



# KŌKUA MAU

*“Continuous Care”*

## Hawai‘i Hospice and Palliative Care Organization

### Kokua Mau Newsletter

April 2012

April 16 is National Health Care Decisions Day

**Dear friends,**

This month there are lots of events and information for caregivers. We know how important it is that caregivers are supported so they can care for their loved ones and maintain their own physical and mental health. Please pass these announcements along.

We also hope that you will help us meet our financial goals and join Kokua Mau as a member. Full details on on the side bar.

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#### **Featured Article**



**Help us meet our  
ambitious goal:**

**100 Kokua Mau members  
for 2012!**

We have listened to your feedback. We are offering the Stakeholder KM [Membership](#) for 2012 starting at \$40 (\$25 for students or persons in training) per year.

Of course, we are grateful if you can join as a [Sustainer](#) at \$100 or more to help us reach our financial goals more quickly. And yes - it is tax-deductible.

Membership is the backbone of Kokua Mau's budget and helps us to be a financially sustainable

Have you been thinking of how to get your institution to talk about Advance Care Planning? Join the 5th National Healthcare Decisions Day and get the conversation going with an event on Monday April 16th, 2012 (or any other day that fits into your schedule.) Hawaii has participated in the past years, as it is often good to have a focal point for action.

This national organization has pulled together [resources](#), press releases and other [materials](#) that can be modified and tailored to your needs for your facility or institution. Let us, and them, know what you have planned for your NHDD event in April, so we can list it in our Kokua Mau calendar.

## 2012 Aging and Disabilities Issues Booklet

The 2012 Aging and Disabilities Issues booklet is now available ([Download PDF file](#)). The seventh annual publication offers an overview of legislative issues dealing with aging, disability, caregiving, and long-term supports and services. The purpose is to call attention to the priority issues which deserve the serious attention of our lawmakers, advocates, and the public.

This is a joint project of the Hawai'i Family Caregiver Coalition, the Hawai'i Pacific Gerontological Society, and the Maui County Office on Aging. The booklet was distributed to legislators in March 2012 during a Family Caregiver Advocacy Day.

## Tuesday Family Caregiver Classes

The Child & Family Service - `Ohana Care Program is very excited to have a wonderful Caregiver Group facilitator who is bringing new life to their support group.

Potential topics that will be discussed at the group can be found [in their flyer](#). Please join them:

Tuesday Mornings, April 3 to June 26  
10:00 am to 11:30 am  
First Baptist Church of Pearl City  
1445 Hoolaulea Street, Pearl City, Hawaii 96782

If you have any questions, please call 543-8468 and ask for the `Ohana Care Program.

## Sat. 4/21 Kupuna Power Day at the Capitol

organization. Becoming a member is easy: just follow the steps outlined on our [website](#).

Thank you to all who joined already. (Please tell everybody you did and encourage them to become a member too!).

We especially encourage organizations to join. If you have recommendations of organizations who might want to support Kokua Mau's [Vision and Mission](#), please let us know. A personal introduction from somebody they know well is always best.

## Our Members

[Visit Our Members](#)

[Join Our Mailing List!](#)

Come down to the State Capitol for the first annual ***Kupuna Power***.

Saturday, April 21, 2012  
9:00am to 11:00am

The event celebrates the Kupuna and seeks to empower them with important information relating to everyday life as a senior. [Flyer and press release](#) with additional details on our website.

### **Thur 4/26 Kokua Mau March Meeting**

Please join us on Thursday, April 26 from 3-5pm for our next [Kokua Mau meeting](#). Meetings are open to all and are held at St. Francis on Liliha Street and parking is validated. There will be a presentation from the national POLST meeting as well as updates from the recent NHPCO meeting.

### **Eden at Home Trainings**

#### **Caring for elders who live at home**

Sat **April 28** Sprecklesville, **Maui** (register by April 14)  
Sat **May 5** Lihue, **Kauai**  
Sat **May 19 Honolulu** (Workshop is limited to 20 participants)

This meaningful workshop focuses on changing perceptions of elders at home and in the community.

The workshop consists of two four hour sessions (with lunch in between). Please plan to commit to the two meetings to benefit the most from the experience. Find information and flyers about workshops in [Honolulu, Maui, and Kauai on our website](#).

### **Fun things on our website: Advance Directive**

We have listened to your feedback: the free Advance Directive, authored by the Executive Office on Aging, is now available as a [writable PDF file on our website](#). The new formatting took care of some of the margin issues of the older PDF files. As always, this Advance Directive has parts that need to be initialed as well as signed by two witnesses, so only the fields that assist in legibility are writable in the computer.

*Reminders:*

### **Wed. 5/16 Palliative Pupus**

The next [Palliative Pupus](#) will be held on Wed. May 16 from 5:15 to 7:00pm at the Queen's Conference Center. This clinical case discussion is open to all (although RSVPs are appreciated.) Parking and other [details on the website](#).

Best regards,

Jeannette Kojiane  
Executive Director

[Forward email to a colleague, supporter or friend](#)



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Kokua Mau, Inc. | P.O. Box 62155 | Honolulu | HI | 96839-2155



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