

Public Advance Care Planning Classes

Hawai'i Pacific Health is offering free virtual Advance Care Planning Classes online.

Register and attend with your family and friends to learn the importance of advance care planning.

KEY AREAS OF DISCUSSION INCLUDE:

- Why it is important to have early conversations on your wishes with your loved ones
- How to complete an advance directive, understanding the role of a health care power of attorney and choosing wisely
- Reviewing the difference between an advance directive and Provider Order for Life-Sustaining Treatment (POLST) document
- Sharing the information with your loved ones and medical providers



PLEASE NOTE: At this time, classes are only available via Zoom virtual classroom. Register with your email address and you will receive a Zoom link. Registrations are limited.

VIRTUAL TRAINING DATES:



Online classes are available on the following dates and times:

- Thursday, March 17, 2022 from 12 p.m. to 2 p.m.
- Wednesday, May 18, 2022 from 5:30 p.m. to 7:30 p.m.

Where: Zoom class Cost: Free

Register today for this free event: <https://www.hawaiipacifichealth.org/acp-registration>.

If you have further questions, email Michelle Cantillo, RN, Advance Care Planning Coordinator at michelle.cantillo@hawaiipacifichealth.org or call **808-643-HOPE** and select Option 2 to speak with a navigator to learn more about this class.