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# KŌKUA MAU

*"Continuous Care"*

## Hawai'i Hospice and Palliative Care Organization

### **Reminder: Dr. Volandes visit** 2nd Kōkua Mau eNewsletter

**Oct. 2012**

Dear Jeannette

*This is a reminder and encouragement to RSVP for the event on Oahu by Friday, October 19. Please notice more details about the Hilo event.*

We would like to invite you to a presentation about a new resource that is designed to help health care professionals reach people with serious illness and their loved ones.

**Dr. Angelo Volandes**, ACP Decisions

#### **HONOLULU: Monday, Oct. 29**

Two Options: **3:30pm-5pm** OR **5:15-6:45pm** (refreshments served, RSVP for details)

Kuakini Medical Center Conference Room, PB-5

#### **HILO: Tuesday, Oct. 30**

5:30pm -7:00pm at Hospice of Hilo  
1011 Waiānuenuenu Avenue, Hilo HI 96720

Light refreshments will be served. RSVPs to An Umamoto at (808) 969-1733 or [anthuyn@hospiceofhilo.org](mailto:anthuyn@hospiceofhilo.org) by October 29. Download [the Hilo flyer](#).

#### **KAUA'I, Lihu'e: Wednesday, Oct. 31**

11:30 noon to 12:30 at Wilcox (please RSVP for details)

- Please [download](#) and distribute or post the flyer

Please **RSVP as soon as possible** or by **Friday October 19** as space is limited to Jeannette Kojane at: [jkoijane@kokuamau.org](mailto:jkoijane@kokuamau.org) and feel free to

#### **Quick Links**

[Kōkua Mau Calendar](#)  
[Kōkua Mau News](#)  
[Join Kōkua Mau](#)  
[POLST for Hawai'i](#)  
[Meeting Minutes](#)  
[Board of Directors](#)

#### **Featured Article**



**Help us meet our ambitious goal:**

**100 Kōkua Mau members for 2012!**

We have listened to your feedback. We are offering the Stakeholder KM [Membership](#) for 2012 starting at \$40 (\$25 for students or persons in training) per year. And yes - it is tax-deductible.

Membership is the backbone of Kōkua Mau's budget and helps us to be a financially sustainable organization. Just follow the steps outlined on our [website](#).

**Our Members**

forward this on to colleagues who may be interested. Please let me know if you have any questions.

[Visit Our Members](#)

[Join Our Mailing List!](#)

**Details:**

Kōkua Mau is committed to helping people better understand the options they face as they make decisions for themselves or loved ones as well as to help providers better explain these sometimes complicated topics. We have been working to find and create materials that will help with this task and are therefore very pleased to invite you to join us.

**Dr. Angelo Volandes** and his colleagues from ACP Decisions ([www.acpdecisions.org](http://www.acpdecisions.org)) have created a series of short (and some not so short) DVDs that help to explain important concepts in advance care planning including Tube Feeding, CPR, Advance Care Planning and care for people with Dementia.

These DVDs are designed to be used by providers to help explain these often misunderstood concepts to their patients. These are meant to enhance and supplement one-on-one conversations with providers not replace them.

**Dr. Volandes** will be in Hawai'i at the end of October and we hope that you will join us for a presentation about the project. If there is positive feedback, we will then be exploring how we can make these DVDs available for us in Hawai'i. Kaiser Permanente has already begun using the videos here in Hawai'i and Adventist Health has purchased them as well. HMSA is sponsoring this visit.

You can read more about the project and view a sample DVD at their website [www.acpdecisions.org](http://www.acpdecisions.org), including literature on the project as they already have 2 published articles on the efficacy of the randomized control trials.

*We would like to thank HMSA for sponsoring Dr. Volandes' visit*

## **Kōkua Mau Monthly Meeting Thur Oct. 25**

At the next Kōkua Mau meeting, we will be discussing the upcoming presentation by [Dr. Angelo Volandes](#) as well as updates of activities in Hawaii.

Additionally we will have a special guest presenting:

**Rev. John Lunn**, RN is a visiting consultant in palliative care in India and Africa. He spent nearly 7 years in India and 3 years in Liberia. His new assignment will be in Tanzania. Before he embarks on his new journey, from the 1st week of October he will spend three months in Honolulu.

Kōkua Mau Meetings are open to all and are held:

**Thursday October 25**

**3:00PM to 5:00 PM**

**Conference Room 224 of the Weinberg Building**

**St. Francis Healthcare System of Hawaii  
2226 Liliha Street in Honolulu.**

*Please note: There will be no meeting on November 29. The last Kokua Mau meeting of the year will be held on Dec. 6 when we will be discussing POLST and asking people to share their experiences on its implementation. We will be asking people from different sectors to present as well as strategize about educational and other activities. More details to follow.*

Parking is validated. Directions & details [on our website](#)

**Nov. 7: Mental Health Challenges and How to Overcome Them**

**Wednesday, November 7, 2012**

Central Union Church

1660 S. Beretania Street, Honolulu, HI

11:00 am - 1:00 pm (Registration begins at 11:00 am. Program starts promptly at 11:30 am.)

A Mental Health Brown Bag Seminar presented by Mental Health America of Hawai'i invites to a discussion with:

- **Ritabelle Fernandes, M.D., M.P.H.**, Clinical Assistant Professor of Geriatric Medicine, John A. Burns School of Medicine, UH, Staff Geriatrician, Kokua Kalihi Valley Clinic
- **Thomas Harding, Psy.D., M.A.**, Director of Neuropsychology, Hawaii Pacific Neuroscience, LLC, Castle Hospital
- **Gary Powell**, Executive Director, The Caregiver Foundation
- **Sara Tompkison, LCSW**, Caregiver Support Coordinator, VA-Pacific Islands Healthcare System

Donation of \$10 - \$25 requested. To register by phone call 521-1846 with your credit card and registration information, or [online](#). Parking free on-site, in parking lot off of Punahou or on the grassy area in front.

Additional details & topics on our [website](#)

**In This Issue**

[KM meeting Thur 10/25](#)

[Nov. 7: Mental Health Challenges](#)

[Sign up Now: QMC Pain & Palliative Care Conference](#)

[Kokua Mau Community Survey](#)

[Kokua Mau Materials](#)

**Reminders from past eNewsletters**

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Save the Date: Monday, Nov. 12, 2012  
The Fine Art and Science of Pain & Palliative Care

**Conference on Pain and Palliative Care**  
**Monday, November 12 (all day)**  
**The Queen's Conference Center**

**Featured Topics:**

- Discussing Prognosis with Patients/Families
- Treatment Preferences with Patients or Families Who Want "Everything"
- Pain Management: Balancing Analgesia & Safety
- Challenges in Opiate Therapy for Patients with Chronic Pain

**Registration is now open!**

QMC physicians and Staff: \$95 and \$110 after 10/29

Non-QMC registrants: \$150 and \$165 after 10/29

- Download [registration form and information](#)

For More Info: Call Sharon Caneda at (808) 691-4406 or the Queen's Office of CME at (808) 691-7009 or by [email](#)

**Featured Faculty**

[\(details on our website\)](#)

**Timothy Quill, MD**

Professor of Medicine, Psychiatry & Medical Humanities, University of Rochester  
School of Medicine & Dentistry, Rochester, New York

**Maureen Cooney, DNP FNPBC**

Nurse Practitioner/Clinical Nurse Specialist in Pain Management, Westchester Medical Center Valhalla, New York

**Our Community Survey**

**LAST CHANCE:**

This is your opportunity to tell us what you think and participate in our Kōkua Mau [Community Survey 2012](#). Your answers will be helpful in shaping our activities and scheduling, as well as setting priorities for our work, so please, be as honest as possible.

We anticipate this survey to be 10-15 minutes long. Please be assured that this survey is intended to get your opinions only and your responses will remain confidential. Go to: [Kokua Mau Community Survey 2012 \(link\)](#)

## **New Kōkua Mau Materials: Tubefeeding, CPR and Advance Directive**

One of Kōkua Mau's main objectives is to help educate people about the decisions that need to be made when they, their family or loved ones are seriously ill. We have 3 new brochures:

- [Tubefeeding](#)
- [Questions about CPR](#)
- Revised Booklet: [Your Advance Directive for Future Healthcare](#) (an additional two page check list to help complete an Advance Directive)

Aloha -  
Jeannette Kojjane  
Executive Director

[Forward email to a colleague, supporter or friend](#)



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Kokua Mau, Inc. | P.O. Box 62155 | Honolulu | HI | 96839-2155

