

## Who is Kōkua Mau and how can we help you?



**Kōkua Mau** is the only organization in Hawai'i that supports and assists the health care professionals who work with people facing life limiting illness and their loved ones in one organization.

- Kōkua Mau provides networking with expert and experienced leaders, clinicians, educators, and advocates.
- Kōkua Mau offers tailored education opportunities in relation to palliative and end-of-life care through workshops, special speaker events, and seminars.
- Please sign up for our free monthly e-newsletter for updates on national and local news, events, trainings and workshops (including CME events).

As a community benefit organization, our purpose is to improve quality of life for people living in Hawai'i by promoting excellence in hospice, end-of-life, and palliative care, and early advanced care planning. We offer:

- Public and professional education
  - Advocacy and public policy
  - Statewide leadership
  - Promotion and fostering of a collaborative membership
  - Development of professional and organizational healthcare capacity
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## POLST, Free Advance Directive and Other Kōkua Mau Resources

Our website [www.kokuamau.org](http://www.kokuamau.org) offers up-to-date information on hospice and palliative care. It provides information and resources for people with life threatening illnesses and their caregivers, help for the bereaved, materials for professionals, and local and national news. Resources and written materials that can be downloaded as a pdf file or viewed online include:

- Information on POLST (Provider Orders for Life-Sustaining Treatment), including instructions for the public and for professionals as Kōkua Mau is the lead agency for implementing this essential legislation
  - Free advance directives
  - 5 booklet series on end-of life planning and care for caregivers (18 pages each)
  - "Breaking the Ice"- Personal Stories on End-of-life Issues" a locally produced DVD
  - "Living your Dying" an inspiring 57 min. DVD with the late Rev. Dr. Mits Aoki
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## Join Kōkua Mau

Our collaborative-driven membership includes hospice care providers, innovative hospitals, palliative care experts, educational institutions, and passionate community champions. Kōkua Mau creates a unity of practice and service where clinical providers, advocates, and collaborating organizations come together to exchange knowledge and resources and to guide the future of end-of-life care and support in the state of Hawai'i. Visit [www.kokuamau.org](http://www.kokuamau.org) and click on the "Join Kōkua Mau" button or call 808-585-9977 for more information.

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