

Bereavement Network of Hawaii Resource List

SUPPORT GROUPS

<p>Adventist Health Castle Address: Adventist Health Castle: 640 Ulukahiki St, Kailua HI 96734 Phone: Chaplain Sara-May Colon, 808-263-5343 Email: colonsj@ah.org Website: www.adventisthealth.org/castle Eligibility: Open to all Services: Support Groups</p> <ul style="list-style-type: none">• Virtual Grief Support Group: 2nd & 4th Wednesday of the month, 6-7 pm on Zoom.• In Person Grief Support Group: 1st and 3rd Wednesday at 10-11 am in the chapel at AH Castle <p>Fee: Free</p>
<p>Angel On My Shoulder Survivor Loss Support Address: 98-626 Moanalua Loop #107, Aiea, HI 96701 Phone: Pua Kaninau-Santos, MSW, 808-271-8582 Email: pkshawaii@gmail.com Website: oahupshawaiiitaskforce.org Eligibility: Loss of a loved one by suicide. All ages. Services: Support Groups</p> <ul style="list-style-type: none">• Monthly group meets 3rd Wednesday, 5:30-7 p.m.• Debrief for primary `Ohana members. Grief, loss, & bereavement counseling, grief-education, & consulting. *Specializes in suicide prevention education & training. <p>Fee: Call for information</p>
<p>Bristol Hospice Address: 55 Merchant Street Suite 2900 Honolulu, HI 96813 Phone: 808-536-8012 Email: Bonyen Colunga, Bereavement Coordinator, bonyen.colunga@bristolhospice.com Joseph Eppink, Bereavement Coordinator, joseph.eppink@bristolhospice.com Angela Quito, Bereavement Coordinator, angela.quito@bristolhospice.com Website: www.bristolhospice.com Eligibility: Anyone who is grieving the loss of a loved one. Services: Support Groups.</p> <ul style="list-style-type: none">• <i>Kapi`olani Support Group:</i> Meets by large fountain, 1st & 3rd Wed at 9:30 am• <i>Veteran & Families Support Group:</i> Meets at Oahu Veterans Center, 4th Tue at 9:30 am• <i>Coping with Loss & Grief (Online):</i> Contact Bonyen for link, 3rd Tue at 10 am• <i>Understanding Grief (Online):</i> Contact Angela for link, 2nd & 4th Thur at 6 pm• <i>Men's Grief Support Group (Online):</i> Contact Joseph for link, 2nd & 4th Wed at 7 pm• <i>Children's Support Group - Ages 6-11 (Online):</i> Contact Joseph for link, 1st Thur at 4 pm• <i>Teen's Support Group - Ages 12-18 (Online):</i> Contact Joseph for link, 1st Thur at 7 pm• <i>LGBTQ+ Support Group (Online):</i> Contact Joseph for link, 4th Sun at 7 pm• <i>A Step Toward Healing Group (Online):</i> Contact Joseph for link, 3rd Sun at 7 pm <p>Fee: Free</p>

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<p>Compassionate Friends Address: N/A Phone: David Kaniaupio, Honolulu Chapter Co-Leader, 808-222-6556 Terry Kaniaupio, Honolulu Chapter Co-Leader, 808-222-2729 Patti Kaneshiro, Hilo Chapter Leader, (808) 937-7523 Email: kaniaupiotcf@gmail.com (Honolulu Chapter) easthawaiiitcf@yahoo.com (Hilo Chapter) Website: National: www.compassionatefriends.org Honolulu: www.compassionatefriendshawaii.org Eligibility: N/A Services: Self-help groups assist parents & siblings with adjustments to grief/loss.<ul style="list-style-type: none">Honolulu meetings are the first Saturday of every month 10:00 a.m. – 11:30 a.m. at The Parish of St Clement, 1515 Wilder Ave, Honolulu, Hawaii 96822. These meetings are both virtual and in-person.Hilo meetings are on the 4th Wednesday of each month at Hilo United Methodist Church, 374 Waianuenue Avenue from 5-6:30 pm These meetings are both virtual and in-person.Fee: Free</p>
<p>Family Bereavement Support Group Address: N/A Phone: Sandra Pohl, 808-226-4787 Email: creativeartshi8@gmail.com Website: N/A Eligibility: Family members who have lost a loved one through death. Services: Monthly support group meets every 2nd Sunday of every month, 2:00p.m. – 3:30p.m. at Downtown Art Center (DAC), Chinatown Gateway Plaza, 1041 B Nuuanu Ave, 2nd floor. Facilitated by Donna Wallace and Charlie Chong. Fee: Free. (Street parking fee on Sundays. Municipal Parking lot is on Bethel Street past King Street)</p>
<p>GriefShare Kaneohe Address: First Presbyterian Church: 45-550 Kionaole Road, Kaneohe, HI 96744 Phone: Church office: 808-532-1111 Marianna Meachen 808-225-8448 Email: marianna@fpchawaii.org Website: www.griefshare.org or www.fpchawaii.org Eligibility: Anyone who has lost a loved one to death. Services: This is a faith-based, non-denominational, Christ-centered 13 week program that facilitates healing & recovery from grief. Sessions stand alone; participants may join at any time. Three series a year. We meet at First Presbyterian Church of Honolulu at Ko’olau. Date/time of the meeting may vary. Please contact the church office or the facilitator listed above for the current meeting date/time. Fee: Free (includes workbook)</p>
<p>GriefShare Pearl City Address: Leeward Community Church: 1860 Komo Mai Drive, Pearl City, HI 96782 Phone: Mel Tanoue: 808-551-4773 Email: mtanoue@leewardcommunitychurch.org</p>

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Website: www.griefshare.org

Eligibility: Anyone who has lost a loved one to death.

Services: This is a 13-week grief recovery support group. Includes videos, discussion, and personal recovery tips through your workbooks. At GriefShare you will find a safe, comforting place where you can talk with others about your grief. You'll find support, direction, and guidance on how to make it through.

Fee: Free (includes workbook)

GriefShare Wahiawa

Address: Grace Moore Kimata Center at Wahiawa United Methodist Church, 1445 California Ave., Wahiawa, HI 96786

Phone: Jim Higa (Chair): 808-232-3992

Jaylina Abuy (Church Secretary): 808 622-4361

Email: jameshhiga@hawaiiantel.net

Website: www.wahiawaumc.org

Eligibility: Open to all island residents who have lost a loved one to death.

Services: Grief Share is a Christian based, nondenominational program that covers grief & facilitates the road to recovery. It is a 13-week session support group of members who have experienced bereavement. Each session includes a video seminar & small group discussion. There is also a special one-day "Surviving the Holiday" session.

Fee: Free (includes workbook & access to extensive library of grief related books)

Islands Hospice

Address: 820 Mililani St. Suite 400 Honolulu, HI 96813

Phone: Chaplain Patrick Rooney, Director of Bereavement & Volunteer Services (808) 550-2552, fax: (808) 550-2551

Email: N/A

Website: www.islandshospice.com or Ho'oulu 'Aina: www.hoouluaina.com

Eligibility: All people of all ages in the community who are grieving the loss of a loved one.

Services: Bereavement support groups for adults (Must RSVP).

- *C4 Christ Centered Community Church at Kahala Mall:* 1st & 3rd Monday, 1-2 pm. 2nd & 4th Monday, 5-7 pm. 1st & 3rd Thursday, 11-12 pm. 2nd & 4th Thursday 5-7 pm.
- *Hope Chapel Mililani Church Office at 95-390 Kuahelani Ave:* Please contact Tim Greseth for more information (#808-594-8243). Last Thursday of the Month, 9:30-10:30 am.
- *Legacy Community Christian Church at 1020 Keolu Dr. (Kailua):* Please contact Brennon Kirstein for more information (#808-476-3781). 1st & 3rd Friday of the Month, 10-11 am.
- *Magic Island at 1365 Ala Moana Blvd:* At end of parking lot, walk toward the grassy area, we meet under a large tree, look for Islands Hospice sign. We have extra chairs, bring one if you have one. Please contact Elizabeth Lewin (#808-202-4473) for more information. 1st & 3rd Wednesday of the month – 9 to 10 am.
- *Mililani presbyterian Church at 95-410 Kuahelani Ave (Mililani):* Please contact Glenn Scheib for more information (#808-779-8100).

Fee: N/A

Kids Hurt Too Hawaii

Address: 245 N. Kukui St. Suite #102, Honolulu, HI 96817

Phone: 808-545-LOVE (5683)

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Email: Executive Director, Walker Rowsey: walker@kidshurttoo.org
Hiro Ito, MSW, Program Director: hiro@kidshurttoo.org

Website: www.kidshurttoo.org

Eligibility: Youth ages 3 to 19 (and their families) who have been separated from one or both parents, and any family member because of death, divorce, incarceration, abandonment, DV, & CAN

Services: Support Groups (Online till further notice)

- Peer support groups and group mentoring activities for children, teens, and their caregivers through our Healing Young Hearts Program
- Workshops and training
- Crisis intervention after violent death

(Online educational resources at facebook.com/kidshurttoo)

- *Children in Care:* Bi-monthly group for children who are in foster care, kinship care, guardianship, and adoption. (1st and 3rd Monday night from 6-8 pm)
- *General Death:* Bi-monthly group for children with deceased family members including one or both parents, siblings, or grandparents. (1st and 3rd Thursday night from 6-8pm)
- *Loss from Separation:* Monthly group for children who are separated from a parent due to divorce, domestic violence, incarceration, deployment, or deportation of one or more family member(s). (1st Tuesday of the month from 6-8pm)
- *Loss from Death:* Monthly group for children who have experienced the death of one or more family member(s). (2nd Tuesday of the month from 6-8pm)
- *General Loss:* Monthly group for any kind of loss or separation from one or more family member(s). (2nd Wednesday night of the month from 6-8pm)
- *Suicide Support Group:* Monthly group for families who had a family member(s) die from suicide.
- *Homicide Support Group:* Monthly group for families who had a family member(s) die from homicide.

Fee: Families need to be registered before participation. Please call: groups are subject to change

Let Grace In

Address: P.O. Box 1783 Aiea, HI 96701

Phone: Gabby Gouveia 808-451-3660

Email: gabby@letgracein.org

Website: www.letgracein.org

Eligibility: Parents and siblings grieving the death of their child/baby/sibling.

Services: Monthly therapeutic events, HOPE retreats (4 days, 3 nights and donations are appreciated), & the Grief Recovery Method evidenced based educational programs (7-week 1:1 program offered).

Fee: No charge for monthly gatherings. Scholarships available for Hope Retreats & Grief Recovery Method programs. ♥

Medical Aid in Dying Bereavement Support Group

Address: Online/Zoom

Phone: Joy Rodriguez, 808-853-0621

Email: joydrodriguez@yahoo.com

Website (facilitators): honoluludeathdoula.com & leilanimaxera.com

Eligibility: Open to any family member or loved one of someone who chose to access Medical Aid in Dying in Hawai'i

Services: Monthly support group via Zoom the last Sunday of the month, 6-8pm

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(Sponsored by A Sacred Passing and registration can be found at asacredpassing.org/events. Services are also provided as an end-of-life doula)

Fee: Free

Make Today Count (Sponsored in part by The American Cancer Society)

Address: Nuuanu Congregational Church: 2651 Pali Highway, Honolulu, HI 96817

Phone: Jenny Hausler at 808-455-3242 or 808-368-4594

Email: jenhausler@hotmail.com

Website: www.cancer.org

Eligibility: Open to the community. No children, but teenagers are accepted.

Services: Meetings held the 3rd Saturday of every month 10-12noon (on pause at the moment)

Fee: Free

Malama Ola

Address: P.O.Box 30273, Honolulu, HI 96820

Phone: Claudine Takatsuka, Bereavement Coordinator, 808-543-1188

Email: claudine@malamaolacares.com

Website: <https://malamaolacares.com>

Eligibility: Open to all and Malama Ola families

Services: Offers grief, loss & bereavement education & support online. Contact Claudine for more information

Fee: Free

Mali Bella Foundation

Address: 501 Kealahou St., Unit A51, Honolulu, HI 96825

Phone: Sejal Megill at 808-388-2520

Email: malibellafoundation@gmail.com

Website: www.malibellafoundation.org

Eligibility: Providing hope, healing & support for bereaved families.

Services: Monthly Grief Support Meetings, Monthly Healing Heart Events, Web Chat Feature, Online Support Group & Resources.

Fee: Free

Mommies Monday Mourning

Address: N/A

Phone: Luisa Wyant, L.C.S.W. at 808-753-2547 (call or text)

Email: Luisa@fullyAlive.info

Website: N/A

Eligibility: Mom of any age whose child (of any age) has preceded them in death. Important to call Luisa in advance to be prequalified and learn of any possible prerequisites.

Services: Monthly Virtual Group- Usually the 3rd Monday of each month 5:15-6:30 pm

Fee: Most insurances cover

Navian Hawaii (formerly Hospice Hawaii)

Address: 860 Iwilei Road, Honolulu, HI 96817

Phone: Danielle Baksic, MS, LMHC-I, Bereavement Counselor, 808-779-6318

Email: bereavement@navianhawaii.org

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<p>Website: www.navianhawaii.org</p> <p>Eligibility: Anyone who has experienced the death of a loved one.</p> <p>Services: Individual grief support by appointment, bereavement support groups for adults, consultation/support for death in the workplace, schools, & the community.</p> <ul style="list-style-type: none">• Virtual Grief Support Group: Meets 4th Wednesday of every month 5:30pm – 6:30pm• See attached link for registration or email bereavement@navianhawaii.org for registration)• Annual Memorial Service: refer to Navian Hawaii website for further details. <p>Fee: No Fee to participate in virtual sessions, for 1:1 individual grief support session (3) no cost sessions are available.</p>
<p>Pet Loss Support Group</p> <p>Address: Hawaiian Humane Society: 2700 Waiialae Avenue, Honolulu, HI 96826 & 91-1945 Fort Weaver Road, 'Ewa Beach, HI 96706</p> <p>Phone: Skylar Geasey: 808-356-2222, fax: 955-6034</p> <p>Email: outreach@hawaiianhumane.org</p> <p>Website: www.hawaiianhumane.org</p> <p>Eligibility: General public (Children under 16 should be accompanied by an adult)</p> <p>Services: This group offers information & emotional support for those who are grieving the loss of an animal. The group meets once a month on the 1st Tuesday of each month, 6:30-7:30 pm (virtual: Email outreach@hawaiianhumane.org to reserve a spot)</p> <p>Fee: Free</p>
<p>St. Francis Hospice</p> <p>Address: N/A</p> <p>Phone: 808-595-7566</p> <p>Email: Bereavement@stfrancishawaii.org; Monica Bailey-Jubé, LSW: Mbailey@stfrancishawaii.org Kelly Acuña, LSW: Kacuna@stfrancishawaii.org</p> <p>Website: www.stfrancishawaii.org</p> <p>Eligibility: Anyone grieving the death of a loved one.</p> <p>Services: Support services aimed at meeting the needs of grieving individuals and their families. Services include grief support group meetings, 1:1 counseling sessions (based on need), memorial events, educational materials and resources. (Call or email for more information)</p> <ul style="list-style-type: none">• <i>Town Meeting:</i> Meets on the third Wednesday of the month from 10-11:30 am located at St. Francis Liliha Campus• <i>West Meeting:</i> Meets on the third Friday of the month from 10-11:30 am located at St. Francis Kapolei office <p>Fee: Free</p>
<p>Star of the Sea Healing Hearts Ministry</p> <p>Address: 4470 Aliioka Street, Honolulu, HI 96821</p> <p>Phone: Teddy Adorable: 808-395-4585 Debbie Galipeau: 808-734-7106</p> <p>Email: Teddy Adorable: tadorable@hawaii.rr.com Debbie: dgalipeau@msn.com</p> <p>Website: http://www.staroftheseahonolulu.com/</p> <p>Eligibility: N/A</p>

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Services: Bereavement Support Group for those actively grieving; meetings are on Saturdays from 1-3 pm. "Seasons of Hope" are four 6 week sessions per year. Please email Teddy or Debbie for their schedule and for more information.

Fee: Free

AGENCIES

Borthwick Mortuary

Address: 1330 Maunakea St. Honolulu, HI 96817

Phone: Mel Kalahiki: 808-522-5200, fax: 808-522-5206

Email: Mel Kalahiki: melvin.kalahiki@dignitymemorial.com

Ennilee Anulao: ennilee.anulao@dignitymemorial.com

Website: www.dignitymemorial.com

Eligibility: General Public

Services: Provides literature & videos for bereavement support. "Picking Up the Pieces" program is a series providing assistance & support in coping with the death of a loved one. Topics vary from the death of a child, suicides, & unexpected deaths.

Fee: Free

HUGS

Address: 3636 Kilauea Avenue, Honolulu, HI 96816

Phone: 808-732-4846, Fax: 808-732-4881

Email: info@hugshawaii.org

Website: www.hugshawaii.org

Eligibility: Seriously ill children & their families.

Services: A wide range of peer support services for seriously ill children & their families, plus bereavement support to these families. HUGS provides financial assistance, which can be for airfares, food, diapers, etc. They also do hospital visits for pediatric patients

Fee: Free

Kokuu Mau, "A Movement to Improve Care"

Address: P. O. Box 62155, Honolulu, HI 96839

Phone: Jeannette Koiwane, 808-585-9977

THANEmail: Email: info@kokuuamau.org; jkoiwane@kokuuamau.org

Website: www.kokuuamau.org

Eligibility: Services are open to everyone, membership grants a discount for educational activities.

Services: Speaker's Bureau, educational materials, resources & training related to hospice, POLST (Provider Orders for Life-Sustaining Treatments), end-of-life care, palliative care & early advance care planning on all islands. For free monthly E-newsletter, write to info@kokuuamau.org.

Fee: Nominal fees for training materials. Speaker's Bureau - Donations requested, if possible.

Legacy of Life Hawai'i

Address: 405 N. Kuakini Street, Suite 810, Honolulu, HI 96817

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Phone: 808-599-7630, Fax: 808-599-7631

Felicia Wells-Williams, RN, Dir. of Family Services, (808) 585-3412, Toll Free (877) 855-0603

Email: familyservices@legacyoflifehawaii.org

Website: www.legacyoflifehawaii.org

Eligibility: Family members of Hawaii's organ, tissue, & eye donors.

Services: Provide support & follow-up care for donor families. Provide information related to organ, tissue, & eye donation. Please call for information.

Fee: Free

Lili'uokalani Trust

Address: Kipuka Ko'olau Poko: 46-316 Haiku Rd. Kaneohe, HI 96744

Kipuka Wai'anae: 87-1876 Farrington Hwy., Wai'anae, HI 96792

Phone: Kipuka Ko'olau Poko (East O'ahu): N. Kamala Yogi: 808-466-8172

Kipuka Wai'anae (West O'ahu): Kristi Medeiros: 808-466-8166

Email: East Oahu: N. Kamala Yogi: nyogi@onipaa.org

West Oahu: Kristi Medeiros: kmediros@onipaa.org

Website: www.onipaa.org

Eligibility: The Trust serves "orphaned and destitute children" in the State of Hawai'i with preference given to those of Native Hawaiian ancestry. Orphaned and destitute children can be defined as a child grieving the loss of one or both parents through death or separation.

Services: Our Social Services Team offers case management, counseling, social-emotional groups, and family strengthening groups. We address loss or grief due to death or absence of a parent, trauma-related issues, emotional behavioral needs of a child, and family conflict.

Fee: N/A

MADD (Mother's Against Drunk Driving-Victim Services)

Address: 745 Fort Street, Suite 303, Honolulu, HI 96813

Phone: Theresa Paulette at 808-532-6233/532-6232

Email: Theresa.Paulette@madd.org; hi.state@madd.org

Website: www.madd.org/hawaii

Eligibility: Those who have been injured or lost a loved one to a drunk-/drugged-driving crash or any type of homicide.

Services: Support

- Emotional support, bereavement literature, & assistance/advocacy with the criminal justice system, & attorney/counselor/community resource referrals.
- Referral to professional counseling, monthly support group for those who have lost a loved one to a drunk-/drugged-driving crash or any type of homicide.
- Provide a virtual Victim Impact Panel for DUI offenders mandated by traffic courts on a quarterly basis. 24 hour Victim Helpline Toll free 1-877-MADD-HELP (1-877-623-3435)

Fee: Free and Confidential

May Day Counseling, LLC

Address: c/o Ike Pono Medical Billing Hawaii: 1600 Kapiolani Blvd., #524 Honolulu, HI 96814

Phone: Carol Anne Gordon, LCSW, 901-249-0463

Email: LCSWcag@protonmail.com

Website: N/A

Eligibility: Adult individuals suffering from grief, as well as depression and/or anxiety.

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<p>Services: Via TeleHealth only, access to TeleHealth via a computer (not a phone) with video and microphone is needed. Able to serve clients who are physically located in Hawai'i, North Carolina, Florida, and Guam.</p> <p>Fee: Most insurance plans accepted, as are Out of Network and Out of Pocket fees. Free 15-minute initial TeleHealth session provided for client and therapist to connect and determine rapport.</p>
<p>Reid Richards Foundation "Napuaokamakaola" Address: P.O. Box 61526, Honolulu, HI 96839 Phone: Roberta Richards, 808-220-3491 Email: lele8864@hawaii.rr.com Website: www.reidrichardsfoundation.com Eligibility: Loss of biological parent or caregiver through death. Services: We provide academic scholarships to students who have lost a biological parent or caregiver through death. All information can be found on our website. Fee: N/A</p>
<p>Samaritan Counseling Center Hawai'i Address: 1020 South Beretania Street, Honolulu, HI 96814. Phone: Rachelle Chang, 808-545-2740, fax: 808-545-2852 Lori Besignano, 808-545-2740 Email: info@samaritanhawaii.org, admin@samaritanhawaii.org Website: www.samaritancounselingcenterhawaii.org Eligibility: Anyone in need of counseling services Services: Professional counseling that integrates spiritual & religious beliefs into the therapeutic process. We serve children, adults, & families on Oahu. First United Methodist Church - 1020 Beretania St. (main office) and the Pearl City Community Church, Pearl City. Home visits are also available for the homebound. They also provide telehealth by Zoom on a case-by-case basis. Fee: We accept insurance from HMSA, United Healthcare, UHA, HMA, Quest, UBH, Tricare, HMAA, AlohaCare, EAP's & others. The Center also offers a sliding fee scale & has a Client Assistance Fund, (supported by charitable donations) which makes services affordable for all.</p>
<p>Survivor Outreach Services (SOS) & Tragedy Assistance Program for Survivors (TAPS) Address: Survivor Outreach Services, ACS, 371 Brannon Rd. Bldg. 663 Schofield Barracks, HI 96857 Phone: Jessica Nutz, 808-787-4296 Email: jessica.nutz.civ@mail.mil Website: www.armymar.com/programs-and-services/personal-assistance/survivor-outreach Eligibility: All Survivors being the spouses, children, parents, siblings, & friends grieving the loss of military personnel regardless of how they died. Services: Provides long-term support, resources & emotional connections to the military for the bereaved. Fee: Call for information</p>
<p>The Society of Military Widows, Aloha Chapter Address: 107 Imaka Place, Wahiawa, Hawaii 96786 Phone: N/A</p>

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Email: N/A

Website: www.militarywidows.org

Eligibility: Widows of career military personnel. Must possess military I.D.

Services: This active local chapter offers information, social activities & general support.

Fee: Call for information

Visitor Aloha Society of Hawaii – V.A.S.H.

Address: Waikiki Shopping Plaza, 2250 Kalakaua Avenue, Suite 403-3, Honolulu, Hawaii 96815

Phone: Jessica Lani Rich, President & CEO, 808-926-8274, fax: 808-926-0500

Email: Jrich.vash@gmail.com

Website: www.visitoralohasocietyofhawaii.org

Eligibility: Visitor victims of crime, medical emergencies, critical incidents, accidents, or other adversities. Must have a round-trip ticket.

Services: Bereavement support & comfort in times of crisis. We also offer counseling. We assist with referrals for ground transportation; & mortuaries; assist with changes in hotel, car, & airline reservations; & more.

Fee: Free

INDIVIDUALS

Erik Acuna, L.C.S.W.

Address: Aiea Medical Building, 99-128 Aiea Heights Drive, Suite 109, Aiea, HI 96701
Remington College Building, 1111 Bishop Street, Room 512, Honolulu, HI 96813

Phone: 808-445-1858

Email: acuna.au@gmail.com

Website: N/A

Eligibility: Adults & Families

Services: Offers counseling for all forms of grief & loss, relationship issues, anxiety & depression. Has extensive experience working with people with severe mental illness & trauma symptoms. Therapeutic approach is based in psychodynamic therapy & client-centered therapy. Integrates Trauma Center-Trauma Sensitive Yoga, EMDR, & Dialectical Behavior Therapy when appropriate & if wanted.

Fee: Most Insurance Accepted

Richard Hennessey, L.C.S.W.

Address: Church of the Crossroads, 1212 University Ave., Honolulu, HI 96826

Phone: 808-372-1219

Email: rhawareness@yahoo.com

Website: N/A

Eligibility: Individuals, Couples, Families (Not taking new therapy clients at this time)

Services: Specializes in grief work using mindfulness, & teaches Mindfulness-Based Stress Reduction (MBSR) to address grief, anxiety, panic, depression, anger, as well as, HBP, sleep disturbance, chronic pain, & life-threatening illness. Also, offers workshops and book studies on the

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<p>spiritual mindfulness-related work of Anthony de Mello. Additional resources about MBSR and Anthony de Mello work are also available. Fee: Most Insurance Accepted</p>
<p>Leilani Maxera, L.C.S.W. Address: N/A Phone: 808-353-8554 Email: leilani.maxera.therapy@gmail.com Website: www.kaipuokualoku.com Eligibility: Individuals & Groups; adults. Services: Individual therapy, grief counseling, and death doula services; individual support, group sessions, incident debriefing, and memorials for social service and healthcare staff who are dealing with death, grief, and trauma in the workplace; pro bono Medical Aid in Dying capacity evaluations and grief support for loved ones of those who have chosen MAiD. Services offered via Zoom and other telehealth platforms for all islands. Fee: Sliding scale for private pay; HMSA PPO & HMSA QUEST accepted for insurance</p>
<p>Richard I. Ries, Psy.D.M.S.Ed. Address: 1188 Bishop Street, Suite 3110, Honolulu, HI 96813 Phone: 808-295-3999, fax: 808-521-4466 Email: miko_ries@yahoo.com Website: N/A Eligibility: Children (7 & above), adolescents, adults & older adults, families Services: Hospice psychotherapy, Grief & loss, Caregiver Resiliency support & gold-standard Trauma treatment. Therapeutic approaches include Emotion-focused Therapy, Gestalt, CBT & Existential Psychotherapy with an emphasis on client spirituality/cosmology or adherence to a scientific or pragmatic view towards reconciliation/healing. Fee: Most insurance accepted (HMSA, UHA, HMAA, Tricare, Medicare & others)</p>
<p>George F. Rhoades, Jr., Ph.D. Address: Ola Hou Clinic, 98-084 Kamehameha Hwy., Suite 306, Aiea, HI 96701 Phone: 808-487-5433, fax: 808-487-5444 Email: dr.grhoades@gmail.com; olahouclinic@gmail.com Website: N/A Eligibility: Children, adolescents, adults, & their families. Services: Grief counseling for children, adolescents, & adults as well as general child, adolescent, & adult counseling. Specializing in the treatment of trauma, dissociation & anger management. They also provide trauma/grief presentations to groups to understand trauma and healing from trauma. He has worked in 35 countries in the area of trauma with the non-profit group, "Roads to Hope". Fee: Most Insurance Accepted</p>
<p>Luisa C.O. Wyant, L.C.S.W. Address: N/A Phone: Office: 808-394-2800, Cell: 808-753-2547, Fax: 808-394-2826 Email: N/A Website: N/A Eligibility: Individuals of all ages & their Ohana</p>

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Services: Serving Griefers & Caregivers in East Honolulu and the Windward side, via Zoom or face-to-face, socially distanced.

- Specialized Support for caregivers, private & professional; Mobile service for grief counseling, if pre-planned.
- Grief Support Group: Mommies Monday Mourning, 3rd Mon. of each month, 4:30 – 6:00pm
This group is for moms whose child (of any age) has died. Call ahead for details.

Fee: HMAA, HMSA, Tricare accepted. Also sliding scale, if appropriate. Please call the office for assistance and scheduling.

HOSPICE, INDIVIDUALS & AGENCIES: Neighbor Islands

HAWAII-BIG ISLAND

Hawai'i Care Choices – Formerly Hospice of Hilo (Hawai'i)

Address: 1011 Waianuenue Avenue, Hilo, HI 96720–2019

Phone: Laura Dvorak, Community Bereavement Counselor/Coordinator (808) 969–1733, fax: (808) 969–4863

Email: LDvorak@hawaiicarechoices.org or jroach@hawaiicarechoices.org

Website: www.hawaiicarechoices.org

Eligibility: Anyone in East Hawaii experiencing the death of a loved one.

Services: Individual counseling, support groups, workshops & trainings offered throughout the year. Referrals as needed.

- Community Grief Support Group: Tuesdays at 11 am on Zoom-with one in-person session per 8 weeks (March 19-May 7, May 28-July 16, Aug 6-Sept 24, Oct 15-Dec 3, 2024)
- Men's Grief Group (in-person): Tuesdays from 4-5:30 pm, February 20-April 9, 2024
- Ohana Nights: June-Sept 2024, 5-7 pm
- Camp Ohana: 9 am-4 pm, October 19, 2024
- Children's Bereavement Group: 5-week after-school series on Tuesdays (April 23-May 21, 3:30-4:30 pm and Sept 3-Oct 1, 3:30-4:30 pm)
- Walking Through Grief (Outdoor Support Group- 6 week series): In-person, meets outdoors using nature based and mindfulness techniques. Moderate walking involved. Thursdays, May 2-June 6, 4-5:30 pm.
- Celebration of Life: May 26, 2024 at Reed's Bay
- Healing Through the Holidays: Mondays, Nov 18-Dec 23, 4-5:30 pm
- Keiki Holiday Party: Thursday, Dec 5, 2024
- Season of Light at Wailoa State Park: Wednesday, Dec 11, 2024

Fee: N/A

Hospice of Kona & Maluhi Grief Center (Hawai'i)

Address: P.O. Box 4130, Kailua Kona, HI 96745

Phone: Dennis Sloan, MSW, Director of Bereavement Services, 808 324-7700

Email: dsloan@hospiceofkona.org

Website: www.hospiceofkona.org

Bereavement Network of Hawaii Resource List

Eligibility: Anyone, community or hospice family, who is experiencing the loss of a loved one.

Services: Individual counseling for adults & children, support groups, workshops, & educational evenings. (Please call to schedule an appointment prior to attending any group)

- Ongoing Monthly Support groups: Those Who Have Lost a Child -1st Saturday of the month, noon - 1:30 p.m.; Spouse Loss Group - 1st Monday of the month, noon-1:30 p.m.
- Eight Week Support groups: Grief Explorations Support Group offered quarterly;
- Grief Movie Nights: Using movies to move through grief for adults and children;
- Annual Children's Grief Camp: Camp Erin Hawaii
- Grief & the Holidays in December.
- Annual Memorial Service: Circle of Remembrance offers the bereaved of the community an opportunity to express their grief & remember & honor their loved ones. Held in January.

Fee: No charge for any services. For more information contact Hospice of Kona Community Services Center, 75-5925 Walua Road, Suite 102. (808) 324-7700, fax: (808) 324-7722 or number above or visit our website www.hospiceofkona.org

North Hawaii Hospice (Hawai'i)

Address: 65-1328 Kawaihae Road, Kamuela, HI 96743

Phone: Faith Gilley, MA, Bereavement Coordinator (808) 885-7547

Email: faith.g@northhawaiihospice.org

Website: www.northhawaiihospice.org

Eligibility: Anyone who is experiencing or has experienced the loss of a loved one.

Services: Adult individual & group grief support, caregivers support, children & adolescents.

- Adult Grief Support Group meets on the 2nd and 4th Mondays of each month at Tutu's House. Registration for the group is required.
- Employee grief education and support groups at school campus can be arranged upon request.
- Occasionally community presentations on dementia, etc. are available.
- They also have a lending library and a Community Lending Closet.

Fee: There is no charge for any services, though donations are appreciated. For more information, contact North Hawaii Hospice at 808-885-7547.

KAUAI

Kauai Hospice (Kauia)

Address: 4457 Pahe'e Street, Lihue, HI 96766

Phone: Ari Brun, Community Liason 808-245-7277, fax: (808) 245-5006

Email: info@kauaihospice.org

Website: www.kauaihospice.org

Eligibility: Any person dealing with the death of a loved one.

Services: Kauai Hospice provides supportive services to anyone grieving the death of a loved one. Services include one on one support, peer support group meetings, bereavement buddies, information on grief & a children's grief program.

- Journey Through Grief - a six-week peer support group that brings individuals together once a week for six weeks. Registration is required. Contact Kauai Hospice for further info.

Bereavement Network of Hawaii Resource List

- Candle Lighting Memorial Service - held annually the first Monday in December at the Immaculate Conception Church.

Fee: Free

Life's Bridges Hawai'i, Inc. (Kauai)

Address: P.O. Box 1965, Līhu'e, HI 96766

Phone: Gina Kaulukukui, 808-651-6637

Email: N/A

Website: www.healinglivesbridgeshawaii.org

Eligibility: Anyone grieving the death of a loved one.

Services: Life's Bridges is dedicated to bridging the gap between grief & healing by providing one on one counseling, bereavement buddies, specialized support groups & community education about death, grief & suicide prevention. Financial assistance to students' academic achievements is now provided.

- BEST (Bridges Emergency Support Team) dispatch by the Kaua'i Police Department, BEST will go directly to the scene of any sudden & unexpected death & provide immediate support to the surviving family members 24 hours a day/7 days a week. Follow-up community support is also available to work, faith & school communities that may be impacted by the death.
- Good Grief Club - this club is designed for children K through 5th grade & is held at various elementary schools around the island & is done in partnership with the Circle of Lights. Dates & locations vary.
- BRIDGES – a support group for any parent who has had a child die regardless of the child's age. This group meets the 3rd Tuesday of each month 6:00 p.m. – 8:00 p.m. @ Līhu'e Plantation Building in Līhu'e.
- Heal the Hurt – a support group for those who have had a loved one die by suicide. For day/time please call 808-651-6637.

Fee: Free

LANAI

Lanai Community Health Center (Lanai)

Address: 333 Sixth Street, PO Box 630142, Lanai City, HI 96763

Phone: (808) 565-6919

Email: N/A

Website: www.lanaihealth.org

Eligibility: Individual (children, adolescents, & adults), Couples, & Family

Services: Grief, loss, & bereavement counseling, psycho-education, & consultation with tele-psychiatry.

Fee: We use insurance or sliding scale for uninsured patients

MAUI

Hospice Maui (Maui)

Bereavement Network of Hawaii Resource List

Address: 400 Mahalani Street, Wailuku, HI 96793

Phone: Beverly Lundquist, Psychosocial Services Supervisor (808) 244-5555

Email: blundquist@hospicemaui.org, Susan Pirsch, LMFT, Bereavement Coordinator, spirsch@hospicemaui.org

Website: www.hospicemaui.org

Eligibility: Any person dealing with the loss of a loved one.

Services: H.E.A.L. (Help Ease a Loss) Bereavement Support Group-meets weekly on Wednesday, 6:00 p.m.-7:30 p.m.; Tuesday 3:00 p.m.-4:30 p.m. on alternate weeks. They also provide individual bereavement support, Navigating Grief during the Holidays, HFA Living with Grief webinar and have a variety of resource materials including a small lending library. Call the number above for more information. Time-limited individual counseling is also available.

Fee: Free

Mari Kanemura, L.C.S.W.

Address: Good Grief Clinic, 1742 Kaahumanu Ave, Wailuku, Maui, HI 96793

Phone: 808-364-9391

Email: mari.kanemura@gmail.com

Website: N/A

Eligibility: Women

Services: Individual therapy for grief & loss, depression, anxiety, trauma, abuse, and adjustment disorders. Cognitive Behavioral Therapy and Acceptance Commitment Therapy, integrated with Christianity and faith when applicable. In-person and telehealth options available for Maui, Molokai, Lanai, Oahu, Kauai and Hawaii island.

Fee: Insurance accepted: HMSA, Kaiser, HMAA, UHA, UHC, Blue Cross Blue Shield, Medicaid/Quest

Na Keiki O Emalia (Maui)

Address: PO Box 1137, Wailuku, HI 96793

Phone: Carole Zoom, Executive Director, 808-214-9832

Email: contact@nkoemaui.org

Website: <https://nkoemaui.org/>

Eligibility: For children 6-18 who are grieving the death of a parent, sibling, or another person important to them

Services: Peer-to-peer support groups in person and virtually with trained facilitators in schools and community settings. Training for community organizations on working with grieving children in their organizations. Information on groups on our website.

Fee: Free

Bereavement Network of Hawaii Resource List

Bereavement Network of Hawaii is a community of grief workers that gather together to share resources and support our community. Meets in-person and virtually. If interested in joining or participating in the Bereavement Network of Hawaii feel free to reach out.

2024 Calendar of Gatherings

April 18 (virtual) 12-1 pm

July 18 (in-person at Borthwick Mortuary) 11-1 pm

September 5 (virtual) 12-1 pm

November 7 (in-person at Adventist Health Castle) 11-1 pm

For revisions or more information, please contact: Sara-May Colon (colonsj@ah.org) or Felicia Marquez-Wong (feliciamw808@gmail.com)

Bereavement Network of Hawaii provides this list of resources for informational purpose only and not as an endorsement of those resources listed. This list is not all-inclusive. For additional resources in the community, please check with your health care professional, religious community, online, or the telephone book.

Updated: June 2024 (by SMC)