

## ***The Best Possible Care for our Patients – Supportive Care and Honoring Members End of Life Choices Using Video Decision Aids***

**Date:** Monday March 24

**Time:** 6:00 PM to 8:00 PM

**Location:** Kuakini Auditorium, Kuakini Hospital

Dinner will be provided

*Please RSVP by End of Day Monday 3/17 to Amanda Shaffer at [Amanda\\_Shaffer@HMSA.COM](mailto:Amanda_Shaffer@HMSA.COM) or 948-5156*

### **Target Audience: Front line leaders and care team members (Nurses and Social Workers)**

Please send three care team members per facility; contact us if you would like to send more.

### **Agenda**

- ***HMSA's Supportive Care Pilot***
  - Outpatient Palliative Care for Advanced Cancer and CHF Patients
  - Dr. Rae Seitz, HMSA Senior Medical Director
- ***Honoring Member Choices at End of Life Using Video Decision Aids***
  - Dr. Angelo Volandes, Harvard Medical School

### **Speaker Biographies**

**Dr. Seitz** is a medical director at HMSA where she is implementing innovative programs designed to improve the care of seriously ill people. Dr. Seitz was recently recognized as the one of top 30 Visionaries in Hospice and Palliative Medicine. Dr. Seitz has been a palliative care physician for over a decade. She received her MD from the John A. Burns School of Medicine and trained at the Harvard Medical School Palliative Care Education Faculty Scholar Program. At Kaiser Permanente, she had extensive experience developing outpatient and inpatient palliative care programs. Dr. Seitz has lectured and taught about palliative and hospice care issues both nationally and internationally, including in India, Guam, and Palau.

**Dr. Volandes** is on faculty at Harvard Medical School and Massachusetts General Hospital. He is a nationally recognized leader in advance care planning, shared decision making, end-of-life care and ethics. His videos ([www.ACPDecisions.org](http://www.ACPDecisions.org)) are widely used across the country in many health care systems. His work is supported by the National Cancer Institute, the National Heart, Lung and Blood Institute, the National Institute on Aging, and the Alzheimer Association. He received his BA in philosophy from Harvard College, his medical degree from the Yale School of Medicine, and a Masters of Public Health from the Harvard School of Public Health. Dr. Volandes completed residency in internal medicine at the University of Pennsylvania, and a fellowship in medical ethics at Harvard Medical School.

***For More Information- Please Turn Over.***

## Supportive Care Introduction

Many of our members choose disease-modifying medications and treatments instead of comfort-directed care, which offers high-quality symptom relief and resolution of spiritual, social, and psychological suffering. Now there's an option that combines both of these approaches. Recent data indicate that high-quality supportive care, also known as palliative care, can result in prolonged life and improve or maintain quality of life when combined with disease-modifying treatments. A 2007 study at Kaiser Hawaii reported that patients randomized to in-home palliative care:

- reported greater improvement in satisfaction with their care;
- were more likely to die at home than those receiving usual care; and
- were less likely to visit the emergency department or be admitted to the hospital than those receiving usual care

Journal of American Geriatric Society 55: 993–1000, 2007.

## Honoring Member End of Life Choices Using Video Decision Aids

In Hawai'i, there are significant opportunities to better honor people's preferences for end-of-life care, and we have a unique opportunity to make that happen. We know that the majority of Americans, when possible, want their care at the end of life to occur in their homes and that hospice-type care is preferred. Yet the Dartmouth Atlas reports that in 2010, nearly one-third (33%) of our Medicare members died in the hospital as opposed to 16% in Utah. The data also shows that in Hawai'i only 36% of these Medicare decedents were enrolled in hospice care, in stark comparison to the over 60% enrollment average seen in the top six performing states (UT, AZ, FL, DE, GA, and TX) in the country.

### The Video Decision Aid Library

ACP Decision's library of video decision aids supports the process of shared decision-making by helping patients with serious illnesses and their families envision what different treatment options will entail and how they will affect their quality of life. By actually viewing the treatments on video, they can learn about different treatment options and consider how the treatments align with their goals and values. The videos are easy-to-use tools designed to reinforce information from physicians and effectively inform patients about options for medical care.

ACP Decisions' videos have been field-tested at many health systems across the U.S., including Kaiser Permanente, the Hawaii Medical Service Association, Massachusetts General Hospital, and Memorial Sloan-Kettering Cancer Center. The videos are carefully crafted after undergoing rigorous review by leading experts in medicine, geriatrics, oncology, cardiology, ethics, and decision-making. The videos are filmed and produced by a team led by Dr. Volandes and Aretha Delight Davis, MD, JD, along with colleagues from around the country.