

Palliative Care - Key Resources for Hawai'i



KŌKUA MAU

"Continuous Care"

Hawai'i Hospice and Palliative
Care Organization

What is Palliative Care? Palliative care is specialized medical care for people with serious illnesses. This type of care is focused on providing patients with relief from the symptoms, pain, and stress of a serious illness - whatever the diagnosis.

The goal is to improve quality of life for both the patient and the family. Palliative care is provided by a team of doctors, nurses, and other specialists who work with a patient's other doctors to provide an extra layer of support. Palliative care is appropriate at any age and at any stage in a serious illness, and can be provided together with curative treatment.

What is Hospice Care? Hospice is a type of palliative care offered in the last six months of life and focuses on caring, not curing. In most cases, care is provided in the patient's home by an interdisciplinary team but also provided in in-patient and long-term care facilities. Hospice is covered under Medicare, Medicaid, and most private insurance plans and is provided on all islands. For more definitions of important terms, visit www.kokuamau.org/resources/definitions

HOSPICE

O'ahu:

Bristol Hospice	808-536-8012
Hospice Hawai'i	808-924-9255
Islands Hospice:	808-550-2552
St. Francis Hospice:	808-595-7566
Veterans Administration	808-433-7676
Hospice Hawai'i – Lana'i:	808-565-6777
Hospice Hawai'i – Moloka'i:	808-553-4310

Island of Hawai'i:

Hospice of Hilo:	808-969-1733
Hospice of Kona:	808-324-7700
North Hawai'i Hospice:	808-885-7547

Kaua'i Hospice:

808-245-7277

Maui:

Hospice Maui:	808-244-5555
Islands Hospice	808-856-8989

PALLIATIVE CARE

Hospital-based (Inpatient) Palliative Care Programs

- Castle Medical Center - 808-263-5253
- Kaiser Permanente - 808-432-7100
- Kapi'olani Medical Center for Women & Children - 808-983-6000
- Maui Memorial Medical Center, Palliative Care Coordinator - 808-442-5801
- North Hawaii Community Hospital - 808-881-4699
- Pali Momi Medical Center - 808-486-6000
- Straub Hospital and Clinic - 808-522-4000
- The Queen's Medical Center - 808-691-4726
- Wilcox Memorial Hospital (Kaua'i) - 808-245-1100

Community-Based (Outpatient) Palliative Care Programs

- Hawai'i Palliative Care, East Hawai'i Island - 808-969-1733
- HMSA Case Management Program - 808-944-7017 or 855-211-4527
- Kōkua Kalihi Valley Home-Based Palliative Care Services - 791-9410 (Kalihi Valley residents)
- Palliative Medicine Partners, Lihu'e, Kaua'i - 808-346-0455 or 645-0015
- St. Francis Hospice Palliative Care - 808-547-8068
- UHA Health Insurance Comfort Care - 808-532-4006 or 1-800-458-4600

Palliative care covers a variety of services for people and their caregivers to help relieve suffering. These lists cover resources across the palliative care continuum. To keep these as up to date as possible, there are pdf files that are easy to print and put in a binder. The same listing of the palliative care resources in this PDF files is at: www.kokuamau.org/services/caregiving

Grief and Bereavement Support (pdf 11 pages): The Bereavement Network of Hawaii maintains a comprehensive, constantly updated list of support groups and services in Hawai'i. Visit the Kōkua Mau Website for the Bereavement Support List as a PDF file.

Please click on the topic to access the PDF file (you need to be connected to the Internet to use this feature within this PDF file). Or go to: www.kokuamau.org/services/caregiving

Advance Care Planning:

A) Advance Directives: An advance directive is a written statement about your future medical care where you can appoint a healthcare power of attorney who can speak for you if you can no longer speak yourself. It is recommended that everyone complete an Advance Directive.

- Kōkua Mau's Advance Directive page: www.kokuamau.org/resources/advance-directives
- UH Elder Law: www.hawaii.edu/uhelp

B) What is POLST? POLST (Provider Orders for Life-Sustaining Treatment) is a provider's order that gives patients more control over their end-of-life care. It specifies the types of treatments that a patient wishes to receive towards the end of life. Completing a POLST form encourages communication between healthcare providers and patients, enabling patients to make more informed decisions. The POLST form documents those decisions in a clear manner and can be quickly understood by all providers, including first responders and emergency medical services (EMS) personnel. As a result, the patient's wishes can be honored across all settings of care. More information, including the POLST form, can be found at: www.kokuamau.org/polst

Overnight Respite (pdf 2 pages): Out of home overnight care facilities provide non-medical care for frail seniors in need of supervision, personal services, protection, assistance and guidance.

In Home Respite (pdf 3 pages): Temporary relief for caregivers provided in the home.

Other Respite Services (pdf 6 pages): This section lists other providers of temporary relief for caregivers, including overnight stays in facilities, in-home assistance, and may include housekeeping, shopping, and errands. Home health agencies provide skilled nursing services and other therapeutic services ordered by a physician to homebound patients.

Adult Day Care & Day Health (pdf 6 pages): Provides care outside the home. Participants have the opportunity to interact with others while being part of a safe and structured environment.

Support Groups in Hawaii (pdf 7 pages): Support groups on all islands for a variety of health issues, including those with a caregiver focus. Call for meeting details.

Cancer Support Groups in Hawaii (pdf 5 pages): Covers all islands. Call for meeting details.

Family History Compilers (pdf 2 pages): Create a visual personal biography and preserve your family mementos using photos and film.

Mortuaries in Hawaii: Please consult the list of the Funeral Consumers Alliance of Hawaii's extensive website.

Other Web Resources:

Hawaii Aging & Disability Resource Center website:	www.hawaiiadrc.org
Executive Office on Aging in Honolulu: 808-586-0100	www.health.hawaii.gov/eoa
Honolulu City and County's Elderly Affairs Division: 808-768-7700	www.elderlyaffairs.com
Office on Aging - County of Maui: 808-270-7774	www.mauicountyadrc.org
The County of Kauai Agency on Elderly Affairs (AEA): 808-241-4470	www.kauaiadrc.org
Hawaii County Office of Aging: Hilo: 808-961-8626 Kona: 808-323-4390	www.hcoahawaii.org

Please note: The list was compiled and updated by Kōkua Mau as a community service July 2014. Please call the number listed to find out details about the specific group or program. We need your help to maintain this list: Please send any additions or edits to: info@kokuamau.org. For additional resources, visit: <http://www.kokuamau.org/services/caregiving>.