BEREAVEMENT NETWORK OF HAWAII

I. SUPPORT GROUPS – Please bear in mind that groups may be suspended due to recommendations by the CDC in response to COVID-19. Please be sure to call or email first before attending support groups.

ADVENTIST HEALTH CASTLE
640 Ulukahiki St., Kailua, HI 96734
Phone: Chaplain Sara-May Colon, #263-5343
Email: Colonsj@ah.org
Website: www.adventisthealth.org/castle
Eligibility: Open to all.
Services: Support groups
Grief Support Group & Quarterly Closed Grief Support Groups: 2nd & 4th Wednesday of the month, 6:00 p.m.-7:00 p.m. @ the Wellness Center. To register call 808-263-5344.
Beyond the Grief Support Group with Navian Hawaii: meets the 2nd Friday of the month, 1:00 p.m. - 3:00 p.m. @ the Wellness Center. For more information call 808-263-5400.
Fee: Free.

BRISTOL HOSPICE
55 Merchant Street Suite 2900 Honolulu, HI 96813
Phone: Angela Quito, Bereavement Coordinator #536-8012
Email: angela.quito@bristolhospice.com
Phone: Bonyen Colunga, Bereavement Coordinator, #536-8012
Email: bonyen.colunga@bristolhospice.com
Phone: Paige Morris, Bereavement Coordinator
Email: Paige.morris@bristolhospice.com
Website: www.bristolhospice.com
Eligibility: Anyone who is grieving a loss of a loved one.
Services: Individual & family counseling by appointment.
Every Tuesday 10:00 a.m. – 11:00 a.m. @ Unity Church, 3608 Diamond Head Circle, Honolulu, HI 96815.
Spouse Support Group 11a.m.-12:30 p.m. at Ka Punawai Ola, 575 Farrington Highway Kapolei HI 96707 second Thursday of the month. Bereaved spouses call to register 536-8012
Evening Support Group at Makakilo Elem School Cafeteria, 92-675 Anipeahi St, Kapolei, 3rd Thurs of the month from 5:30 -7:30 pm.
Men’s Grief Support Group, Online Meeting Email Joseph for details & passcode: joseph.eppink@bristolhospice.com 2nd & 4th Wednesday of every month at 8 p.m.
Fee: Free.

COMPASSIONATE FRIENDS
Phone: David Kaniaupio, Chapter Co-Leader, (808) 222-6556

St. Francis Hospice Bereavement Services, updated 10/9/2020
Email: kaniaupiotcf@gmail.com
Terry Kaniaupio, Chapter Co-Leader, (808) 222-2729
Email: kaniaupiotcf@gmail.com
Patti Kaneshiro, Hilo Chapter Leader, (808) 937-7523
Email: easthawaiitcf@yahoo.com
Website: National: www.compassionatefriends.org
Honolulu: www.compassionatefriendshawaii.org
Services: Self-help group assists parents & siblings with adjustments to grief/loss.
**Oahu meetings** are the first Saturday of every month 10:00 a.m. – 11:30 a.m. at
The Parish of St Clement, 1515 Wilder Ave, Honolulu, Hawaii 96822
**Hilo meetings** are on the 4th Wednesday of each month at Hilo United Methodist
Church, 374 Waianuenue Avenue from 5:00 p.m.–6:30 p.m.
Fee: Free

**FAMILY BEREAVEMENT SUPPORT GROUP**
Phone: Sandra Pohl, #226-4787
Email: louispohlgallery@gmail.com
Eligibility: Family members who have lost a loved one through death.
Services: Monthly support group meets every second Sunday of every month, 1:00 p.m. – 3:00 p.m. at Kaiser Moanalua, Ewa Conference Room #1 (Second floor). Facilitated by Rev. J.P.
Fee: Free

**GRIEFSHARE**
First Presbyterian Church, 45-550 Kionaole Road, Kaneohe, HI 96744
Phone: Church office: 808-532-1111
Sissi Tran-Copeland (661)-220-0441
Marianna Meachen 225-8448
Email: griefshare@fpchawaii.org
Email: marianna@fpchawaii.org
Website: www.griefshare.org or www.fpchawaii.org
Eligibility: Open to all island residents who have lost a loved one to death.
Services: Grief Share is a Christian based, non-denominational program that covers grief & facilitates the road to recovery. It is a 13-week session support group of members who have experienced bereavement. Each session includes a video seminar & small group discussion. There is also a special one-day “Surviving the Holiday” session.
Fee: $15.00 suggested donation for the workbook.

**GRIEFSHARE**
Grace Moore Kimata Center at Wahiawa United Methodist Church, 1445 California Ave.,
Wahiawa, HI 96786
Phone: Jim Higa (Chair) 232-3992 & Dina Cornwall (Church Secretary) 622-4361
Email: jameshi@hawaiiantel.net
Website: www.wahiawaumc.org
Eligibility: Open to all island residents who have lost a loved one to death.
Services: Grief Share is a Christian based, non-denominational program that covers grief & facilitates the road to recovery. It is a 13-week session support group of members who have experienced bereavement. Each session includes a video seminar & small group discussion. There is also a special one-day “Surviving the Holiday” session.

St. Francis Hospice Bereavement Services, updated 10/9/2020
Fee: Free - includes workbook & access to an extensive library of grief related books

HONORING GRIEF & SELF-CARE
Sponsored by Hawaii Donor Family Council – a constituent group of the National Kidney Foundation of Hawaii, Creative Arts Experience, Legacy of Life Hawaii, Hawaii Lions Eye Bank, & Makana Foundation
Louis Pohl Gallery, 1142 Bethel St. Honolulu, HI 96813
Phone: Sandy Pohl at 521-1812
Email: Please register with Felicia Marquez-Wong, L.S.W, C.T. at FeliciaMW808@gmail.com
Eligibility: Monthly support & activities for those adjusting with loss of loved ones.
Services: Every third Wednesday of the month, 9:30 – 11 a.m. at the Louis Pohl Gallery.
Fee: Registration is required. $10 donation for art supplies.

HUG HAWAII
725 Kapiolani Blvd., #3503, Honolulu, HI 96813
Phone: Yuki Floyd, (808) 398-0818
Email: info@hughawaii.com
Website: www.hughawaii.com
Eligibility: Japanese speaker who is grieving the loss of a loved one.
Services: 1. Meetings are held the first Tuesday & Third Wednesday of every month, 10:30 a.m.-12:00 p.m. at Ala Moana Hotel, 1st floor, Starbucks Cafe.
2. Suicide Survivors Group - Monthly, 4th Wednesday, 10:00 a.m. – 12:00 p.m. Call or Email for location
Fee: $45 per year

ISLANDS HOSPICE
1301 Young Street, Suite 300, Honolulu, HI 96814
Phone: Chaplain Sally Handley, Director of Bereavement & Volunteer Services (808) 550-2552, fax: (808) 550-2551
Email: Shandley@islandshospice.com
Website: www.islandshospice.com
Eligibility: All people of all ages in the community who are grieving the loss of a loved one.
Services: Bereavement support groups for adults.

Magic Island:
First & Third Wednesday of each month, 9 a.m.
Group meets at Magic Island at the grassy area by the parking lot Magic Island, Honolulu

Kaneohe:
Second Tuesday of each month at 10 a.m.
Aloha Nursing & Rehab Center
45-545 Kamehameha Hwy
Kaneohe, HI 96744

Kapolei:
First & Third Monday of each month at 4:30 p.m.
Ilima at Leihano
739 Leihano Street
Kapolei, HI 96707

For more information or to RSVP please contact Sally Handley, Director of Bereavement Services or Jackie Waldman, Bereavement Social Worker: 550-2552
Email: Shandley@islandshospice.com or Jwaldman@islandshospice.com

In your time of healing, Islands Hospice welcomes you to Kokua Kalihi Valley Ho'oulu 'Aina.
This is a welcoming place of refuge where people of all cultures sustain & propagate the connections between the health of the land & the health of the people. This will be a time to join others in personal healing while restoring precious land. Ho'oulu 'Aina offers a unique way to process your loss outdoors by gardening, digging, or simply sharing stories. Visit www.hoouluaina.com for more details.

KIDS HURT TOO HAWAII
245 N. Kukui St. Suite 203, Honolulu, HI 96817
Phone: 545-LOVE (5683) Executive Director, Tania Wildbill: executivedirector@kidshurttoo.org
Hiro Ito, Program Director: hiro@kidshurttoo.org
Website: www.kidshurttoo.org
Eligibility: Youth ages 3 to 19 (and their families) who have been separated from one or both parents, sibling(s), and any family member, as a result of death, divorce, incarceration, deployment, abandonment, foster care placement, & other means of separation
Services: 1) Peer support groups & group mentoring activities for children, teens & their current caregivers through our Healing Young Hearts Program; 2) Case Management & other services for family members, of any age, who have been impacted by crime through our Restoring Hope Program; 3) HI Rising provides work training to current & former foster youth ages 16-24, & participants/alumni of our Healing Young Hearts & Restoring Hope programs, in our HI Rising Boutique & Café; 4) Workshops & training; 5) Crisis intervention after violent death. Call for locations, times, & dates of peer groups; to schedule or attend a workshop; or to request a crisis intervention.

Grief Support Groups:
Families need to be registered before participation.
Call Hiro or case manager at 808-545-LOVE (5683) to set up an intake
Eligibility: all grieving children & their family member(s)
“Children in Care” is a bimonthly group for children who are in foster care, kinship care, guardianship, & adoption. (1st & 3rd Monday night from 6pm to 8pm)
“General Death” is a bi-monthly group for children who are separated from one or both parents, siblings, & grandparents through death. (1st & 3rd Thursday night from 6pm to 8pm)
“Loss from Separation” is a monthly group for children who are experiencing loss due to divorce, incarceration, or deployment, deportation of one or more family member(s). (1st Tuesday of the month from 6pm to 8pm)
“Loss from Death” is a monthly group for children who have experienced death of one or more family member(s).
(2nd Tuesday of the month from 6pm to 8pm)

“General Loss” is a monthly group for any kind of separation from one or more family member(s).
(2nd Wednesday night of the month from 6pm to 8pm)

“Malama Group” is a monthly group for children who have experienced a violent death of a loved one.
(Last Tuesday night of the month from 6pm to 8pm)

“Unexpected Death” is a monthly group for children who have experienced a sudden unexpected death of one or more family member(s). (Last Thursday night of the month from 6pm to 8pm)

Fee: Free to children & families; service fees for training & workshops. Donations accepted.
Please call regarding groups as they are subject to change.

LET GRACE IN
P.O. Box 1738 Aiea, Hi 96701
Phone: Gabby Gouveia (808) 451-3660
Email: gabby@letgracein.org
Website: Letgracein.org
Eligibility: Anyone grieving the loss of a child- perinatal loss to young adulthood.
Services: Monthly gatherings, weekend HOPE retreats, online resources for grieving families, & educational seminars (open to the public).
Fee: No charge for monthly gatherings & online services. Scholarships available for Hope retreats & seminars.

MAKE TODAY COUNT (Sponsored in part by THE AMERICAN CANCER SOCIETY)
Nuuanu Congregational Church, 2651 Pali Highway, Honolulu, HI 96817
Phone: Jenny Hausler at 455-3242 or 368-4594
Email: jenhausler@hotmail.com
Website: www.cancer.org
Eligibility: Open to the community
Services: Meetings are held the 3rd Saturday of every month 10:00 a.m. – 12:00 noon at Nuuanu Congregational Church, 2651 Pali Highway.
Fee: Free

NAVIAN HAWAII (formerly Hospice Hawaii)
860 Iwilei Road, Honolulu, HI 96817
Phone: Jessica Ando, MA, LMFT, & Daniel Heathcock, LCSW, Bereavement Counselors, 924-9255, fax: 922-9161
Email: bereavement@navianhawaii.org
Website: www.navianhawaii.org
Eligibility: Anyone who has experienced the death of a loved one.
Services: Bereavement support groups for adults & children, & consultation/support for death in the workplace, schools, & the community.
Virtual Honolulu/Windward Adult Grief Support Group Meets 4th Friday of the month, 1:00p.m-3:00 pm via Zoom.
**Virtual Aiea Adult Grief Support Group** meets on the fourth Wednesday of the month, 7:00 p.m. – 8:30 p.m. via Zoom. 
**Please email** bereavement@navianhawaii.org **to RSVP and receive Zoom link.**

**Molokai Adult Grief Support Group** meets every Thursday from 2 to 4 PM at the Molokai Community Center, 30 Oki Place, Kaunakakai. Contact: (808) 553-4310. 

**Virtual Night to Remember Memorial Service** – Saturday, October 17, 2020 5:00pm.

**PARENTS OF MURDERED CHILDREN**
46-217 Lilipuna Road, Kaneohe, HI  
Phone: Nadine Onodera, 236-2242  
Email: nonodera@hawaii.rr.com  
Eligibility: Anyone who had lost a loved one to homicide or other violent death.  
Services: Monthly self-help support groups, 9:30 am – 12 noon on the 4th Saturday of every month at First Assembly of God @ Moanalua. Ongoing emotional support, court accompaniment, assistance with documents & procedures.  
Fee: Free

**PET LOSS SUPPORT GROUP**
Hawaiian Humane Society, 2700 Waialae Avenue, Honolulu, HI 96826  
Phone: Alysa Stratman 356-2216, fax: 955-6034  
Email: astratman@hawaiianhumane.org  
Website: www.hawaiianhumane.org  
Other inquiries: Michaela Safford 356-2222  
Eligibility: General public. Children under 16 should be accompanied by an adult.  
Services: This group offers information & emotional support for those who are grieving the loss of an animal. The group meets once a month on the 1st Tuesday of each month, 6:30 p.m. – 7:30 p.m. at the Hawaiian Humane Society, 2700 Waialae Avenue. Call to reserve a seat.  
Fee: Free

**ST. FRANCIS HOSPICE**
St. Francis Maureen Keleher Center, 24 Puiwa Road, Honolulu, HI 96817  
Email: Bereavement@stfrancishawaii.org  
Phone: (808) 595-7566  
Website: www.stfrancishawaii.org  
Eligibility: Anyone grieving the death of a loved one.  
Services: Support services aimed at meeting the needs of grieving individuals, including grief support group meetings, grief classes, & grief workshops. **Children’s Grief Newsletter** (4 issues per year). Free & open to the community. Please call to request to be on the mailing list.

**Grief Support Groups: On Hold**
**West location** @ St Francis West Office, Suite 303 & 304, 91-1010 Shangrila Street, Kapolei  
Please park in a visitor or unmarked parking stall.  
Parking is free. Meets 3rd Monday of the Month, 1:30 pm – 3:00 pm

St. Francis Hospice Bereavement Services, updated 10/9/2020
Windward location @ Kailua Beach Park, 1:30 - 3:00p.m. Every 1st Monday of the month. Registration is required. Please meet at the pavilions which are at the end of the park nearest to Lanikai. Bring a beach chair or use one of ours for seating in this covered, nicely breezy area. Several parking areas are close by – the closest is near the boat ramp. Water fountains & restrooms are within easy reach.

Evening Grief Class:
Creative Approaches to Grief: @ Weinberg Building, Room #203, 2226 Liliha St., Honolulu. Take lobby elevator to 2nd floor. Parking validated. Class held the 4th Monday of the month, 6:00p.m. -7:30 p.m. Registration is required.

SPECIAL EVENTS:
34th Annual Interdenominational Memorial Service: “A Rose for Remembrance” – virtual event on Nov. 13th

To register: Please contact the St. Francis Hospice Bereavement Program at (808) 595-7566 or Bereavement@stfrancishawaii.org for information or to register for the support groups & special events listed above.

Annual Tree Lighting Event:
Dates & locations for 2020 events to be determined.

STAR OF THE SEA HEALING HEARTS MINISTRY
4470 Aliikoa Street, Honolulu, HI 96821
Phone: Teddy Adorable 395-4585 Email: tadorable@hawaii.rr.com
Phone: Debbie Galipeau 734-7106 Email: dlgalipeau@msn.com
Website: http://www.staroftheseahonolulu.com/
Services: Bereavement Support Group for those actively grieving; meets every Saturday from 1-3p.m.
Fee: Free

TEMPLE EMANU-EL GROUP FOR GRIEF & CAREGIVER RESILIENCY
2550 Pali Hwy, Honolulu, HI 96817
Phone: Rabbi Ken Aronowitz 595.7521 ext. 3270 Email: rabbi@shaloha.com
Services: Weekly Bereavement & Caregiver Support Group working with themes of loss, anticipatory loss, healing, heart-opening & finding meaning. (New time to be announced).
Fee: Free

II. AGENCIES

BORTHWICK MORTUARY
1330 Maunakea Street, Honolulu, HI 96817
Phone: Mel Kalahiki, 522–5200, fax: 522–5206 Email: melvin.kalahiki@dignitymemorial.com
Ennilee Anulao Email: ennilee.anulao@dignitymemorial.com
Eligibility: General Public

St. Francis Hospice Bereavement Services, updated 10/9/2020
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**Services:** Provides literature & videos for bereavement support. “Picking Up the Pieces” program is a series providing assistance & support in coping with the death of a loved one. Topics vary from the death of a child, suicides, & unexpected deaths.

**Fee:** Free

**HUGS**
3636 Kilauea Avenue, Honolulu, HI 96816
Phone: 732-4846, Fax: 732-4881  Email: info@hugshawaii.org
Ho‘okele Case Manager - Judith Wilhoite
Family Services Program Specialists – Margaret Min & Aryuna Radnaeva
Director of Programs - Chiyomi Chow
Website: www.hugshawaii.org
Eligibility: Seriously ill children & their families.
Services: A wide range of peer support services for seriously ill children & their families, plus bereavement support to these families.
Fee: Free

**KOKUA MAU, “A Movement to Improve Care”**
P. O. Box 62155, Honolulu, HI 96839
Phone: Jeannette Kojane, 585–9977  Email: info@kokuamau.org, jkoijane@kokuamau.org
Website: www.kokuamau.org
Eligibility: Services are open to everyone, membership grants a discount for educational activities.
Services: Speaker’s Bureau, educational materials, resources & training related to hospice, POLST (Provider Orders for Life-Sustaining Treatments), end-of-life care, palliative care & early advance care planning on all islands. For free monthly E-newsletter, write to info@kokuamau.org.
Fee: Nominal fees for training materials. Speaker’s Bureau - Donations requested, if possible.

**HAWAI‘I HEALTH & HARM REDUCTION CENTER (HHHRC) (FORMERLY LIFE FOUNDATION)**
677 Ala Moana Blvd., Suite 226, Honolulu, HI 96813
Phone: Leilani Maxera, Outreach & Overdose Prevention Manager 521–2437 ext. 273,
Email: Lmaxera@HHHRC.org
Website: www.hhhrc.org
Eligibility: Varies between programs, but primarily people living with & /or affected by HIV, hepatitis, substance use, & the transgender, LGBQ, & Native Hawaiian communities.
Services: Confidential comprehensive support services including case management, community resource referral & supportive activities for HIV-positive individuals, transgender services, overdose prevention, etc. See website for more details.
Fee: Free

**LEGACY OF LIFE HAWAI‘I**
405 N. Kuakini Street, Suite 810, Honolulu, HI 96817
Phone: (808) 599-7630, Fax: (808) 599-7631  Email: familyservices@legacyoflifehawaii.org

St. Francis Hospice Bereavement Services, updated 10/9/2020
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Felicia Wells-Williams, RN, Director of Family Services, 585–3412
Carol Anne Gordon, MSW, Family Services Coordinator, 599-7630

Website: www.legacyoffifehawaii.org
Eligibility: Family members of Hawaii’s organ, tissue, & eye donors.
Services: Provide support & follow-up care for donor families. Provide information related to organ, tissue, & eye donation. Please call for information.
Fee: Free

**LILI`UOKALANI TRUST**

Phone: Honolulu: #851-7721, Vernon Viernes, 1300 A Halona St., Honolulu, HI 96817
Email: vviernes

HYPERLINK "mailto:vviernes@onipaa.org"@onipaa.org

Ko`olau Poko: #235-7613, Bert Oka, 46-316 Haiku Rd. Kaneohe, HI 96744
Email: Boka@onipaa.org

Hale`aha: #293–8577, Ka`ai`ai Paglinawan, 53–516 Kamehameha Hwy., Punaluu, HI 96717
Email: jpaglinawan@onipaa.org or Coreen “Lei” Dijos Email: cdijos@onipaa.org

Wai`anae: 87-1876 Farrington Hwy., Wai`anae, HI 96792
#851-7811, Yuki Lei Tanaka-Pabo, Email: YTanakaPabo@onipaa.org
#851-7817, Pua Kaninau-Santos Email: Kkaninausantos@onipaa.org

Neighbor Island available.

Website: www.onipaa.org
Eligibility: Part-Hawaiian & Hawaiian orphans, ages 0 – 18, & the destitute. The Trust defines an orphan with one or both parents are deceased.
Services: Wide range of resources & counseling, including grief support.

**MADD (MOTHERS AGAINST DRUNK DRIVING - VICTIM SERVICES)**

745 Fort Street, Suite 303, Honolulu, HI 96813
Phone: Theresa Paulette at 532-6233/532-6232 fax: 532-6004
Email: Theresa.Paulette@madd.org; hi.state@madd.org
Website: www.madd.org
Eligibility: Those who have been injured or lost a loved one to a drunk-/drugged-driving crash or any type of homicide.
Services: Emotional support, bereavement literature, & assistance/advocacy with the criminal justice system, & attorney/counselor/community resource referrals. Referral to professional counseling, monthly support group for those who have lost a loved one to a drunk-/drugged-driving crash or any type of homicide. We provide a Victim Impact Panel for DUI offenders mandated by traffic courts on a quarterly basis. 24 hour Victim Helpline Toll free 1-877-MADD-HELP (1-877-623-3435)
Fee: Free & confidential

**MALI BELLA FOUNDATION**

501 Kealahou St., Unit A51, Honolulu, HI 96825
Phone: Sejal Megill, #808-388-2520
Website: www.malibellafoundation.org
Services: Providing hope, healing & support for bereaved families.
Monthly Grief Support Meetings, Monthly Healing Heart Events, Web Chat Feature, Online Support Group & Resources.
Fee: Free

Website: www.legacyoffifehawaii.org
Eligibility: Family members of Hawaii’s organ, tissue, & eye donors.
Services: Provide support & follow-up care for donor families. Provide information related to organ, tissue, & eye donation. Please call for information.
Fee: Free

Eligibility: Part-Hawaiian & Hawaiian orphans, ages 0 – 18, & the destitute. The Trust defines an orphan with one or both parents are deceased.
Services: Wide range of resources & counseling, including grief support.

**MADD (MOTHERS AGAINST DRUNK DRIVING - VICTIM SERVICES)**

745 Fort Street, Suite 303, Honolulu, HI 96813
Phone: Theresa Paulette at 532-6233/532-6232 fax: 532-6004
Email: Theresa.Paulette@madd.org; hi.state@madd.org
Website: www.madd.org
Eligibility: Those who have been injured or lost a loved one to a drunk-/drugged-driving crash or any type of homicide.
Services: Emotional support, bereavement literature, & assistance/advocacy with the criminal justice system, & attorney/counselor/community resource referrals. Referral to professional counseling, monthly support group for those who have lost a loved one to a drunk-/drugged-driving crash or any type of homicide. We provide a Victim Impact Panel for DUI offenders mandated by traffic courts on a quarterly basis. 24 hour Victim Helpline Toll free 1-877-MADD-HELP (1-877-623-3435)
Fee: Free & confidential

**MALI BELLA FOUNDATION**

501 Kealahou St., Unit A51, Honolulu, HI 96825
Phone: Sejal Megill, #808-388-2520
Website: www.malibellafoundation.org
Services: Providing hope, healing & support for bereaved families.
Monthly Grief Support Meetings, Monthly Healing Heart Events, Web Chat Feature, Online Support Group & Resources.
Fee: Free
**PLAYWORKS**  
Phone: Nan Holmes, 741-4787  
Eligibility: General public  
Services: PlayWorks is an art studio where people use painting & creative sand play to access those feelings that are difficult to express in words. Working individually in a group setting, participants learn to trust the process to speak the language of their hearts & have an option to share with each other what their innermost selves have to say.  
Fee: Call for information

**REID RICHARDS FOUNDATION “NAPUAOKAMAKAOLA”**  
P.O. Box 61526, Honolulu, HI 96839  
Phone: Roberta Richards, 220–3491 Email: lele8864@hawaii.rr.com  
Services: We provide academic scholarships to students who have lost a biological parent or caregiver through death. All information can be found on our website: www.reidrichardsfoundation.com

**SAMARITAN COUNSELING CENTER HAWAII**  
1020 South Beretania Street, Honolulu, HI 96814  
Phone: Mimi Demura-Devore #545–2740, fax: 545–2852  
Website: www.samaritancounselingcenterhawaii.org  
Eligibility: Anyone in need of counseling services  
Services: Professional counseling that integrates spiritual & religious beliefs into the therapeutic process. We serve children, adults, & families in six community locations on Oahu. First United Methodist Church- 1020 Beretania St. (main office) ; Honpa Hongwanji Betsuin Hawaii, Pali Highway; Waiokeloa Congregational Church- Kahala; Windward UCC- Kailua; Our Lady of Sorrows Catholic Church- Wahiawa; Pearl City Community Church, Pearly City. Home visits also available for the homebound.  
Fee: We accept insurance from HMSA, United Healthcare, UHA, HMA, Quest, UBH, Tricare, HMAA, AlohaCare, EAP’s & others. The Center also offers a sliding fee scale & has a Client Assistance Fund, (supported by charitable donations) which makes services affordable for all.

**SURVIVOR OUTREACH SERVICES (SOS) & TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS (TAPS)**  
Survivor Outreach Services, ACS, 371 Brannon Rd. Bldg. 663 Schofield Barracks, HI 96857  
Phone: Camika Lopez, 808-655-7162 Website: www.himwr.com/survivor-outreach-services  
Eligibility: All Survivors being the spouses, children, parents, siblings, & friends grieving the loss of military personnel regardless of how they died.  
Services: Provides long-term support, resources & emotional connections to the military for the bereaved.  
Fee: Call for information

**THE SOCIETY OF MILITARY WIDOWS, ALOHA CHAPTER**  
107 Imaka Place, Wahiawa, Hawaii 96786  
Website: www.militarywidows.org  
Eligibility: Widows of career military personnel. Must possess military I.D.  
Services: This active local chapter offers information, social activities & general support.  
Fee: Call for information

St. Francis Hospice Bereavement Services, updated 10/9/2020
VISITOR ALOHA SOCIETY OF HAWAII – V.A.S.H.
Waikiki Shopping Plaza, 2250 Kalakaua Avenue, Suite 403-3, Honolulu, Hawaii 96815
Phone: Jessica Lani Rich, President & CEO, 926-8274, fax: 926–0500
Email: Jrich.vash@gmail.com
Website: www.visitoralohasocietyofhawaii.org
Eligibility: Visitor victims of crime, medical emergencies, critical incidents, accidents, or other adversities; must have a round-trip ticket.
Services: Bereavement support & comfort in times of crisis. We also offer counseling. We assist with referrals for ground transportation; & mortuaries; assist with changes in hotel, car, & airline reservations; & more.
Fee: Free

III. INDIVIDUALS

ERIK ACUÑA, L.C.S.W.
Aiea Medical Building, 99-128 Aiea Heights Drive, Suite 109, Aiea, HI 96701 &
Remington College Building, 1111 Bishop Street, Room 512, Honolulu, HI 96813
Phone: 445-1858
Email: acuna.au@gmail.com
Eligibility: Adults & Families
Services: Offers counseling for all forms of grief & loss, relationship issues, anxiety & depression.
Has extensive experience working with people with severe mental illness & trauma symptoms. Therapeutic approach is based in psychodynamic therapy & client-centered therapy. Integrates Trauma Center-Trauma Sensitive Yoga, EMDR, & Dialectical Behavior Therapy when appropriate & if wanted.
Fee: Most insurance accepted.

RICHARD HENNESSEY, L.C.S.W.
Church of the Crossroads, 1212 University Ave., Honolulu, HI 96826
Phone: 372-1219
Email: rhawareness@yahoo.com
Eligibility: Individuals, Couples, Families
Services: Specializes in grief work using mindfulness, & teaches Mindfulness-Based Stress Reduction (MBSR) to address anxiety, panic, depression, anger, as well as, HBP, sleep disturbance, chronic pain, & life-threatening illness. Individuals, couples, & group counseling.
Fee: Most insurance accepted.

GOT AN ANGEL ON MY SHOULDER SURVIVOR LOSS SUPPORT - PUA KANINAU-SANTOS, MSW
98-626 Moanalua Loop #107, Aiea, HI 96701
Phone: 271-8582
Email: pks@oahupshawaiitaskforce.org
Website: oahupshawaiitaskforce.org
Eligibility: Loss of a loved one by suicide. All ages.
Services: Debrief for primary `Ohana members. Grief, loss, & bereavement counseling, grief education, & consulting.
*Specializes in suicide prevention education & training.
Fee: Call for information.
MARI KANEMURA, L.C.S.W.
752 Lower Main St. Wailuku, Maui, HI 96793
Phone: 364-9391, Email: mari.kanemura@gmail.com
Eligibility: Children, adolescents, adults, & their families.
Services: Grief counseling for children, adolescents, & adults coping with the death of a loved one, divorce, trauma, physical & sexual abuse. Therapeutic approaches with children include play therapy, sand tray therapy, & art therapy. Approaches with adolescents & adults include cognitive behavioral therapy & strengths-based approach to treating the whole person.
Fee: Most insurance accepted

RICHARD I. RIES, Psy.D. M.S.Ed.
1188 Bishop Street, Suite 3110, Honolulu, HI 96813
Phone: 295-3999, fax: 521-4466 Email: miko_ries@yahoo.com
Eligibility: Children (7 & above), adolescents, adults & older adults, families
Services: Hospice psychotherapy, Grief & loss, Caregiver Resiliency support & gold-standard Trauma treatment. Therapeutic approaches include Emotion-focused Therapy, Gestalt, CBT & Existential Psychotherapy with an emphasis on client spirituality/cosmology or adherence to a scientific or pragmatic view towards reconciliation/healing.
Fee: Most insurance accepted (HMSA, UHA, HMAA, Tricare, Medicare & others)

GEORGE F. RHOADES, JR., Ph.D.
Ola Hou Clinic, 98-084 Kamehameha Hwy., Suite 306, Aiea, HI 96701
Phone: 487-5433, fax: 487-5444 Email: dr.grhoades@gmail.com; olahouclinic@gmail.com
Eligibility: Children, adolescents, adults, & their families.
Services: Grief counseling for children, adolescents, & adults as well as general child, adolescent, & adult counseling. Specializing in the treatment of trauma, dissociation & groups for anger management.
Fee: Most insurance accepted.

LUISA C.O. WYANT, L.C.S.W.- Serving Grievers & Caregivers in East Honolulu and Windward side, via Zoom or face-to-Face, socially distanced.
Phone: Office: 394-2800, Cell: 753-2547, Fax: 394-2826
Eligibility: Individuals of all ages & their Ohana
Services: Specialized Support for caregivers, private & professional; Mobile service for grief counseling, as needed. If pre-planned; East Honolulu Grief Support Group; call for details.
Grief Support Group: Mommies Monday Mourning, 3rd Mon. of each month, 4:30 – 6:00pm This group is or oms whose child (of any age) has died. Call ahead for details.
Fee: HMAA, HMSA, Tricare accepted. Also sliding scale, if appropriate. Please call the office or assistance and scheduling.
IV. HOSPICE & AGENCIES – NEIGHBOR ISLANDS

HAWAII CARE CHOICES – formerly HOSPICE OF HILO (Hawaii)
1011 Waianuenue Avenue, Hilo, HI 96720–2019
Phone: Jihei Roach, Community Bereavement Counselor, (808) 969–1733, fax: (808) 969–4863;
Email: jroach@hospiceofhilo.org
Website: www.hawaiicarechoices.org
Eligibility: Anyone experiencing the death of a loved one.
Services: Individual counseling, support groups, workshops & trainings offered throughout the year. Call for more information.

**Adult Support Groups:**
- **Daytime Grief Support Group** (ongoing) meets every Tuesday 10 a.m.
- **The Journey of Grief- 3 Part Community Workshop** Wednesdays, 5:30 p.m.–7:00 p.m., May 16, 23, 30
- **Family Bereavement Camp (all ages)** Friday & Sunday, June 1 & 3, 5:30 p.m.–7:00 p.m. ongoing drop in group; June 2nd Saturday, Survivor Suicide Group, 5:30 p.m.–7:00 p.m. at Pahala Plantation Cottages, Ka’u

**Youth Support Groups:**
- **Youth 3-Day Grief Group (Ages 5-11)** Wednesday-Friday, July 18-20, 9:00 a.m.-10:30 a.m. at Ainaloa Long House
- **Youth 6-week Grief Group (Ages 5-11)** Tuesdays, 4 p.m.-5 p.m., September 11-October 16.
- **Teen 4-week Grief Group (Ages 12-17)** Wednesdays, 4 p.m.-5:30 p.m. September 12 - October 3.
- **Family Bereavement Camp (all ages)** Saturday & Sunday, October 27-28 at Pahala Plantation Cottages, Ka’u

E-Newsletter:
To view Hospice of Hilo’s online newsletter, go to hospiceofhilo.org/newsletter.

NORTH HAWAII HOSPICE (Hawaii)
65-1328 Kawaihae Road, Kamuela, HI 96743
Phone: Leah Ledward, MA, Bereavement Coordinator (808) 885–7547 (option 1), fax: (808) 885–5592
Email: Leah@northhawaiihospice.org
Website: www.northhawaiihospice.org
Eligibility: Anyone who is dealing with a loss in the community.
Services: Adult individual & group grief support, Caregivers support, children & adolescents. Employee grief support – available at work location. School Grief support groups (at school campus). Call North Hawaii Hospice for more information.

**Circle of Support Groups:**
A variety of support groups are offered throughout the year. Please call North Hawaii Hospice for current information or to be put on a contact list. Pre-registration required.

- **Pre floating-lantern decorating** – Prior to floating lantern ceremony. Call for date.

St. Francis Hospice Bereavement Services, updated 10/9/2020
**Holiday Support Group** – October, November, December (contact for details)  
**Ohana Remembrance Ornament Decorating Evening** (November)  

Fee: All services are free.

**HOSPICE OF KONA (Hawaii)**  
P.O. Box 4130, Kailua Kona, HI 96745  
Phone: Susan Barnett, MDiv. Grief Counselor 808-443-2908  
        Leah Ledward, MA, Grief Counselor 808-443-2914  
Email:  
sbarnett@hospiceofkona.org  
        lledward@hospiceofkona.org  
Website: www.hospiceofkona.org  
Eligibility: Anyone, community or hospice family, who is experiencing the loss of a loved one.  
Services: Individual counseling for adults & children, support groups, workshops, & educational evenings.  
*Please call to schedule an appointment prior to attending any group*  
**Ongoing Monthly Support groups**: Those Who Have Lost a Child-1st Thursday of the month, 5:30 pm.-7:00 p.m.; Spouse Loss Group- Last Tuesday of the month, noon-1:30 p.m.  
**Six Week Support groups**: Grief Explorations Support Group offered quarterly; Grief & the Arts Support Group, quarterly  
**Three Week Intro to Grief Group**: Mind, Body, Soul, bi-annually  
**Grief Movie Nights**: Using movies to move through grief  
**Annual Children's Grief Camp**: Camp Erin Hawaii (held in summer)  
**International Wave of Light**: A memorial for babies  
**Mind, Body, Soul**: Intro to Grief.  
**Yoga-Based**: Relax & Restore  
**Annual Memorial Service**: Circle of Remembrance offers the bereaved of the community an opportunity to express their grief & remember & honor their loved ones. Held in January.  

Fee: No Charge for any services. **For more information contact Hospice of Kona Community Services Center, 75-5925 Walua Road, Suite 102. (808) 324-7700, fax: (808) 324-7722**  
or number above or visit our website www.hospiceofkona.org

**HOSPICE MAUI (Maui)**  
400 Mahalani Street, Wailuku, HI 96793  
Phone: Beverly Lundquist, Psychosocial Services Supervisor (808) 244–5555, fax: (808) 244–5557  
Email: beverly.hospicemaui@gmail.com  
Website: www.hospicemaui.org  
Eligibility: Any person dealing with the loss of a loved one.  
Services: **H.E.A.L. (Help Ease a Loss) Bereavement Support Group**-meets weekly on Wednesday, 6:00 p.m.-7:30 p.m.; Tuesday 3:00 p.m.-4:30 p.m. on alternate weeks. Call for more information.  
**Reconnecting with Life After Loss Group** – a six week group meeting Thursdays from 5:30 p.m. to 7:30 p.m.
Kauai Hospice provides supportive services to anyone grieving the death of a loved one. Services include one on one support, peer support group meetings, bereavement buddies, information on grief & a children's grief program.

**Journey Through Grief** - a six week peer support group that brings individuals together once a week for six weeks. Registration is required. Contact Kauai Hospice for further info.

**Candle Lighting Memorial Service** - held annually the first Monday in December at the Immaculate Conception Church.

**Trees of Remembrance** - Runs from the Friday following Thanksgiving through Christmas at both Princeville & Kukui Grove Shopping Centers.

Fee: Free

**LANAI COMMUNITY HEALTH CENTER**
333 Sixth Street, PO Box 630142, Lanai City, HI 96763
Phone: Cori Takesue, Psy.D., Behavioral Health Specialist
For appointments (808) 565-6919
Email: CTakesue@lanaihealth.org
Website: www.lanaihealth.org

Eligibility: Individual (children, adolescents, & adults), Couples, & Family
Services: Grief, loss, & bereavement counseling, psycho-education, & consultation with tele-psychiatry.
Fee: We use insurance or sliding scale for uninsured Patients

**LIFE’S BRIDGES HAWAI‘I, INC.**
P.O. Box 1965, Līhu‘e, Hi 96766
Phone: Gina Kaulukukui, 808-651-6637
Email: lifes_bridges@yahoo.com

Eligibility: Anyone grieving the death of a loved one.
Services: Life’s Bridges is dedicated to bridging the gap between grief & healing by providing one on one counseling, bereavement buddies, specialized support groups & community education about death, grief & suicide prevention. Financial assistance to students’ academic achievements is now provided.

**BEST (Bridges Emergency Support Team)** dispatch by the Kaua‘i Police Department, BEST will go directly to the scene of any sudden & unexpected death & provide immediate support to the surviving family members 24 hours a day/7 days a week. Follow-up community support is also available to work, faith & school communities that may be impacted by the death.

**Good Grief Club** - this club is designed for children K through 5th grade & is held at various elementary schools around the island & is done in partnership with the Circle of Lights. Dates & locations vary.
BRIDGES – a support group for any parent who has had a child die regardless of the child’s age. This group meets the 3rd Tuesday of each month 6:00 p.m. – 8:00 p.m. @ Līhu‘e Plantation Building in Līhu‘e.

Heal the Hurt – a support group for those who have had a loved one die by suicide. For day/time please call 651-6637.

Fee: Free

Bereavement Network of Hawaii meets for in-services & networking. We meet from 1:00 p.m. to 3:00 p.m. on a Thursday (usually the 3rd), by arrangement.

**Next meeting:** Thursday, October 15, 2020, on Zoom.

For revisions, please contact a Bereavement Social Worker @ St. Francis Hospice at (808) 595-7566

St. Francis Hospice & Bereavement Network of Hawaii provides this list of resources for information purpose only, & not as an endorsement of those resources listed. This list is not all-inclusive. For additional resources in the community, please check with your health care professional, religious community, online, or the telephone book.

Updated 10.9.2020