



KŌKUA MAU

"Continuous Care"

Hawai'i Hospice and Palliative Care Organization

Kōkua Mau eNewsletter

Dear Jeannette

We hope you can join us this Thursday for a very special **Kōkua Mau** meeting when we talk about all things POLST. This is the last meeting for 2012.

Thur 12/6 Kōkua Mau Meeting

Thursday December 6, 2012

3:00PM to 5:00 PM

**Conference Room 224 of the Weinberg Building
St. Francis Healthcare System of Hawaii
2226 Liliha Street in Honolulu.**

Come and join us with your questions and experiences as we will be discussing [POLST \(Physicians Orders for Life Sustaining Treatments.\)](#) It has been over 3 years since POLST legislation passed in Hawaii and it is a good time to see how things are going and what else needs to be done.

PLEASE RSVP using our [evite invitation](#) so we can see **if the room is big enough**. If you plan to attend please click on "yes" and add your name. (We are trying this method of collecting attendees for the first time.)

We asked people from different sectors to present as well as strategize about potential educational and outreach activities.

December 2012

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Featured Article



Join Kōkua Mau as a members now: your membership counts for 2013!

We have listened to your feedback. We are offering the Stakeholder Kōkua Mau [Membership](#) for 2013 starting at \$40 (\$25 for students or persons in training) per year. And yes - it is tax-deductible.

Membership is the backbone of Kōkua Mau's budget and helps us to be a financially sustainable organization. Just follow the steps outlined on our [website](#).

Our Members

Confirmed presenters (thus far):

- Ken Zeri, National POLST Task Force
- Daniel Fischberg, Experiences at Queens, including POLST in the EMR.
- Danny Kao, EMS
- Bernie Ledesma, Pearl City Nursing Home
- Representative from Hawaii Pacific Health

[Visit Our Members](#)

[Join Our Mailing List!](#)

Parking is validated. Directions & details
[on our website](#)

Kōkua Mau Member Activities

Congratulations to Ken Zeri, who was recognized with the 2012 Fundraising Leadership award by the Association of Fundraising Professionals, Aloha Chapter. Ken is the President and CPO of Hospice Hawai'i and Kōkua Mau Board Vice-Chair.

Kōkua Mau presented our **Palliative Care Curriculum for US Affiliated Pacific Islands** at three conferences in the summer and fall of 2012. This culturally relevant self-instructional curriculum was developed by Kōkua Mau in 2010 to provide an introduction to basic palliative care to the USAPI. Different palliative care experts and Kōkua Mau members authored the different modules, including Rae Seitz, Pat Nishimoto, Clarence Liu, Emese Somogyi, Joan Foley and Joy Yadao. The project was done in collaboration with USAPI Comprehensive Cancer Control Programs ([CCCCP](#)) and with the Pacific Center of Excellence in the Elimination of Disparities ([Pacific CEED](#)). [More on our website](#). We presented at:

- 2012 CDC National Cancer Conference, Washington DC, where there was lots of discussion of palliative care and cancer. (We were awarded second place for our poster!)
- UICC 2012 World Cancer Congress in Montreal Canada
- Pacific Health Conference in Honolulu

The Conversation Project

We always talk about the fact that having 'the conversation' is an important, but also often a difficult and emotionally challenging task. We wanted to tell you about a new resource available on-line: [The Conversation Project](#), which is spearheaded by national columnist Ellen Goodman.

It's not easy to talk about how someone wants their end of life to be. But it's one of the most important conversations you can have with your loved

ones. The Conversation Project is dedicated to helping people talk about their wishes for end-of-life care. The Conversation Project offers a [Starter Kit](#) that will help you or your organization to get your thoughts together and then have the conversation.

The Conversation Project isn't about filling out Advance Directives or other medical forms. It's about talking to your loved ones about what you or they want for end-of-life care. Explore their virtual kitchen table, with videos or step-by-step PDF files.

If people from Hawaii use these materials, please let me know your experiences.

Aloha and hope you have a wonderful holiday season -
Jeannette Kojane
Executive Director

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Kokua Mau, Inc. | P.O. Box 62155 | Honolulu | HI | 96839-2155

