S MEDICAL CENTER CONFERENCE ON PAIN & PALLIATIVE CARE

The Fine Art **& SCIENCE** OF PAIN & PALLIATIVE CARE

Monday, November 12, 2018

Ko'olau Ballrooms & Conference Center • Kāne'ohe, Hawai'i



**THE QUEEN'S
MEDICAL CENTER**

About the Conference

Educational Objectives



Meeting patients' pain and palliative care needs

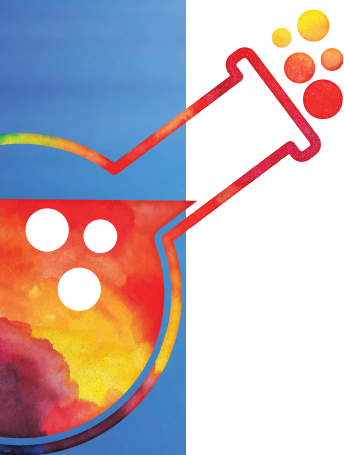
demands a balance of the best of the art and science of caring. Challenges such as safely and effectively treating pain and maintaining resilience and presence can leave one with the feeling of staring at a blank canvas. This conference has gathered a multi-talented faculty to share the state of both the art and the science of pain management and palliative care, to inspire you with their creative presentations, and take you from

that blank canvas to a larger palate of care options to create your masterpiece in meeting these vital patient needs.

This conference has broad appeal to physicians, nurses, social workers, chaplains, and other healthcare professionals.

After completing this educational activity, participants should be able to:

- Describe three cultural myths that are barriers to good care for people with serious illness and how to overcome them
- Describe the benefits and strategies for effective communication with seriously ill patients
- Evaluate, treat and monitor pain; including assessing the risk of addiction
- Apply multiple strategies for optimum pain management, which incorporate universal precautions to minimize abuse, addiction and adverse consequences
- Discuss options for managing cancer-related pain
- Discuss and differentiate grieving styles
- Apply the concept of grieving styles to family systems
- Explore grieving style implications for counselors
- Describe treatments of last resort for people with refractory suffering near the end of life



Program

- 7:30 am** *Registration • Breakfast*
- 7:55 am** **Welcome –**
Daniel Fischberg, MD, PhD, Conference Chair
- 8:00 am** *The Dr. Ryder K. Onopa Memorial Lecture*
In Search of a Good Death: Living Well with Serious Illness
Steven Pantilat, MD
- 9:00 am** **How to Care for the Patient with Addiction**
Judith Paice, PhD, RN
- 10:00 am** *Break*
- 10:15 am** **Better Words to Say: Communicating Effectively with Seriously Ill Patients**
Steven Pantilat, MD
- 11:15 am** **Management of Chronic Pain in Survivors of Adult Cancers**
Judith Paice, PhD, RN
- 12:15 pm** *Lunch*
- 1:15 pm** **Treatments of Last Resort**
Daniel Fischberg, MD, PhD; Liz Vaughan, LCSW
- 2:00 pm** **The Journey of Grief**
Kenneth Doka, PhD, MDiv
- 3:00 pm** *Break*
- 3:15 pm** **Beyond Gender: Understanding the Ways Men and Women Grieve**
Kenneth Doka, PhD, MDiv
- 4:15 pm** **Recap / Summary**
Beth Freitas, PhD, APRN
- 4:30 pm** *Adjourn*



Faculty

Featured Guest Faculty



Steven Pantilat, MD

Director, UCSF Palliative Care Leadership Center
Director, Palliative Care Quality Network,
Professor of Medicine, UCSF School of Medicine
University of California, San Francisco
San Francisco, CA



Judith Paice, PhD, RN

Director, Cancer Pain Program
Division, Hematology-Oncology
Northwestern University,
Feinberg School of Medicine
Chicago, IL



Kenneth Doka, PhD, MDiv

Professor of Gerontology
The College of New Rochelle
Senior Consultant
The Hospice Foundation of America
New Rochelle, NY

Hawai'i Faculty

Daniel Fischberg, MD, PhD, FAAHPM

Conference Chair
Medical Director
Pain & Palliative Care Department
The Queen's Medical Center
Professor and Chief, Division of Palliative Medicine
General Medicine Department
John A. Burns School of Medicine,
University of Hawai'i

Beth Freitas, PhD, APRN

Clinical Nurse Specialist
Pain & Palliative Care Department
The Queen's Medical Center

Liz Vaughan, LCSW

Licensed Clinical Social Worker
Pain & Palliative Care Department
The Queen's Medical Center

Continuing EDUCATION CREDITS

■ **Physicians** The Queen's Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Queen's Medical Center designates this live activity for a maximum of **7.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

■ **Nurses** *AMA PRA Category 1 Credits™* issued by organizations approved by ACCME will be recognized by the American Nurses Credentialing Center (1 CME credit = 1 contact hour) and most other nursing certifying bodies. Check with your certifying body. It will also be recognized by the State of Hawaii Board of Nursing for license renewal.

■ **Social Workers** This program is approved by the National Association of Social Workers - Hawai'i Chapter (Approval HI62792018-29) for up to 7.0 Social Work continuing education contact hours.

■ **Other Health Care Professionals**
A certificate of attendance will be provided to support your needs.

Conference INFORMATION

Location & Parking

The conference will be held at the Ko'olau Ballrooms & Conference Center 45-550 Kionaole Road, Kāne'ohe, Hawai'i 96744
Ample complimentary parking is available.

Online Course Materials

Conference materials will be available via web access. More information will be sent to you upon confirmation of your registration.

For More Information:

The Queen's Medical Center
Office of Continuing Medical Education,
Harkness 117
Phone: (808) 691-4406
Email: cme@queens.org

Registration

The Fine Art & Science of Pain & Palliative Care
Monday, November 12, 2018

Name _____

☐ MD/DO: Specialty: _____

☐ RN ☐ SW ☐ Other: _____

Mailing Address _____

City _____ State _____ Zip Code _____

Daytime Phone _____ Fax _____

E-mail Address _____

Note: Confirmation, receipt and access to materials will be sent via e-mail.

REGISTRATION FEE:

	By October 29, 2018	After October 29, 2018
QMC Physicians & Staff	\$125	\$145
Non-QMC Physicians & Staff	\$175	\$195

METHOD OF PAYMENT

☐ Check or money order payable to: The Queen's Medical Center

☐ VISA ☐ MasterCard ☐ American Express ☐ Discover

Cardholder's Name _____ Total Payment \$ _____

Cardholder's Billing Address _____
(if different from above)

City _____ State _____ Zip Code _____

Card Number _____ Card Security ID Code _____
(Last 3 or 4-digits printed on card or security strip)

Signature _____ Expiration Date _____

Please send completed registration form and payment to:

The Queen's Medical Center
Office of Continuing Medical Education, Harkness 117
1301 Punchbowl Street, Honolulu, HI 96813
Phone: (808) 691-7237 Fax: (808) 691-5040

Special Needs - The Queen's Medical Center fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you are in need of accommodation, please include this information with your registration.

Refund - To receive a refund for the registration fee, cancellation must be made in writing. Refunds will be processed less 20% service fee if made by October 29, 2018. No refunds will be made after that date

Cancellation - This activity is subject to cancellation. In the unlikely event that it should be cancelled, refund of registration fees will be made in full; however, the sponsor(s) are not responsible for any travel costs you incur.