

Bereavement Network of Hawaii

I. SUPPORT GROUPS

Adventist Health Castle

640 Ulukahiki St, Kailua HI 96734

Phone: Chaplain Sara-May Colon, 808-263-5343

Email: Colonsj@ah.org

Website: www.adventisthealth.org/castle

Eligibility : Open to all

Services : Support Groups

Virtual Grief Support Group: 2nd & 4th Wednesday of the month, 6:00pm-7:00pm @ the Wellness Center. Beyond the Grief Support Group with Navian Hawaii: meets the 2nd Friday of the month, 1:00pm-3:00pm @ the Wellness Center.

Fee: Free

ANGEL ON MY SHOULDER SURVIVOR LOSS SUPPORT

98-626 Moanalua Loop #107, Aiea, HI 96701

Phone: Pua Kaninau-Santos, MSW, 808-271-8582

Email: pkshawaii@gmail.com

Website: oahupshawaiitaskforce.org

Eligibility: Loss of a loved one by suicide. All ages.

Services: Virtual monthly group meets 4th Wednesday, 6-7:30 p.m.

Debrief for primary `Ohana members. Grief, loss, & bereavement counseling, grief education, & consulting. *Specializes in suicide prevention education & training.

Fee: Call for information.

Bristol Hospice

55 Merchant Street Suite 2900 Honolulu, HI 96813

Phone: 808-536-8012

Email: Angela Quito, Bereavement Coordinator, angela.quito@bristolhospice.com

Bonyen Colunga, Bereavement Coordinator, bonyen.colunga@bristolhospice.com

Xotchil Sueoka, Bereavement Coordinator, xotchil.sueoka@bristolhospice.com

Jon Gabriel, Bereavement Coordinator, jon.gabriel@bristolhospice.com

Website: www.bristolhospice.com

Eligibility: Anyone who is grieving the loss of a loved one.

Services: Individual & family counseling by appointment and grief support groups

Let's Talk About Your Grief, In-person meeting at Ala Moana Beach Park at Magic Island, Site 11, every 1st and 3rd Wednesday of the month from 9:30 - 10:30 am.

Please feel free to bring something to sit on, such as a blanket or beach chair.

Contact Angela Quito to RSVP.

Stars & Stripes Grief Support Group, Six-week sessions to explore grief and share experiences with other Veterans and Veterans' families who have experienced the death of a loved one. Meetings will be held virtually every Tuesday from 10 - 11am via Microsoft Teams. Pre-registration required. Please email Angela Quito. *Future sessions for 2022: Feb. 1- March 8; March 22 - April 26; May 10- June 14; June 28-Aug. 02; Aug. 16 - Sept. 20.*

Understanding Grief, Join online or by phone, every Tuesday at 6pm. Contact Angela Quito for meeting access and information.

Bereavement Network of Hawaii

Men's Grief Support Group, Online Meeting, 2nd & 4th Wednesday of every month at 7-8 p.m. Email Joseph for details and passcode. joseph.eppink@bristolhospice.com or #808-726-3079

Fee: Free.

COMPASSIONATE FRIENDS

Phone: David & Terry Kaniaupio, Chapter Co-Leaders, (DK)808- 222-6556, (TK) 808-222-2729,

Email: kaniaupio tcf@gmail.com

Patti Kaneshiro, **Hilo Chapter** Leader, (808) 937-7523

Email: easthawaii tcf@yahoo.com

Website: National: www.compassionatefriends.org

Honolulu: www.compassionatefriendshawaii.org

Services: Self-help groups assist parents & siblings with adjustments to grief/loss.

Oahu meetings are the first Saturday of every month 10:00 a.m. – 11:30 a.m. at The Parish of St Clement, 1515 Wilder Ave, Honolulu, Hawaii 96822. On pause at this time.

Hilo meetings are on the 4th Wednesday of each month at Hilo United Methodist Church, 374 Waianuenue Avenue from 5:00 p.m.–6:30 p.m. On pause at this time.

Fee: Free

FAMILY BEREAVEMENT SUPPORT GROUP

Phone: Sandra Pohl, 808-226-4787

Email: creativeartshi8@gmail.com

Eligibility: Family members who have lost a loved one through death.

Services: Monthly support group meets every second Sunday of every month, 2:00p.m. – 3:30p.m. at Downtown Art Center (DAC), Chinatown Gateway Plaza, 1041 B Nuuanu Ave, 2nd floor. Facilitated by Donna Wallace and Charlie Chong.

Fee: Free. Street parking fee on Sundays. Municipal Parking lot is on Bethel Street past King Street.

GRIEFSHARE

First Presbyterian Church, 45-550 Kionaole Road, Kaneohe, HI 96744

Phone: Church office: 808-532-1111

Sissi Tran-Copeland (661)-220-0441

Email: griefshare@fpchawaii.org

Marianna Meachen 225-8448

Email: marianna@fpchawaii.org

Website: www.griefshare.org or www.fpchawaii.org

Eligibility: Anyone who has lost a loved one to death.

Service: This is a faith-based, non-denominational, Christ-centered 13 week program that facilitates healing & recovery from grief. Sessions stand alone; participants may join at any time. Three series a year. We meet at First Presbyterian Church of Honolulu at Ko'olau Golf Course. Date/time of the meeting may vary. Please contact the church office or one of the facilitators listed above for the current meeting date/time.

Fee: \$15.00 suggested donation for the workbook.

GRIEFSHARE

Grace Moore Kimata Center at Wahiawa United Methodist Church, 1445 California Ave., Wahiawa, HI 96786

Phone: Jim Higa (Chair) 808-232-3992 & Dina Cornwall (Church Secretary) 808-622-4361

Email: jameshiga@hawaiiantel.net

Website: www.wahiawaumc.org

Eligibility: Open to all island residents who have lost a loved one to death.

Bereavement Network of Hawaii

Services: Grief Share is a Christian based, nondenominational program that covers grief & facilitates the road to recovery. It is a 13-week session support group of members who have experienced bereavement. Each session includes a video seminar & small group discussion. There is also a special one-day "Surviving the Holiday" session.

Fee: Free - includes workbook & access to an extensive library of grief related books

HONORING GRIEF & SELF-CARE

Downtown Art Center, Chinatown Gateway Plaza, 1041 B Nuuanu Ave., 2nd floor, Honolulu, HI 96813

Email: Felicia Marquez-Wong at FeliciaMW808@gmail.com

Eligibility: Monthly support & activities for those adjusting to the loss of loved ones.

Services: **May 21, 2023**, then every third Sunday of the month in 2023, 1:30 - 3 pm.

Fee: Email registration is required. \$10 donation for art supplies.

ISLANDS HOSPICE

1301 Young Street, Suite 300, Honolulu, HI 96814

Chaplain Sally Handley, Director of Bereavement & Volunteer Services

Phone: (808) 550-2552, fax: (808) 550-2551

Email: Shandley@islandshospice.com

Website: www.islandshospice.com

Eligibility: All people of all ages in the community who are grieving the loss of a loved one.

Services: Bereavement support groups for adults. Must RSVP.

Magic Island:

First & Third Wednesday of each month, 9 a.m.
Group meets at Magic Island at the grassy area by the parking lot
Magic Island, Honolulu

Kaneohe:

Second Tuesday of each month at 10 a.m.
Aloha Nursing & Rehab Center
45-545 Kamehameha Hwy
Kaneohe, HI 96744

Kapolei:

First & Third Monday of each month at 4:30 p.m.
Ilima at Leihano
739 Leihano Street
Kapolei, HI 96707

In your time of healing, Islands Hospice welcomes you to Kokua Kalihi Valley Ho'oulu 'Aina. This is a welcoming place of refuge where people of all cultures sustain & propagate the connections between the health of the land & the health of the people. This will be a time to join others in personal healing while restoring precious land. Ho'oulu 'Aina offers a unique way to process your loss outdoors by gardening, digging, or simply sharing stories. Visit www.hoouluaaina.com for more details.

KIDS HURT TOO HAWAII

245 N. Kukui St. Suite 203, Honolulu, HI 96817

Phone: 808-545-LOVE (5683) Executive Director, Cynthia White, MAE:
exectivedirector@kidshurttoo.org, Hiro Ito, MSW, Program Director:
hiro@kidshurttoo.org, Teejay Tom, Program Coordinator: teejay@kidshurttoo.org

Website: www.kidshurttoo.org

Bereavement Network of Hawaii

- Eligibility: Youth ages 3 to 19 (and their families) who have been separated from one or both parents, and any family member because of death, divorce, incarceration, abandonment, DV, & CAN.
- Services: 1) Peer support groups and group mentoring activities for children, teens, and their caregivers through our Healing Young Hearts Program; 2) Workshops and training; 3) Crisis intervention after violent death. 4) Online educational resources at facebook.com/kidshurttoo
- Grief Support Groups:** Families need to be registered before participation. Please contact Hiro or Teejay at 808-545-LOVE (5683) to set up an intake appointment.
- Eligibility: All grieving children and their family member(s)
- “Children in Care”** is a bimonthly group for children who are in foster care, kinship care, guardianship, and adoption. (1st and 3rd Monday night from 6pm to 8pm)
- “General Death”** is a bi-monthly group for children with deceased family members including one or both parents, siblings, or grandparents. (1st and 3rd Thursday night from 6pm to 8pm)
- “Loss from Separation”** is a monthly group for children who are separated from a parent due to divorce, domestic violence, incarceration, deployment, or deportation of one or more family member(s). (1st Tuesday of the month from 6pm to 8pm)
- “Loss from Death”** is a monthly group for children who have experienced the death of one or more family member(s). (2nd Tuesday of the month from 6pm to 8pm)
- “General Loss”** is a monthly group for any kind of loss or separation from one or more family member(s). (2nd Wednesday night of the month from 6pm to 8pm)
- “Suicide Support Group”** is a monthly group for families who had a family member(s) die from suicide.
- “Homicide Support Group”** is a monthly group for families who had a family member(s) die from homicide.
- Please call regarding as groups are subject to change. Until further notice all groups are online.
- Fee: Free to children and families; service fees for training and workshops. Donations accepted.

LET GRACE IN

P.O. Box 1783 Aiea, HI 96701

Phone: Gabby Gouveia 808- 451-3660

Email: gabby@letgracein.org

Website: Letgracein.org

Eligibility: Anyone grieving the loss of a **child** -- perinatal loss to young adulthood.

Services: Monthly therapeutic support groups (virtual during Covid), HOPE retreats (whole day/weekend), & the Grief Recovery Method evidenced based educational programs (7-week 1:1 program offered virtually during Covid, & group programs coming in 2021).
Fee: No charge for monthly gatherings. Scholarships available for Hope Retreats & Grief Recovery Method programs.♥

MEDICAL AID in DYING BEREAVEMENT SUPPORT GROUP

Online via Zoom

Phone: Joy Rodriguez, 808-853-0621

Email: joydrodriguez@yahoo.com

Websites of the facilitators: honoluludeathdoula.com & leilanimaxera.com

Bereavement Network of Hawaii

Eligibility: Open to any family member or loved one of someone who chose to access Medical Aid in Dying in Hawai'i
Services: Monthly support group via Zoom the last Sunday of the month, 6-8pm
Fee: Free

MAKE TODAY COUNT (Sponsored in part by THE AMERICAN CANCER SOCIETY)

Nuuanu Congregational Church, 2651 Pali Highway, Honolulu, HI 96817
Phone: Jenny Hausler at 808-455-3242 or 808-368-4594 Email: jenhausler@hotmail.com
Website: www.cancer.org
Eligibility: Open to the community
Services: Meetings held the 3rd Saturday of every month 10:00 a.m. – 12:00 noon at Nuuanu Congregational Church, 2651 Pali Highway are on pause at this time.
Fee: Free

MALAMA OLA

P.O.Box 30273, Honolulu, HI 96820
Phone: Dorthea Caldwell, Bereavement Coordinator, 808-543-1188
Email: dorthea@malamaolacares.com
Website: <https://malamaolacares.com>
Eligibility: Open to all
Services: Monthly Meetings offering Grief & Loss & Bereavement Education & Support.
Every 4th Wednesday of the month from 12-1 pm and from 6-7 pm
First Meeting for Fall 2022: September 28th, 2022
Fee: Free. Contact Dorthea (Dot) for more information.

MALI BELLA FOUNDATION

501 Kealahou St., Unit A51, Honolulu, HI 96825
Phone: Sejal Megill, 808-388-2520 Email: malibellafoundation@gmail.com
Website: www.malibellafoundation.org
Services: Providing hope, healing & support for bereaved families.
Monthly Grief Support Meetings, Monthly Healing Heart Events, Web Chat Feature,
Online Support Group & Resources.
Fee: Free

NAVIAN HAWAII (formerly Hospice Hawaii)

860 Iwilei Road, Honolulu, HI 96817
Phone: Tara Yamauchi-Lum, L.M.F.T. and
Donna Ellyson, L.S.W., Bereavement Counselor, 808-924-9255
Email: bereavement@navianhawaii.org
Website: www.navianhawaii.org
Eligibility: Anyone who has experienced the death of a loved one.
Services: Bereavement support groups for adults & children, & consultation/support for death in the workplace, schools, & the community.

Virtual meets 2nd & 4th Friday of the month, 1:00p.m-3:00 pm via Zoom.

Virtual meets on the fourth Wednesday of the month, 7– 9:00 p.m. via Zoom.

Virtual Family Night meets 2nd Thursday every other month 6-7:30 pm

Please email bereavement@navianhawaii.org to RSVP for the Zoom link.

Night to Remember Memorial Service scheduled for October, date TBD.

Bereavement Network of Hawaii

Molokai Adult Grief Support Group meets every Thursday from 2 to 4 PM at the Molokai Community Center, 30 Oki Place, Kaunakakai. Contact: (808) 553-4310.

PET LOSS SUPPORT GROUP

Hawaiian Humane Society, 2700 Waiialae Avenue, Honolulu, HI 96826

Phone: Shelly Cromono 808-356-2222, fax: 955-6034

Email: outreach@hawaiianhumane.org

Website: www.hawaiianhumane.org

Eligibility: General public. Children under 16 should be accompanied by an adult.

Services: This group offers information & emotional support for those who are grieving the loss of an animal. The group meets once a month on the 1st Tuesday of each month, 6:30 p.m. – 7:30 p.m. at the Hawaiian Humane Society, 2700 Waiialae Avenue. Call to reserve a seat.

Fee: Free

ST. FRANCIS HOSPICE

Phone: (808) 595-7566

Email: Bereavement@stfrancishawaii.org

Website: www.stfrancishawaii.org

Eligibility: Anyone grieving the death of a loved one.

Services: Support services aimed at meeting the needs of grieving individuals and their familie. Services include grief support group meetings, one-on-one supportive individual sessions (based on need), memorial events, educational materials, referrals and resources.

Virtual support group: Meets via Microsoft Teams every third Friday of the month from 10 am -11:30 am.

In-person support group: Meets on the third Wednesday of the month from 10am-11:30am located at st. Francis Liliha campus

Fee: Free

STAR OF THE SEA HEALING HEARTS MINISTRY

4470 Aliioka Street, Honolulu, HI 96821

Phone: Teddy Adorable 808-395-4585

Email: tadorable@hawaii.rr.com

Phone: Debbie Galipeau 808-734-7106

Email: dlgalipeau@msn.com

Website: <http://www.staroftheseahonolulu.com/>

Services: Bereavement Support Group for those actively grieving; meetings every Saturday from 1-3p.m. are on pause.

Fee: Free

TEMPLE EMANU-EL GROUP FOR GRIEF & CAREGIVER RESILIENCY

2550 Pali Hwy, Honolulu, HI 96817. Office is closed, leave messages.

Phone: Rabbi Ken Aronowitz 808-595-7521 ext. 3270 Email: rabbi@shaloha.com

Services: Weekly Bereavement & Caregiver Support Group working with themes of loss, anticipatory loss, healing, heart-opening & finding meaning. (New time to be announced).

Fee: Free

II. AGENCIES

Bereavement Network of Hawaii

BORTHWICK MORTUARY

1330 Maunakea Street, Honolulu, HI 96817

Phone: Mel Kalahiki, 808-522-5200, fax: 808-522-5206

Email: melvin.kalahiki@dignitymemorial.com

Ennilee Anulao

Email: ennilee.anulao@dignitymemorial.com

Eligibility: General Public

Services: Provides literature & videos for bereavement support. "Picking Up the Pieces" program is a series providing assistance & support in coping with the death of a loved one. Topics vary from the death of a child, suicides, & unexpected deaths.

Fee: Free

HUGS

3636 Kilauea Avenue, Honolulu, HI 96816

Phone: 808-732-4846, Fax: 808-732-4881

Email: info@hugshawaii.org

Website: www.hugshawaii.org

Eligibility: Seriously ill children & their families.

Services: A wide range of peer support services for seriously ill children & their families, plus bereavement support to these families.

Fee: Free

KOKUA MAU, "A Movement to Improve Care"

P. O. Box 62155, Honolulu, HI 96839

Phone: Jeannette Kojane, 808-585-9977 Email: info@kokuamau.org,

jkoijane@kokuamau.org

Website: www.kokuamau.org

Eligibility: Services are open to everyone, membership grants a discount for educational activities.

Services: Speaker's Bureau, educational materials, resources & training related to hospice, POLST (Provider Orders for Life-Sustaining Treatments), end-of-life care, palliative care & early advance care planning on all islands. For free monthly E-newsletter, write to info@kokuamau.org.

Fee: Nominal fees for training materials. Speaker's Bureau - Donations requested, if possible.

LEGACY OF LIFE HAWAII

405 N. Kuakini Street, Suite 810, Honolulu, HI 96817

Phone: (808) 599-7630, Fax: (808) 599-7631

Email: familyservices@legacyoflifehawaii.org

Felicia Wells-Williams, RN, Director of Family Services, 585-3412

Carol Anne Gordon, MSW, Family Services Coordinator, 599-7630

Website: www.legacyoflifehawaii.org

Eligibility: Family members of Hawaii's organ, tissue, & eye donors.

Services: Provide support & follow-up care for donor families. Provide information related to organ, tissue, & eye donation. Please call for information.

Fee: Free

LILI'UOKALANI TRUST

Phone: **East Oahu:** 808-235-7613, Ka`ai`ai Paglinawan, 46-316 Haiku Rd. Kaneohe, HI 96744

Email: jpaglinawan@onipaa.org; Dave Ogata, dogata@onipaa.org; Nicole Yogi, nyogi@onipaa.org

West Oahu: 808-668-2314, 87-1876 Farrington Hwy., Wai`anae, HI 96792

Bereavement Network of Hawaii

Yuki Lei Tanaka-Pabo, Email: YTanakaPabo@onipaa.org, [Kristi Medeiros, kmedeiros@onipaa.org](mailto:kmedeiros@onipaa.org)

Neighbor Island available.

Website: www.onipaa.org

Eligibility: Part-Hawaiian & Hawaiian orphans, ages 0 – 18, & the destitute. The Trust defines an orphan with one or both parents are deceased.

Services: Wide range of resources & counseling, including grief support.

MADD (MOTHERS AGAINST DRUNK DRIVING - VICTIM SERVICES)

745 Fort Street, Suite 303, Honolulu, HI 96813

Phone: Theresa Paulette at 808-532-6233/532-6232 fax:808- 532-6004

Email: Theresa.Paulette@madd.org; hi.state@madd.org

Website: www.madd.org

Eligibility: Those who have been injured or lost a loved one to a drunk-/drugged-driving crash or any type of homicide.

Services: Emotional support, bereavement literature, & assistance/advocacy with the criminal justice system, & attorney/counselor/community resource referrals. Referral to professional counseling, monthly support group for those who have lost a loved one to a drunk-/drugged-driving crash or any type of homicide. We provide a Victim Impact Panel for DUI offenders mandated by traffic courts on a quarterly basis. 24 hour Victim Helpline Toll free 1-877-MADD-HELP (1-877-623-3435)

Fee: Free & confidential

REID RICHARDS FOUNDATION “NAPUAOKAMAKAOLA”

P.O. Box 61526, Honolulu, HI 96839

Phone: Roberta Richards, 808-220–3491

Email: lele8864@hawaii.rr.com

Services: We provide academic scholarships to students who have lost a biological parent or caregiver through death. All information can be found on our website:

www.reidrichardsfoundation.com

SAMARITAN COUNSELING CENTER HAWAII

1020 South Beretania Street, Honolulu, HI 96814.

Phone: Rachele Chang, 808-545–2740, fax: 808-545–2852

Email: info@samaritanhawaii.org

Website: www.samaritancounselingcenterhawaii.org

Eligibility: Anyone in need of counseling services

Services: Professional counseling that integrates spiritual & religious beliefs into the therapeutic process. We serve children, adults, & families in six community locations on Oahu. First United Methodist Church - 1020 Beretania St. (main office) ; Honpa Hongwanji Betsuin Hawaii, Pali Highway; Waiokeola Congregational Church - Kahala; Windward UCC - Kailua; Our Lady of Sorrows Catholic Church - Wahiawa; Pearl City Community Church, Pearly City. Home visits are also available for the homebound.

Fee: We accept insurance from HMSA, United Healthcare, UHA, HMA, Quest, UBH, Tricare, HMAA, AlohaCare, EAP's & others. The Center also offers a sliding fee scale & has a Client Assistance Fund, (supported by charitable donations) which makes services affordable for all.

SURVIVOR OUTREACH SERVICES (SOS) & TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS (TAPS)

Survivor Outreach Services, ACS, 371 Brannon Rd. Bldg. 663 Schofield Barracks, HI 96857

Phone: Jessica Nutz, 808-787-4296

Email: jessica.nutz.civ@mail.mil

Bereavement Network of Hawaii

Website: www.armymar.com/programs-and-services/personal-assistance/survivor-outreach
Eligibility: All Survivors being the spouses, children, parents, siblings, & friends grieving the loss of military personnel regardless of how they died.
Services: Provides long-term support, resources & emotional connections to the military for the bereaved.
Fee: Call for information

THE SOCIETY OF MILITARY WIDOWS, ALOHA CHAPTER

107 Imaka Place, Wahiawa, Hawaii 96786

Website: www.militarywidows.org
Eligibility: Widows of career military personnel. Must possess military I.D.
Services: This active local chapter offers information, social activities & general support.
Fee: Call for information

VISITOR ALOHA SOCIETY OF HAWAII – V.A.S.H.

Waikiki Shopping Plaza, 2250 Kalakaua Avenue, Suite 403-3, Honolulu, Hawaii 96815

Phone: Jessica Lani Rich, President & CEO, 808-926-8274, fax: 808-926-0500

Email: Jrich.vash@gmail.com

Website: www.visitoralohasocietyofhawaii.org

Eligibility: Visitor victims of crime, medical emergencies, critical incidents, accidents, or other adversities. Must have a round-trip ticket.

Services: Bereavement support & comfort in times of crisis. We also offer counseling. We assist with referrals for ground transportation; & mortuaries; assist with changes in hotel, car, & airline reservations; & more.

Fee: Free

III. INDIVIDUALS

ERIK ACUÑA, L.C.S.W.

Aiea Medical Building, 99-128 Aiea Heights Drive, Suite 109, Aiea, HI 96701 &

Remington College Building, 1111 Bishop Street, Room 512, Honolulu, HI 96813

Phone: 808-445-1858

Email: acuna.au@gmail.com

Eligibility: Adults & Families

Services: Offers counseling for all forms of grief & loss, relationship issues, anxiety & depression. Has extensive experience working with people with severe mental illness & trauma symptoms. Therapeutic approach is based in psychodynamic therapy & client-centered therapy. Integrates Trauma Center-Trauma Sensitive Yoga, EMDR, & Dialectical Behavior Therapy when appropriate & if wanted.

Fee: Most insurance accepted.

RICHARD HENNESSEY, L.C.S.W.

Church of the Crossroads, 1212 University Ave., Honolulu, HI 96826

Phone: 808-372-1219

Email: rhawareness@yahoo.com

Eligibility: Individuals, Couples, Families

Services: Specializes in grief work using mindfulness, & teaches Mindfulness-Based Stress Reduction (MBSR) to address anxiety, panic, depression, anger, as well as, HBP, sleep disturbance, chronic pain, & life-threatening illness. Individuals, couples, & group counseling.

Fee: Most insurance accepted.

Bereavement Network of Hawaii

MARI KANEMURA, L.C.S.W.

752 Lower Main St. Wailuku, Maui, HI 96793

Phone: 808-364-9391

Email: mari.kanemura@gmail.com

Eligibility: Children, adolescents, adults, & their families.

Services: Grief counseling for children, adolescents, & adults coping with the death of a loved one, divorce, trauma, physical & sexual abuse. Therapeutic approaches with children include play therapy, sand tray therapy, & art therapy. Approaches with adolescents & adults include cognitive behavioral therapy & strengths-based approach to treating the whole person.

Fee: Most insurance accepted

LEILANI MAXERA, L.C.S.W.

Website: kaipuokauaaloku.com

Phone: 808-353-8554

Email: leilani.maxera.therapy@gmail.com

Eligibility: Individuals & Groups; adults.

Services: Individual therapy and grief counseling; support services, group sessions, incident debriefing, and memorials for social service and healthcare staff who are dealing with death, grief, and trauma in the workplace. Services offered via Zoom for all islands.

Fee: Sliding scale.

RICHARD I. RIES, Psy.D. M.S.Ed.

1188 Bishop Street, Suite 3110, Honolulu, HI 96813

Phone: 808-295-3999, fax: 808-521-4466

Email: miko_ries@yahoo.com

Eligibility: Children (7 & above), adolescents, adults & older adults, families

Services: Hospice psychotherapy, Grief & loss, Caregiver Resiliency support & gold-standard Trauma treatment. Therapeutic approaches include Emotion-focused Therapy, Gestalt, CBT & Existential Psychotherapy with an emphasis on client spirituality/cosmology or adherence to a scientific or pragmatic view towards reconciliation/healing.

Fee: Most insurance accepted (HMSA, UHA, HMAA, Tricare, Medicare & others)

GEORGE F. RHOADES, JR., Ph.D.

Ola Hou Clinic, 98-084 Kamehameha Hwy., Suite 306, Aiea, HI 96701

Phone: 808-487-5433, fax: 808-487-5444

Email: dr.grhoades@gmail.com; olahouclinic@gmail.com

Eligibility: Children, adolescents, adults, & their families.

Services: Grief counseling for children, adolescents, & adults as well as general child, adolescent, & adult counseling. Specializing in the treatment of trauma, dissociation & groups for anger management.

Fee: Most insurance accepted.

LUISA C.O. WYANT, L.C.S.W.- Serving Griefers & Caregivers in East Honolulu and the Windward side, via Zoom or face-to-face, socially distanced.

Phone: Office: 808-394-2800, Cell: 808-753-2547, Fax: 808-394-2826

Eligibility: Individuals of all ages & their Ohana

Services: Specialized Support for caregivers, private & professional; Mobile service for grief counseling, if pre-planned.

Grief Support Group: Mommies Monday Mourning, 3rd Mon. of each month, 4:30 –

6:00pm This group is for moms whose child (of any age) has died. Call ahead for details.

Fee: HMAA, HMSA, Tricare accepted. Also sliding scale, if appropriate. Please call the office for assistance and scheduling.

Bereavement Network of Hawaii

IV. HOSPICE & AGENCIES – NEIGHBOR ISLANDS

HAWAII

HAWAII CARE CHOICES – formerly HOSPICE OF HILO (Hawaii)

1011 Waianuenue Avenue, Hilo, HI 96720–2019

Phone: Laura Dvorak, Community Bereavement Counselor/Coordinator (808) 969–1733, fax: (808) 969–4863

Email: LDvorak@hawaiicarechoices.org or jroach@hawaiicarechoices.org

Website: www.hawaiicarechoices.org

Eligibility: Anyone in East Hawaii experiencing the death of a loved one.

Services: Individual counseling, support groups, workshops & trainings offered throughout the year. Referrals as needed.

Adult Support Groups:

Daytime Grief Support Group (ongoing) meets on Tuesday 11 a.m. on Zoom. Next group begins August 30, 2022 and runs for 8 weeks, with additional dates below:

Nov. 8 - Dec. 27, 2022, Jan. 17- Mar. 7, 2023, Mar. 28 - May 16, 2023, Jun. 6 - Jul. 25, 2023, Aug. 15 - Oct. 3, 2023, Oct.24 - Dec. 12, 2023.

Healing through the Holidays: Adult 6-week Grief Support Group. Nov. - Dec. 2022.

Exact day/time TBA.

Family Bereavement Camp (all ages, one day retreat) TBA in April or early May 2022.

Youth Support Groups:

Children's 8-week Bereavement Group Series, twice annually (spring & fall). Elementary ages. Next series occurs Thursdays 3:30-4:30 p.m., April 7-May 12 on Zoom.

Holiday Party and Toy Drive - TBA in December 2022.

Season of Hope: December 2022.

HOSPICE OF KONA & Maluhi Grief Center (Hawaii)

P.O. Box 4130, Kailua Kona, HI 96745

Phone: Kristi Kaapu, MSW, Bereavement Coordinator, 808-443-2908

Email: KKaapu@hospiceofkona 808-443-2914

Website: www.hospiceofkona.org

Eligibility: Anyone, community or hospice family, who is experiencing the loss of a loved one.

Services: **Individual counseling** for adults & children, support groups, workshops, & educational evenings.

Please call to schedule an appointment prior to attending any group.

Ongoing Monthly Support groups: Those Who Have Lost a Child -1st Saturday of the month, noon - 1:30 p.m.; Spouse Loss Group - 1st Monday of the month, noon-1:30 p.m.

Eight Week Support groups: Grief Explorations Support Group offered quarterly;

Grief Movie Nights: Using movies to move through grief for adults and children;

Annual Children's Grief Camp: Camp Erin Hawaii

Grief & the Holidays in December.

Annual Memorial Service: Circle of Remembrance offers the bereaved of the community an opportunity to express their grief & remember & honor their loved ones. Held in January.

Fee: No charge for any services. *For more information contact Hospice of Kona Community Services Center, 75-5925 Walua Road, Suite 102. (808) 324-7700, fax: (808) 324-7722 or number above or visit our website www.hospiceofkona.org*

Bereavement Network of Hawaii

NORTH HAWAII HOSPICE (Hawaii)

65-1328 Kawaihae Road, Kamuela, HI 96743

Phone: Faith Gilley, MA, Bereavement Coordinator (808) 885-7547

Email: faith.g@northhawaii hospice.org

Website: www.northhawaii hospice.org

Eligibility: Anyone who is experiencing or has experienced the loss of a loved one.

Services: Adult individual & group grief support, caregivers support, children & adolescents. Adult Grief Support Group meets on the 2nd and 4th Mondays of each month at Tutu's House. Registration for the group is required. Employee grief education and support groups at school campus can be arranged upon request.

Fee: There is no charge for any services. For more information, contact North Hawaii Hospice at 808-885-7547.

KAUAI

KAUAI HOSPICE (Kauai)

4457 Pahe`e Street, Lihue, HI 96766

Phone: Operations Director Trisha Yamashita, 808-245-7277, fax: (808) 245-5006

Email: tyamashita@kauai hospice.org

Website: www.kauai hospice.org

Eligibility: Any person dealing with the death of a loved one.

Services: Kauai Hospice provides supportive services to anyone grieving the death of a loved one. Services include one on one support, peer support group meetings, bereavement buddies, information on grief & a children's grief program.

Journey Through Grief - a six week peer support group that brings individuals together once a week for six weeks. Registration is required. Contact Kauai Hospice for further info.

Candle Lighting Memorial Service - held annually the first Monday in December at the Immaculate Conception Church.

Trees of Remembrance - Runs from the Friday following Thanksgiving through Christmas at both Princeville & Kukui Grove Shopping Centers.

Fee: Free

LIFE'S BRIDGES HAWAII, INC.

P.O. Box 1965, Līhu'e, HI 96766

Phone: Gina Kaulukukui, 808-651-6637

Email: healinglifeshawaii.org

Eligibility: Anyone grieving the death of a loved one.

Services: Life's Bridges is dedicated to bridging the gap between grief & healing by providing one on one counseling, bereavement buddies, specialized support groups & community education about death, grief & suicide prevention. Financial assistance to students' academic achievements is now provided.

BEST (Bridges Emergency Support Team) dispatch by the Kaua'i Police Department, BEST will go directly to the scene of any sudden & unexpected death & provide immediate support to the surviving family members 24 hours a day/7 days a week. Follow-up community support is also available to work, faith & school communities that may be impacted by the death.

Bereavement Network of Hawaii

Good Grief Club - this club is designed for children K through 5th grade & is held at various elementary schools around the island & is done in partnership with the Circle of Lights. Dates & locations vary.

BRIDGES – a support group for any parent who has had a child die regardless of the child's age. This group meets the 3rd Tuesday of each month 6:00 p.m. – 8:00 p.m. @ Līhu'e Plantation Building in Līhu'e.

Heal the Hurt – a support group for those who have had a loved one die by suicide. For day/time please call 808-651-6637.

Fee: Free

LANAI

LANAI COMMUNITY HEALTH CENTER (Lanai)

333 Sixth Street, PO Box 630142, Lanai City, HI 96763

Phone: (808) 565-6919

Website: www.lanaihealth.org

Eligibility: Individual (children, adolescents, & adults), Couples, & Family

Services: Grief, loss, & bereavement counseling, psycho-education, & consultation with tele-psychiatry.

Fee: We use insurance or sliding scale for uninsured patients

MAUI

HOSPICE MAUI (Maui)

400 Mahalani Street, Wailuku, HI 96793

Phone: Beverly Lundquist, Psychosocial Services Supervisor (808) 244-5555,

Email: beverly.hospicemaui@gmail.com

Susan Pirsch, LMFT, Bereavement Coordinator, spirsch.hospicemaui@gmail.com

Website: www.hospicemaui.org

Eligibility: Any person dealing with the loss of a loved one.

Services: **H.E.A.L. (Help Ease a Loss) Bereavement Support Group**-meets weekly on Wednesday, 6:00 p.m.-7:30 p.m.; Tuesday 3:00 p.m.-4:30 p.m. on alternate weeks. Call 808-495-5555 for more information.

Time-limited individual counseling is also available. Call 808-495-7101

Fee: Free

NA KEIKI O EMALIA (Maui)

PO Box 1137, Wailuku, HI 96793

Phone: Carole Zoom, Executive Director, 808-214-9832

Email: contact@nkoemaui.org

Website: <https://nkoemaui.org/>

Eligibility: For children 6-18 who are grieving the death of a parent, sibling, or another person important to them

Services: Peer-to-peer support groups in person and virtually with trained facilitators in schools and community settings. Training for community organizations on working with grieving children in their organizations. Information on groups on our website.

Fee: Free

Bereavement Network of Hawaii

updated: 02/14/2023 FMW

Bereavement Network of Hawaii meets for in-services & networking. We meet from **1:00 p.m. to 2:30 p.m.** on a **Thursday** (usually the 3rd), via zoom link.

Next meeting: 1pm Thursday, February 16, 2023, on Zoom.

Other meeting dates include: March 16, 2023, April 20, 2023, May 18, 2023, June 15, 2023, July 20, 2023, August 17, 2023, September 4, October 19, November 16, & December 21, 2023.

For revisions, please contact info@kokuamau.org.

Bereavement Network of Hawaii provides this list of resources for information purpose only, & not as an endorsement of those resources listed. This list is not all-inclusive. For additional resources in the community, please check with your health care professional, religious community, online, or the telephone book.