Living your Dying: A DVD about Rev. Dr. Mits Aoki

This documentary film explores his personal journey interwoven with the

stories of four courageous individuals who faced the challenge of "living their dying" accompanied every step by Dr. Aoki. The 57-minute DVD produced by Lotus Film Productions is avail-



able from Kōkua Mau. (Didi Leong, Executive Producer and Robert Pennybacker, Director) **About Dr. Mitsuo Aoki:** He was a retired theologian, minister, college professor and founder of the University of Hawaii's Department of Religion. For over four decades Rev. Dr. Aoki had shown others how to experience death not merely as an end, but as a vital,

inseparable part of life. His commitment to taking the terror out of death has touched the consciousness of an entire community and made an indelible lasting imprint in Hawai'i.

Breaking the Ice: Personal Stories on End-of-Life Issues

A Kōkua Mau produced 8-minute video that is an excellent tool for starting advance care planning conversations. Personal stories from three local families illustrate the importance of advance directives, starting conversations about end-of-life issues and effective pain management.

Five Wishes® Advance Directive

Five Wishes® is an easy-to-use advance directive (AD), a legal document in which you name the person you want to make healthcare decisions for you (in the event you no longer can) and state your wishes for healthcare treatment. You do not need a lawyer or a notary to complete it.

For more information about (free) resources please visit our website: www.kokuamau.org/resources

	Unit Price		+ S/H	Sub-total	Your Order	We accept checks or money order. Please
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