

# A hands-on, in-depth POLST training for providers

Sat. March 28, 2015

12:30 - 4:30pm

Lunch and registration beginning at 11:30 am  
15 Craigsides Place, Honolulu

**Who should attend: All Professionals** especially providers who can complete and sign the form - Advance Practice Registered Nurses (APRNs) and Physicians.

Register now @ [www.kokuamau.org](http://www.kokuamau.org) (last day to register: 3/23)

Fee: \$40 Kōkua Mau Members

Fee: \$55 Non-Members

- **POLST: Which of my patients needs it and why?**
- **How can I start and carry on a POLST conversation?**
- **Can POLST help me meet my quality measures?**

➔ **Kōkua Mau, Hawai'i Hospice and Palliative Care Organization invites you to a 4 hour POLST (Provider Orders for Life-Sustaining Treatment) training.**

The purpose of this workshop is to improve the effectiveness of the POLST discussions. The workshop includes reviewing the POLST orders, initiating POLST and Advance Care Planning (ACP) conversations including ACP decision video aides tools and role-playing. The faculty are experts from our Hawaii community, all with direct experience of discussing and completing POLST. Agenda, faculty biographies and registration link on our website: [www.kokuamau.org](http://www.kokuamau.org)

## What is POLST?

In 2014 POLST legislation was passed giving signing privileges to APRNs and Physicians for a POLST. The Kōkua Mau website is the central source for POLST information for Hawai'i.

POLST is a portable medical order that gives patients more control over their end-of-life care. It specifies the types of treatments that a patient wishes to receive towards the end of life. Completing a POLST form encourages communication between healthcare providers and patients, enabling patients to make more informed decisions. POLST form documents those decisions in a clear manner and can be quickly understood by all providers, including first responders and emergency medical services (EMS) personnel. As a result, the patient's wishes can be honored across all settings of care.

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**Kōkua Mau**  
"Continuous Care"

Hawai'i Hospice and Palliative  
Care Organization