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# KŌKUA MAU

*"Continuous Care"*

## Hawai'i Hospice and Palliative Care Organization

### Kōkua Mau eNewsletter

**Sept 2012**

Dear Jeannette

Thank you to all of you who already took the time to fill out our [2012 Community Survey](#). Please take a few minutes and do so if you haven't gotten a chance yet to give us your feedback.

Below are some events for the coming weeks.

#### **In This Issue**

[KM meeting Thur 9/27](#)

[BNOH Meeting 9/27 \(morning\)](#)

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#### **Kōkua Mau Monthly Meeting Sept. 27**

In the next meeting the Pain and Palliative Care Program team from Queen's Medical Center will be presenting about their different programs and initiatives to improve care in their facility. We will also be discussing how [POLST](#) is being integrated in EMR systems (PDF or not) and the importance of [advance directives](#) in light of the high profile case in the

#### **Quick Links**

[Kōkua Mau Calendar](#)  
[Kōkua Mau News](#)  
[Join Kōkua Mau](#)  
[POLST for Hawai'i Meeting Minutes](#)  
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#### **Featured Article**



**Help us meet our ambitious goal:**

**100 Kōkua Mau members for 2012!**

We have listened to your feedback. We are offering the Stakeholder KM [Membership](#) for 2012 starting at \$40 (\$25 for students or persons in training) per year. And yes - it is tax-deductible.

Membership is the backbone of Kōkua Mau's budget and helps us to be a financially sustainable organization. Just follow the steps outlined on our [website](#).

#### **Our Members**

media.

[Visit Our Members](#)

Meetings are open to all. The meetings are held: **Conference Room 224 of the Weinberg Building St. Francis Healthcare System of Hawaii, 2226 Liliha Street in Honolulu.**

[Join Our Mailing List!](#)

Parking is validated. Directions & details [on our website](#)

## **BNOH Quarterly Meeting 9/27**

The next quarterly Bereavement Network of Hawaii (BNOH) meeting is this month and will be held:

September 27, 2012 (Thursday)

11:00 a.m. to 1:00 p.m.

Hosted By: Hospice Hawaii

Borthwick Mortuary, 1330 Maunakea Street, Honolulu

The **guest speaker** is **Deborah Duda**, Author from Kauai who wrote "Coming Home - A practical & Compassionate Guide to caring for a Dying Loved One"

RSVP is requested by September 20, 2012 to ensure an appropriate number of seats and meals. Lunch will be provided by Hospice Hawaii.

Please reply via email to either [Luisa](#) at or by phone 547-8147 or [Wesley](#) or by phone 547-8129.

## **Hospice & Palliative Care table at Sr Fair Sept 29-31**

We have a great opportunity to talk with Senior Fair visitors about hospice and palliative care Sept 29-31 at the Blaisdell Center. We will have a table staffed by Kokua Mau as well as the 4 hospices on Oahu. No marketing will be done but rather this is a chance for people to explain to the thousands of visitors about hospice and palliative care is and who Kokua Mau is. We need volunteers to help staff the booth so if you have an hour or two to share, please let [Jeannette](#) know immediately. It will be fun and a good chance to learn about what the general public is thinking. Please let me know as soon as possible!!

## **Save the Date: Monday, Nov. 12, 2012 The Fine Art and Science of Pain & Palliative Care**

**Monday November 12  
The Queen's Conference Center**

## Featured Topics:

- Discussing Prognosis with Patients/Families
- Treatment Preferences with Patients or Families Who Want "Everything"
- Pain Management: Balancing Analgesia & Safety
- Challenges in Opiate Therapy for Patients with Chronic Pain

## Featured Faculty

### Timothy Quill, MD

Professor of Medicine, Psychiatry & Medical Humanities, University of Rochester  
School of Medicine & Dentistry, Rochester, New York

### Maureen Cooney DNP FNPBC

Nurse Practitioner/Clinical Nurse Specialist in Pain Management,  
Westchester Medical Center Valhalla, New York

For More Info: The Queen's Office of CME at (808) 691-7009 or by [email](#)

Download the [PDF of the flyer](#)

## Three mini conferences for family and informal caregivers

AARP Hawaii is pleased to announce three mini conferences for family and informal caregivers in October and November on Oahu. All events are free. Space is limited. People can register by phone (toll free) 1-877-926-8300, or online.

October 6, 2012 (Saturday): Faith Baptist Church

November 10, 2012 (Saturday): Filipino Community Center

November 14, 2012 (Wednesday): Ala Moana Hotel

Details [and registration links on our website](#)

## Our Community Survey

In this newsletter, we ask for your participation and your feedback. For a while we have been working on our Kōkua Mau [Community Survey 2012](#) (link). Your answers will be helpful in shaping our activities and scheduling, as well as setting priorities for our work, so please, be as honest as possible. Last but not least, we included text fields for your feedback, so we may identify unmet needs.

We anticipate this survey to be 10-15 minutes long. Please be assured

that this survey is intended to get your opinions only and your responses will remain confidential. Go to: [Kokua Mau Community Survey 2012 \(link\)](#)

## **New Kōkua Mau Materials: Tubefeeding, CPR and Advance Directive**

One of Kōkua Mau's main objectives is to help educate people about the decisions that need to be made when they, their family or loved ones are seriously ill.

We have 2 new brochures that we hope will help people to better understand key concepts of CPR and tube feeding. We also revised and updated the Advance Directives brochure. We hope that you can help with this distribution, so they can be widely used.

- [Tubefeeding](#)
- [Questions about CPR](#)
- Revised Booklet: [Your Advance Directive for Future Healthcare](#) (an additional two page check list to help complete an Advance Directive)

Aloha -  
Jeannette Kojane  
Executive Director

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